

# Iowa Board of Nursing Newsletter



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Riverpoint Business Park  
400 SW 8th St., Suite B  
Des Moines, IA 50309-4685

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Quarterly publication direct mailed to approximately 59,900, including all active RNs and LPNs licensed in Iowa

## Prevent & Control Diabetes in Iowans: A Call to Action!

**Karen Crimmings, RN, CIC**  
Cerro Gordo County Dept of Public Health  
RWJ Public Health Nurse Leader



In July 2015, I was afforded the opportunity to begin a two-year Public Health Nurse Leadership program with the Robert Wood Johnson Foundation. This opportunity aligned me with the Iowa Action Coalition to develop an initiative focused on a local problem to drive towards a Culture of Health. For decades I've observed diabetes slowly rob the health of family members, friends, and patients. Not surprisingly, I instantly felt compelled to address the diabetes epidemic our nation, and more specifically Iowa, is facing.

The diabetes rates in the United States (U.S.) are approaching epidemic proportions. The number of adults diagnosed with diabetes has more than tripled over the past three decades. There are now 29.1 million people diagnosed with diabetes and an estimated 8.1 million people undiagnosed.<sup>1</sup> To compound matters, there is an alarming increase of persons at risk for developing diabetes. The CDC estimates 86 million Americans (1 out of 3 adults) have prediabetes.<sup>2</sup> That's almost 800,000 Iowans and 90% of these individuals are unaware of their diagnosis.

The Culture of Health initiative I set forth to accomplish was a perfect opportunity to bring key partners and stakeholders together in a concerted effort to engage communities across Iowa in increasing clinical outcomes and preventing the onset of type 2 diabetes.

This was part of a much larger plan to advance diabetes prevention and control throughout Iowa. This initiative aligned with several tactics listed within the Iowa Statewide Diabetes Strategic plan: <https://idph.iowa.gov/Portals/1/userfiles/71/Iowa%20Diabetes%20Statewide%20Strategic%20Plan.pdf>.

An Iowa Diabetes Prevention and Control Planning Committee was developed in April 2016. Partners included the Iowa Action Coalition, the American Diabetes Association, the Iowa Healthcare Collaborative, the Iowa Department of Public Health, the Iowa Alliance of YMCA and the Midwestern Public Health Training Center. This interdisciplinary team set out to better understand the current diabetes prevention and control climate in Iowa and convened additional stakeholders across the state to share the findings and develop strategies in addressing Iowa's current gaps and barriers in delivering services.

A statewide diabetes prevention and diabetes self-management education services survey was conducted in the fall of 2016. Goals of the survey were twofold. First, the survey identified current gaps and barriers in offering diabetes prevention program (DPP) services and diabetes self-management education (DSME) services for patients within the healthcare setting. Seeking this information helped clarify the causes for the lack of

*Prevent & Control Diabetes in Iowans continued on page 9*

### Members of the Iowa Board of Nursing MAY 1, 2016 - APRIL 30, 2017

TERM ENDS

Gwen Suntken, MS, RN Chairperson Representing Nursing Practice	2017
Deb Larson, LPN Vice Chairperson Representing Nursing Practice	2017
Nancy Kramer, EdD, ARNP, CPNP, CNE Representing Nursing Education	2019
Kathryn Dolter, RN, PhD Representing Nursing Education	2018
Mark G. Odden, BSN, MBA, CRNA, ARNP Representing Nursing Practice	2019
LeRoy Strohman, D.D.S. Consumer	2017

## Executive Director's Report

### Important Reminders

**Kathy Weinberg, MSN, RN**  
Executive Director

Nurses are busy people! I believe this to be a fact. Not only are nurses busy working within the nursing profession, but they also have busy lives outside of their work environment. Though, as a nursing professional there are rules and regulations all nurses must follow to retain their license.

I would like to remind all nurses of some key requirements and suggestions in retaining your license and pose some questions relating to meeting those requirements. Please note this list is not all inclusive.

1. Routinely check your wallet card or the Online Verification System to determine your license expiration date.
2. A licensee may renew a license beginning 60 days prior to the license expiration date on the wallet card.
3. At the time of renewal make sure you have completed your continuing education requirements.
4. For renewal of a three year license, the requirement is 36 contact hours or 3.6 CEUs.
5. For renewal of a license that has been issued for less than three years, the requirement is 24

*Executive Director's Report continued on page 9*

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## Board Meeting

**July 19, 20, 21, 2017 (June 28, 2017)**  
**October 4, 5, 6, 2017 (September 13, 2017)**

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office three (3) weeks prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.

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## A Note From the Chairperson – Gwen Suntken

This is not new information for Iowa Nurses, but I wanted to remind all nurses and employers of the new alternative to discipline program for impaired nurses in Iowa. The Iowa Nurse Assistance Program (INAP) is a **confidential** monitoring program for nurses who voluntarily inform the Board of Nursing that they have an issue with alcohol, drug



use, or with any mental or physical condition. Nurses can self-report, or be referred to the INAP program, to determine whether or not the nurse would benefit. INAP is managed by a program coordinator and a committee to assist nurses in the early identification and treatment of impairment and illness. An individualized contract will be designed to allow the nurse to return to practice or to continue to practice nursing with reasonable skill and safety. Nurses would have to voluntarily enter the program, and comply with all terms of their legally binding contract or they will be terminated from the INAP Program. This program provides public protection through close monitoring to ensure safe nursing practice. The goal of the Iowa Board of Nursing is to assure safe nursing care in Iowa. If you have any questions or need more information, feel free to contact the Iowa Board of Nursing.

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THE IOWA NURSE ASSISTANCE PROGRAM CAN HELP

What?



**What is the Iowa Nurse Assistance Program (INAP)?**

INAP is a new resource for individual nurses who are impaired as a result of alcohol or drug use, dependency, addiction, or by any mental or physical condition.

It is a voluntary, confidential program and provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status, while protecting the safety of the public.

**Are programs like this successful?**

Yes! Similar programs to INAP currently in practice show that an appropriate combination of treatment and support effectively help participants manage their impairment or condition.

Who?



**Who may be eligible for the program?**

- Nurses who voluntarily report themselves
- Nurses with any physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected

**Referrals may come from:**

- Self-referral
- Board referral
- Licensure department
- Enforcement
- Employer complaints

Why?



**Impairment can cost your job and license.**

**INAP Serves Nurses:**

- Consultation upon entering program
- Early intervention and treatment referrals to local support services
- Ongoing monitoring and support as an effective alternative to discipline

**INAP Serves the Public:**

- Public protection through close monitoring to ensure safe practice
- Coordination with employers to assure patient safety and a smooth transition back to nursing practice

# INAP Update

The Iowa Nurse Assistance Program (INAP) was launched on December 23, 2016, and began accepting participants into the program. As of March 2017, the program is processing 37 licensees. To be considered for the program, licensees must complete a self-report form and meet criteria. You may access self-report forms on the Iowa Board of Nursing website under the Iowa Nurse Assistance Program tab. Since program initiation some commonly asked questions have emerged and they are addressed below:

**1) What is the cost of the program?**

There is no administrative charge for the services provided by the INAP. However, any costs incurred through participation in the INAP is the responsibility of the participant. Expenses include, but may not be limited to treatment, evaluation and random body fluid screenings.

**2) If I enter the Program, will anyone find out?**

Involvement in INAP is confidential. Information cannot be released without the licensee's authorization, unless provision of information is required by law. As long as the nurse cooperates with the program, his or her name will not be shared with the Board of Nursing.

**3) How long does the program last?**

The program requires commitment and licensees need to sign a three year contract for INAP.

Please direct any other questions you may have to INAP:

Confidential Fax: 515.725.4017  
 Mailing address: INAP, 400 SW 8th St, Suite B, Des Moines, IA 50309  
 Email: [INAP@iowa.gov](mailto:INAP@iowa.gov)

You may also contact the program coordinator and leave a confidential voicemail at 515.725.4008.

## Who Runs INAP?

The Iowa Nurse Assistance Program (INAP) is authorized by the Iowa Board of Nursing to assist nurses in the early identification and treatment of impairment and illness. INAP is managed by a committee who works with the program coordinator. Committee members include the director of the Iowa Board of Nursing, substance and mental health professionals, nurses recovering from addiction, and a public member.

## IOWA NURSE ASSISTANCE PROGRAM



OFFERED BY THE IOWA BOARD OF NURSING

**The INAP committee may:**

- 1) Evaluate on a case by case basis whether candidates are appropriate for the program.
- 2) Submit recommendations to the Iowa Board of Nursing.
- 3) Monitor the recovery process of participants.

**Contact Us:**

Iowa Nurse Assistance Program  
 400 SW 8th Street, Suite B  
 Des Moines, Iowa 50309

Email: [INAP@iowa.gov](mailto:INAP@iowa.gov)  
 Phone: 515-725-4008  
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# New LPN Supervisory Course Launched

The Iowa Board of Nursing, in February, announced the approval of a new curriculum for the Supervisory Course for Iowa's Licensed Practical Nurses (LPN), offered by the National Healthcare Institute (NHI), IBON approved provider 376. The new course is a completely online course with access to an electronic textbook titled, *Leading and Managing in Nursing*.

NHI launched the curriculum on February 1, 2017. Direct access to the course's description and registration page can be found at <https://www.celearningnetwork.com/individual-ce-courses/state-required-courses/supervisory-course-for-iowa-s-licensed-practical-nurses.html>. Licensees will be sent a detailed registration letter and course navigation guide upon payment for the course. To discuss corporate account information, contact Daniel Campos at [dcampos@nhinstitute.com](mailto:dcampos@nhinstitute.com) or by telephone at 786.380.5135.

In order to allow existing or already-planned courses to finish, discontinuance of the old LPN courses offered by Iowa's community college continuing education departments is set for July 1, 2017. As of July 1st, the NHI course will be the only source for offering the new LPN Supervisory course in Iowa.

The Board and staff are pleased to offer this updated curriculum and course to Iowa's LPNs. The online delivery of the materials will provide timely, accessible training. LPNs will be able to meet the legal requirement of obtaining their training within six

months of beginning their duties as supervisors in Iowa's healthcare facilities.

**The benefits of the online LPN Supervisory Course are:**

- an online course is desired by the licensees;
- the content is up-to-date and reviewed with new editions of the textbook;
- the course will be accessible on the student's timeline and work schedule;
- the course is self-paced;
- the delivery of the course will be interactive and supply additional resource links for the student;
- the course is priced at \$195 per student;
- an electronic textbook is issued to the student and owned by the student upon registration for the course; the book access never expires;
- 24 hour IT support is available;
- faculty is readily available for the students via email;
- licensees should be able to finish the Board's requirements of completing coursework within six months of hire as a supervisor, reducing the number of waiver requests submitted to board staff;
- a certificate of completion will be issued for the licensee's records;
- licensees will earn 30 contact hours of nursing CE toward their licensure renewal requirements of 36 contact hours;
- NHI will also notify the IBON of course completion for inclusion in the licensee's records with the Board.

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# Communicating with the Iowa Board of Nursing

The Iowa Board of Nursing requests that licensees and the public use the board web site <https://nursing.iowa.gov> for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

QUESTIONS ABOUT	CONTACT
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<ul style="list-style-type: none"> <li>Disciplinary issues</li> <li>Sanctioned cases</li> </ul>	Phone 515-281-6472 <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a>
<ul style="list-style-type: none"> <li>Editor, Iowa Board of Nursing newsletter</li> <li>Website content</li> </ul>	Phone 515-281-8808 <a href="mailto:Laura.Hudson@iowa.gov">Laura.Hudson@iowa.gov</a>
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<ul style="list-style-type: none"> <li>Alternative to Discipline Program (Iowa Nurse Assistance Program)</li> </ul>	Phone 515-725-4008 <a href="mailto:inap@iowa.gov">inap@iowa.gov</a>

## Fluoroscopy Audit Reminder

The administrative rules governing nursing in Iowa require Advanced Registered Nurse Practitioners (ARNPs) who supervise the use of fluoroscopic x-ray equipment to have the appropriate education and continued annual radiological safety updates. Pursuant to 7.2(d), the initial and annual education requirements are subject to audit by the Board. Therefore, the Board of Nursing will be auditing ARNP's who supervise fluoroscopy.

The initiation of the audit process began January 12, 2015. The process is as follows:

- On the ARNP online and paper renewal application a question will be asked if the practitioner provides direct supervision in the use of fluoroscopy. The renewal process is every three years,
- If the practitioner answers yes, they will be required to provide verification of completion of the initial course and yearly safety courses, along with a **copy of the course description and learning outcomes (it is important to submit the specific course description and learning outcomes and not just the course title),**
- Board staff will contact the practitioner if there are any questions about the submitted course work or if the practitioner has not completed their required education,
- At any point in time that board staff identifies the ARNP is not complying with the course requirements and the audit process the information will be submitted to the Enforcement Unit.

The Iowa Board of Nursing recognizes this is a new process for all ARNP's supervising the use of fluoroscopic x-ray equipment. Board staff is committed to assist practitioners in the audit process. Please contact Dr. Jimmy Reyes, Associate Director of Practice/Education with questions and concerns, [Jimmy.Reyes@iowa.gov](mailto:Jimmy.Reyes@iowa.gov)

### Education

Moraine Valley embraces our role as an educational resource to our local community by offering excellent education, a variety of programs, cultural events, and entertaining performances for all.

### Basic Nurse Assistant Instructor

#### Full Time Tenure Track

This position requires a strong commitment to teaching and diversity while incorporating technology and innovation in the delivery of instruction. The ability to infuse new approaches into the teaching/learning process is essential.

Requirements include a Bachelor's degree in Nursing; minimum of 2 years teaching experience in a Basic Nurse Assistant Training Program; and successful completion of the Train the Trainer and Evaluator Workshop conducted by the Illinois Department of Public Health and an approved evaluator. Master's degree in Nursing or Education and knowledge of IDPH guidelines, program management and leadership experience are preferred.

Help us continue to expand upon our strong community partnership. Salary is commensurate with education and experience. **This position will begin in the Fall of 2017.** For further information or to apply, visit: [jobs.morainevalley.edu/postings/1573](http://jobs.morainevalley.edu/postings/1573).

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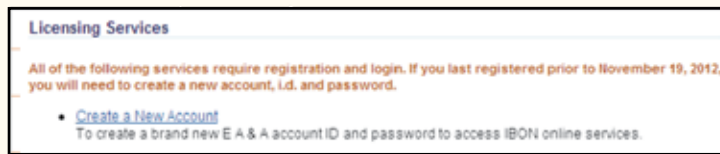
800-553-4150

[UIU.EDU/IABDNURSING](http://UIU.EDU/IABDNURSING)

## Creating an Online User Account

If you have ever done business online with any state agency (such as for college aid), you would use the same account id that you have already created. Otherwise, all license related processes begin with user registration, including updating contact, employment or educational information. Secured Access and ordering a roster also require the visitor to register.

The main menu displays the following option:



If you click on "Create a New Account," you will be taken directly to the registration page and tab that you need in order to register:

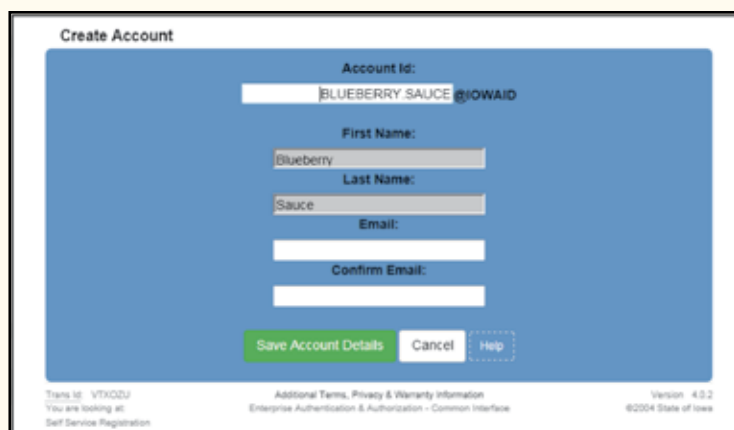


This registration site is maintained by the state's technology division as a global login for the entire state enterprise.

Enter your first and last name:



The registration automatically combines first and last names into a suggested user i.d., and appends "@iowaid." But if the first name/last name combination already exists, the i.d. field will appear blank, and you will need to create your own account i.d. In either case, anything can be substituted ahead of the "@", but the i.d. that is created is permanent so it will need to be memorable.



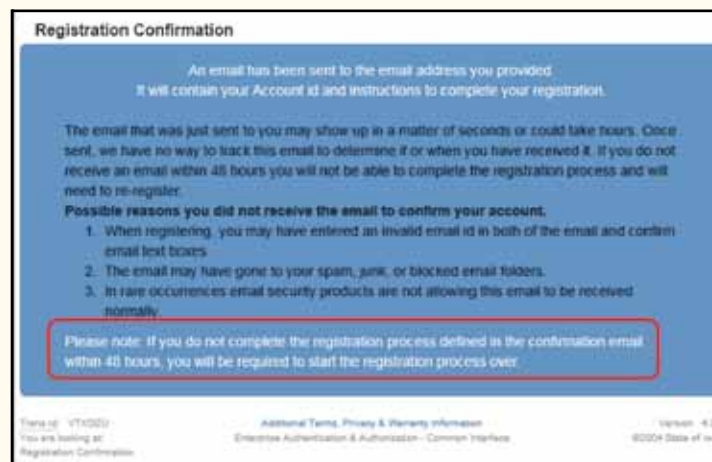
Enter your email address twice in the screen pictured above, and click "Save Account Details." A popup box gives a final caution.



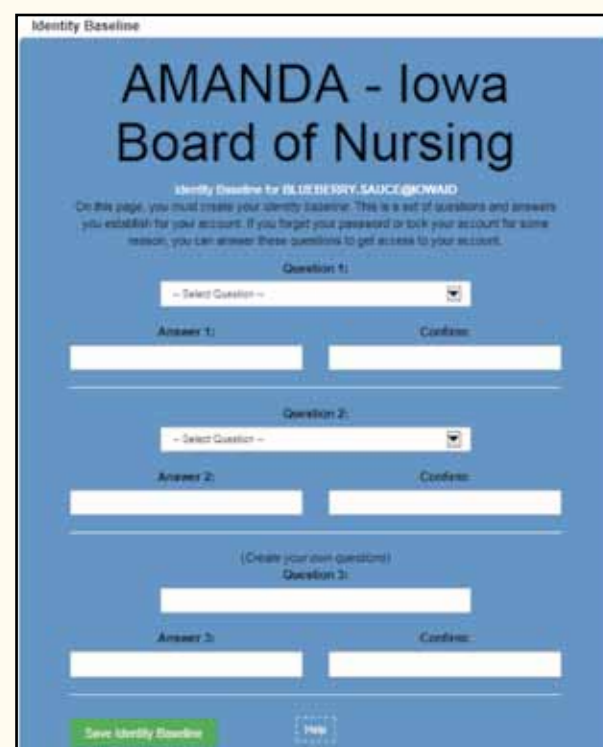
If you created an i.d. with your first name.lastname as your i.d., and someone else with the same first and last name has already registered to do any kind of business with the State of Iowa, you will receive the following error message.



After successfully selecting an i.d., entering the email address twice and clicking "continue," you will see the following screen advising you that an email has been sent with information to complete the registration. Note that there is a time limit of 48 hours to complete the registration.



The email will include a link to come back to the registration site. This is done as verification that the email address is a real one. Clicking the link in the email returns the user to the following screen at the EAA website to complete the registration by selecting security questions and answers.



The next screen requires the user to create their password:



The registration is complete, and the user is taken to the screen where they can actually log in. Note that the above registration process should only be required once. Thereafter, the licensee would use the existing account.

Also note that on most screens there is a "Help" button. This will take you to a help library maintained by the state's Office of the Chief Information Officer (OCIO), and may take you to the relevant portion of an extended FAQ system.

It is only on the login screen itself, that you will find a link to report an issue to the OCIO Help Desk.



This link will take you into the state's OCIO site to submit a service request or inquiry.

# TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

### To update your IBON record:

Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:

1. Go to IBON Online Services and select "Update Contact Information."
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click "Sign In."
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

### To Update your login i.d.

Your login email is different from the email address in your license record. The login email is used by the state's mandated authentication services for all state business. If you forget your login i.d, the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.

1. Go to IBON Online Services and select "Update Contact Information." This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, **BUT instead of clicking on "Sign In," click on "Account Details."**



3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.



### Additional note:

If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices:

1. Create a new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy.Smith@iowaid could become Suzy.Smith2@iowaid.
2. You can request assistance through the state's Help Desk from the links available in the lower right of the login screen, or by calling 515-281-5703, or 1-800-532-1174.

# Renewal Reminder

Licenses should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

EXPIRATION DATE	RENEWAL DATES	LATE FEE ASSESSED	INACTIVE STATUS (if not renewed)
April 15, 2017	February 15, 2017 – April 15, 2017	April 16	May 16, 2017
May 15, 2017	March 15, 2017 – May 15, 2017	May 16	June 16, 2017
June 15, 2017	April 15, 2017 – June 15, 2017	June 16	July 16, 2017
July 15, 2017	May 15, 2017 – July 15, 2017	July 16	August 16, 2017

A \$50 late fee is required for licenses who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

The continuing education requirement for license renewal is 36 contact hours (3.6 CEUs) for the renewal of a full three year license. Licensees renewing for the first time after the license was originally issued, or for the first time after a reactivation, will need 24 contact hours (2.4 CEUs) completed after the effective date printed on the license wallet card. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

## SCHOOL NURSE

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# CONGRATULATIONS

## Nurses Rank #1 Most Trusted Profession for 15th Year in a Row



SILVER SPRING, MD – The American public has again ranked nurses as the professionals with the highest honesty and ethical standards, according to a Gallup poll released December 19. The annual poll marks the 15th consecutive year that nurses have been ranked the most trusted out of a wide spectrum of professions, including medical doctors and police officers.

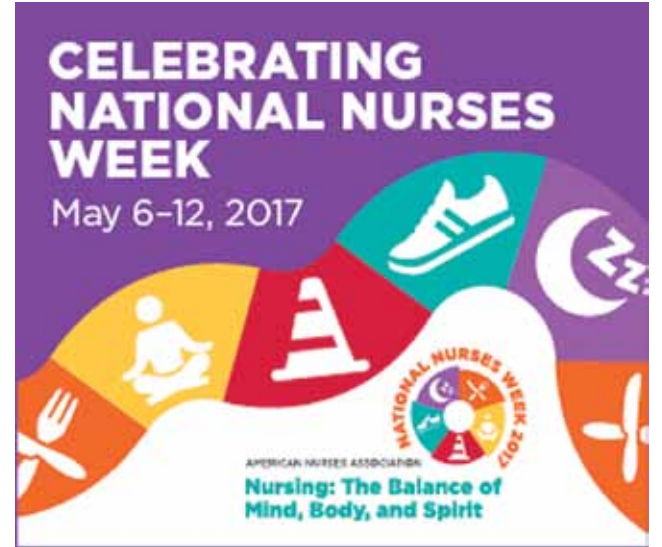
“Every day, millions of nurses are on the front lines in the fight to improve the health of all Americans,” said

Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN, president of the American Nurses Association. “Whether nurses are by the bedside or in the board room, we continue to be a trusted resource and a vital part of our nation’s health care system. This poll reflects the trust the public has in us, and we’ll continue to work hard to keep that trust.”

According to the poll, 84 percent of Americans rated nurses’ honesty and ethical standards as “very high” or “high.” The next closest profession, pharmacists, was rated 17 percentage points behind nursing.

“Trust plays an important role in the relationship between nurses and the patients we serve,” said Cipriano. “ANA encourages nurses to draw on that trust to engage with consumers to improve their health and to advocate for patients and for the quality of care in this country. Additionally, I challenge those charged with making health policy at the facility, local, state and national levels, to include the trusted voice of nurses at the decision-making table. No other profession is held in as high regard by the public, and given nursing’s frontline perspective on health care delivery we offer a point of view that is unmatched.”

In 2017, ANA will continue its longstanding efforts to advocate for health system reform. The association is committed to working with the new administration and Congress to advance policy that aligns with its four principles for health system reform: access to care, affordable and equitable care, quality of care and workforce.



## ANA Theme of the Year – 2017 Year of the Healthy Nurse

The American Nurses Association has chosen their theme of 2017 as the Year of the Healthy Nurse (Retrieved from [www.nursingworld.org](http://www.nursingworld.org)). Each month throughout the year, ANA is spotlighting an area of health on which to focus. This theme ties in well with the Culture of Health article we have featured this month by Karen Crimmins, a Robert Wood Johnson Foundation Public Health Nurse Leader, from Iowa. The ANA challenge is to improve the health of our Nation’s nurses, and the health of the Nation.

Check out the ANA website to find out how you can join the Healthy Nurse, Health Nation™ initiative. See [www.nursingworld.org/MainMenuCategories/ThePracticeofProfessionalNursing/2017-Year-of-Healthy-Nurse](http://www.nursingworld.org/MainMenuCategories/ThePracticeofProfessionalNursing/2017-Year-of-Healthy-Nurse)

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Friday, June 9<sup>th</sup> 2017

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Life's Calling



**Executive Director's Message continued from page 1**

- contact hours or 2.4 CEUs. (The two year license only occurs in the first license renewal cycle.)
- Maintain records of the continuing education you have received in your licensing cycle.
  - If you are chosen for a random audit of your continuing education, complete the audit following the directions.
  - Do you regularly examine, attend, counsel or treat dependent adults or children in Iowa? If the answer is yes, have you completed the Mandatory Training course for dependent adults and children within the last 5 years? This course must be completed every 5 years.
  - At the time of initial licensure or renewal answer all questions honestly, specifically relating to your continuing education and criminal history.
  - Does the board office have your current address on file? If not, submit your current address online at [nursing.iowa.gov](http://nursing.iowa.gov), select IBON Online Services, or in writing to the board office

or submit by email. (This should occur within 30 days of your move.)

- Do you know the address for the Iowa Board of Nursing's website? <https://nursing.iowa.gov>. Mark it as a favorite and refer to it often!
- Do you know where to find the Iowa Administrative Rules for nursing, 655IAC?
- Do you know who your legislator is?
- Have you explored the option of joining a professional nursing organization and asked yourself how you can become involved in your profession?
- Board staff is here to help answer your questions – it is always better to ask than to assume you have the correct answer. The main number to the board office is 515-281-3255.

Specific to the Advanced Registered Nurse Practitioner (ARNP):

- ARNPs must hold an active RN license and an active certification throughout the license period.

- For an Iowa ARNP license you must submit a copy of your current certification card from the applicable national certifying body and documentation of your RN license if from another compact state.
- The continuing education required by the national certifying body is deemed to meet the continuing education requirement mandated by law for license renewal. Documentation of current certification in itself verifies compliance.
- ARNP's who regularly examine, attend, counsel or treat children or adults in Iowa are required to complete the Mandatory Training course for dependent adults and children every 5 years.

In summary, nurses are busy, but you are accountable and responsible to follow the rules and regulations which govern your licensure and practice. I encourage you to stay informed and to follow the steps necessary to continue your nursing practice.

As always, thank you for all your contributions to the nursing profession. Happy Nurses Week, May 6-12, 2017. Kathy

**Prevent & Control Diabetes in Iowans continued from page 1**

current local DPP and DSME services and/or patient utilization of services within their practice. Second, the survey identified gaps and barriers within current or potential diabetes prevention providers while getting a better understanding of the existing DPP infrastructure within Iowa. Information gained from the surveys framed discussion at a statewide summit.

In November 2016, the Region VII Diabetes Summit was held in Des Moines, Iowa. This inaugural summit begins the holding of annual diabetes prevention and control summits in Iowa. A Lifestyle Coach training opportunity was provided on days one and two by the American Diabetes Association, resulting in the addition of 20 new lifestyle coaches to provide DPP services in Iowa. On day three, speakers from the Region VII U.S. Department of Health and Human Services, the Centers for Disease Control and Prevention and the American Diabetes Association presented information on diabetes prevention and diabetes self-management education programming. Summit participants then focused on identifying strategies to address the barriers identified from the gap analysis findings.

Much has been accomplished since the inception of this project and additional work will continue. An Iowa Diabetes Prevention and Self-Management Education

Services 2016 Gap Analysis & Improvement Strategies report was developed and can be accessed on the Iowa Action Coalition's website at <http://campaignforaction.org/state/iowa>. A follow up survey will go out to the Region VII Diabetes Summit participants in May 2017, to assess how the information learned at the event impacted their programming. In addition, in May 2017, a State Engagement Meeting with the National Association of Chronic Disease Directors is scheduled. Invited stakeholders will convene to further address diabetes prevention programming through development of an action plan to assist communities with further progress of diabetes prevention services.


In closing, I would like to stress how much of a pivotal role nurses play in impacting the course of the diabetes epidemic. Nursing continues to be ranked the most trusted profession in America. We have the privilege to be able to reach out to our patients with education and encouragement for participation in these needed services. We have strong leadership skills and should

be at the forefront in advocating for development and utilization of services that make our communities healthier. Lastly, it's essential that we step outside our comfort zone and engage with non-traditional partners in order to succeed in building a Culture of Health and keep it sustainable.

**To learn more about the Iowa Action Coalition or to inquire about becoming a member, please visit the Iowa Action Coalition's website: <http://campaignforaction.org/state/iowa>**

**Endnotes**

- Centers for Disease Control and Prevention, *National Diabetes Statistics Report, 2014*. Available at <https://www.cdc.gov/diabetes/pubs/statsreport14/national-diabetes-report-web.pdf>
- Centers for Disease Control and Prevention, *National Diabetes Prevention Program*. Available at <https://www.cdc.gov/diabetes/prevention/prediabetes-type2/index.html>



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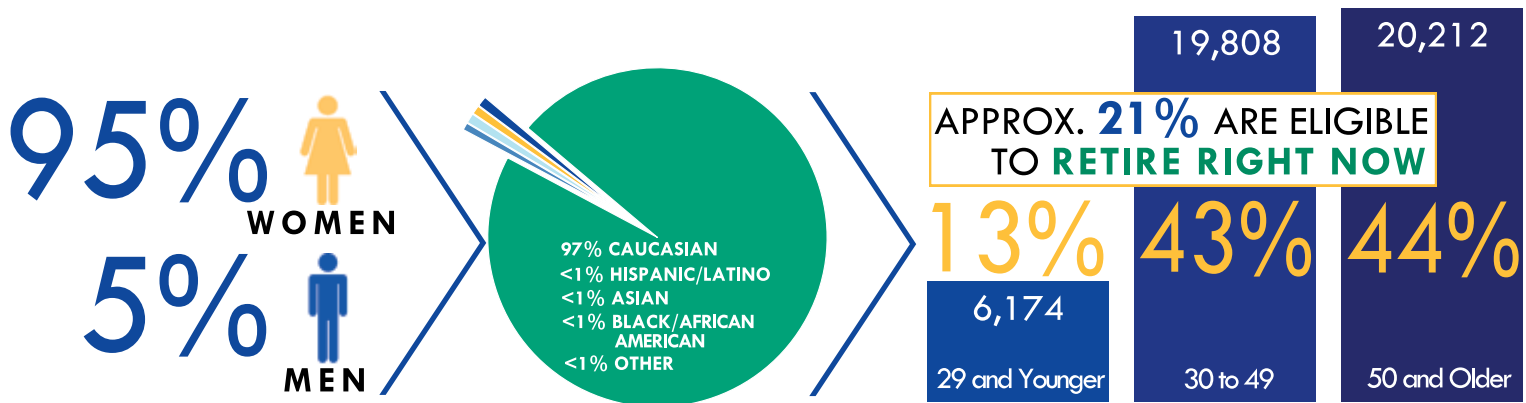


# NURSES IN IOWA

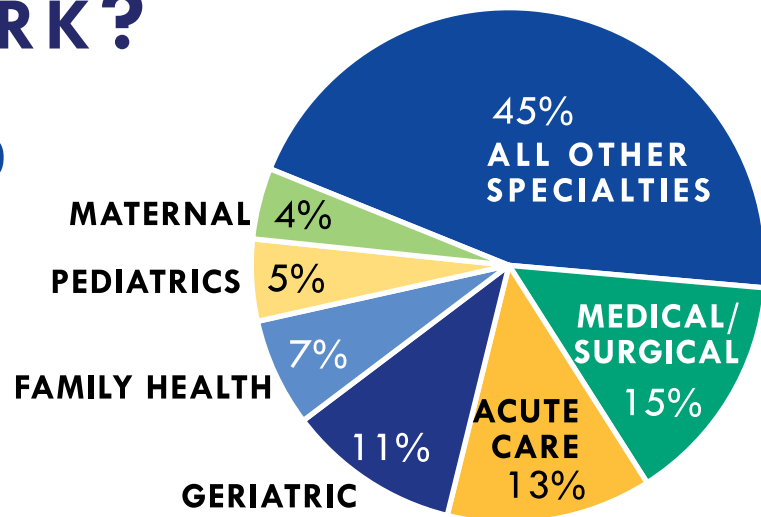
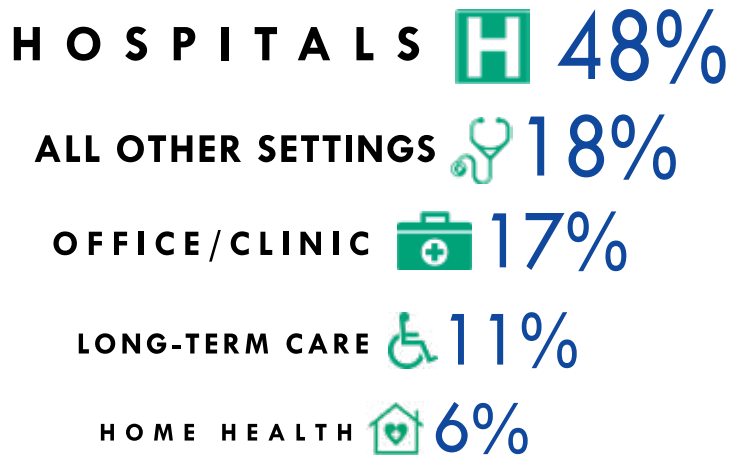
# 46,194

ACTIVE LICENSED REGISTERED NURSES

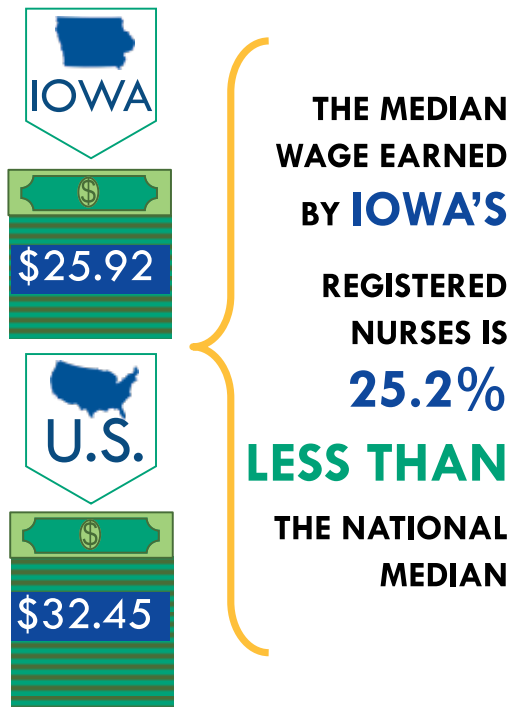
## DEMOGRAPHICS:



## WHERE DO WE WORK?

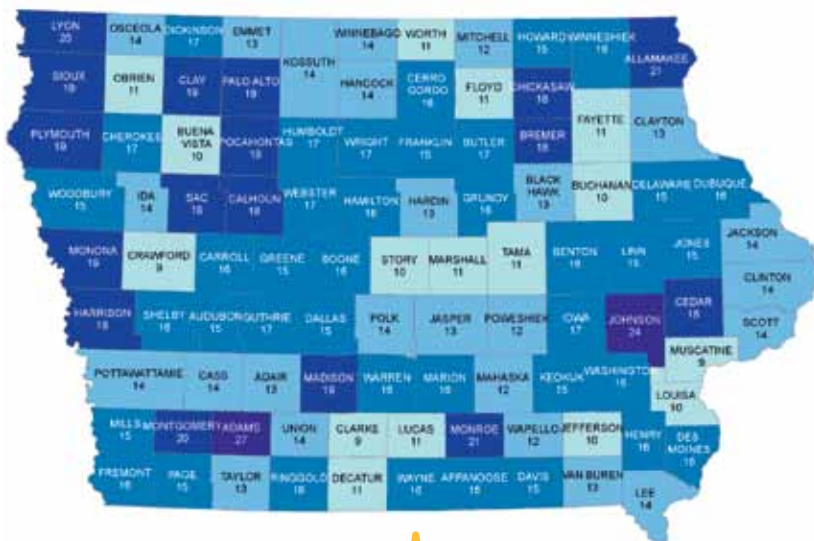


## HOW MUCH DO WE EARN?



## WHERE DO WE LIVE?

Source: Population data, U.S. Census 2015 estimates; Count of RNs on a national level, National Council of State Boards of Nursing



**IOWA** has a **HIGHER** CONCENTRATION of RNS at **15** per 1,000 POPULATION COMPARED to **12** FOR THE **NATION**

Source: 2015 Occupational Employment Survey, Bureau of Labor Statistics and 2016 Iowa Wage Report

Source: Unless otherwise noted data provided by the Iowa Board of Nursing, 7/1/2016



**IOWA** CENTER FOR  
**NURSING**  
WORKFORCE



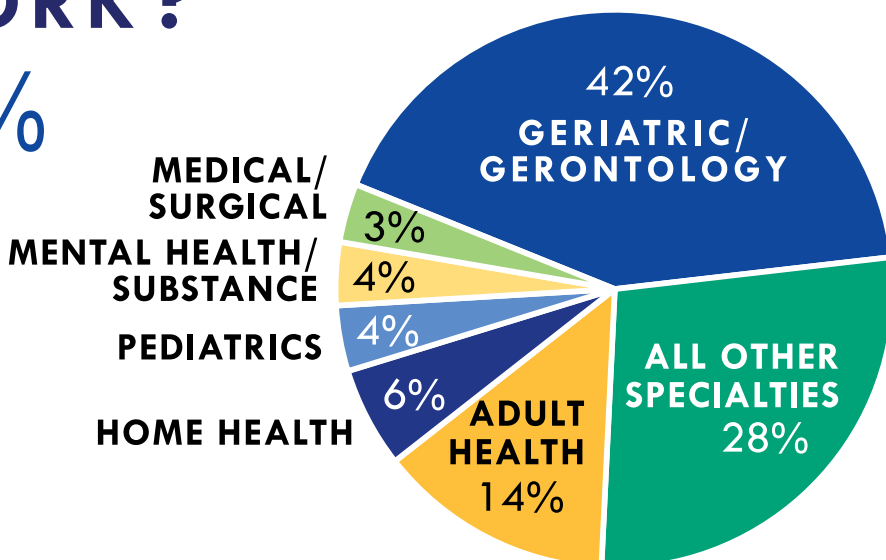
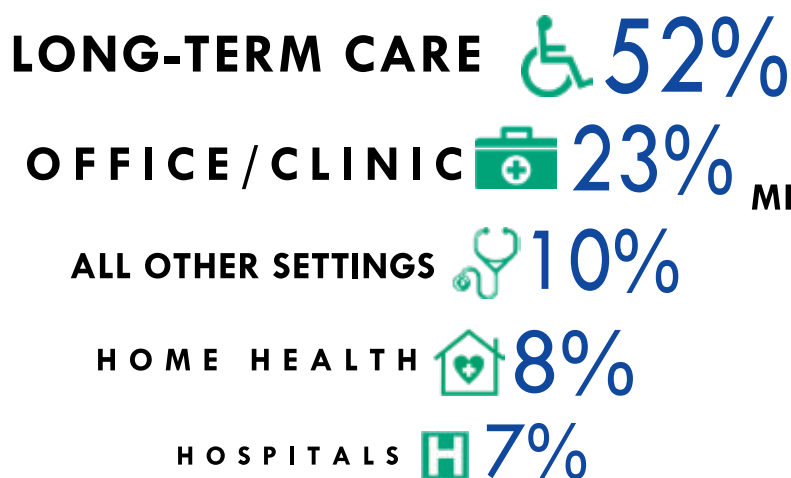
# NURSES IN IOWA } 10,586

ACTIVE LICENSED PRACTICAL NURSES

## DEMOGRAPHICS:



## WHERE DO WE WORK?



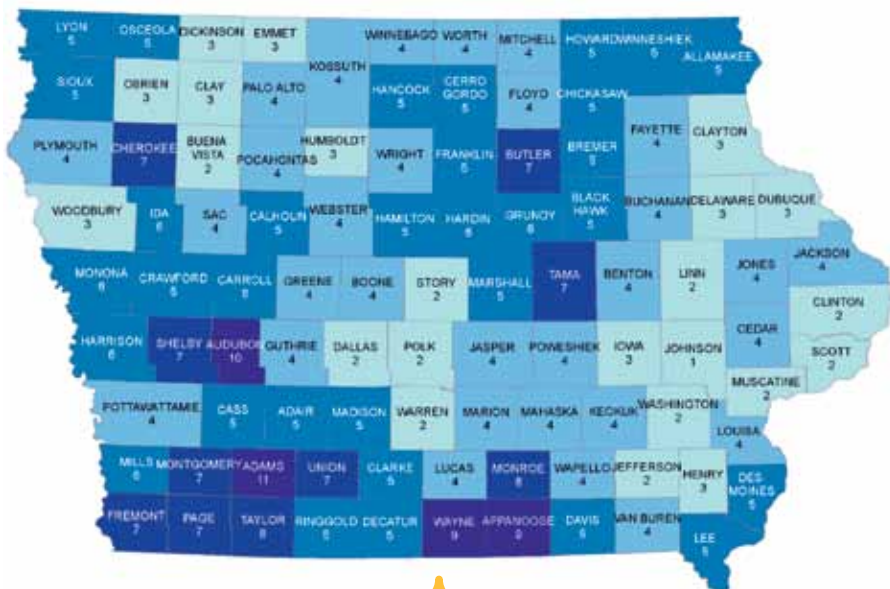
## HOW MUCH DO WE EARN?



THE MEDIAN WAGE EARNED BY IOWA'S PRACTICAL NURSES IS **10.3% LESS THAN** THE NATIONAL MEDIAN

## WHERE DO WE LIVE?

Source: Population data, U.S. Census 2015 estimates; Count of LPNs on a national level, National Council of State Boards of Nursing



**IOWA** has a **SIMILAR** CONCENTRATION of LPNS at **3** per 1,000 POPULATION

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## BOARD ORDERS Previously Named Sanctioned Cases

Sanctioned licenses should be verified through our website to determine current status

\* By Licensee RN Number Indicates Licensee is licensed as an ARNP  
\*\* In the RN column indicates the Licensee does not have an Iowa License

FEBRUARY 2017					
Last Name	First Name	RN	LPN	Sanction	
Benskin	Kimberly		P14282	Citation & Warning	
Bixler	Jennifer		P44933	License Revoked	
Budahn	Emily	134481		Fine	\$100
Edwards	Brittini		P56417	Continuing Education	14.4 contact hours
Edwards	Brittini		P56417	Fine	\$300
Evanson	Samantha		P55056	Voluntary Surrender	
Foxhoven	Gail		P06950	Continuing Education	28 contact hours
Foxhoven	Gail		P06950	Fine	\$300
Gehrke	Geraldine	119223		Fine	\$100
Ireland	Julie	075040	P25525	Reinstatement Request Denied	
McConnel	Cynthia	067362		Continuing Education	60 contact hours
Pittman	Kimberly	137641	P46561	Fine	\$50
Switzer	Leeann	098849	P37443	Probation	12 months
Thomas	Stevie	131384	P53226	Professional Boundaries Course	

JANUARY 2017					
Last Name	First Name	RN	LPN	Sanction	
Ackerman	Christina	123325		Fine	\$200
Barks	Catherine	061025		Continuing Education	Professional Boundaries Course
Beall	Amy	095004		Voluntary Surrender	
Birks	Bridget		P55310	Probation	2 years
Burris	Lorrie	098643	P37449	Indefinitely Suspended	
Buseman	Melissa	108507	P36749	Continuing Education	60 contact hours
Edwards	Heather	131592	P35813	Continuing Education	2.25 contact hours
Edwards	Heather	131592	P35813	Fine	\$100
Gray	Jennifer		P37319	Indefinitely Suspended	
Green	Dawn	117447	P29818	Indefinitely Suspended	
Gulmire	Brian		P57894	Continuing Education	53 contact hours
Hepker	Sara	118443		Fine	\$200
Hunter	Regina	115326	P46480	Continuing Education	30 contact hours
Kunkle	Michelle	*099381		Voluntary Surrender	
Leyden	Kristin	118849		Continuing Education	30 contact hours
Moore	Kelly	*091298	P34340	Fine	\$100
Oredson	Jennifer	130620		Continuing Education	30 contact hours

## New recruitment offerings

**\*STUDENT LOAN REPAYMENT PROGRAM:**  
up to \$10,000

**ENHANCED WEEKENDER PROGRAM:**  
an \$8/hour increase

**\*RETENTION REWARD:**  
up to \$10,000

\*Visit [muhealth.org/nursing](http://muhealth.org/nursing) for more information about rules and regulations for recruitment incentives.

An EEO/Access/AA/Disability & Vet Employer



APPLY NOW at [muhealth.org/nursing](http://muhealth.org/nursing).

Health Care

Rich	Samantha	142717		Citation & Warning	
Rich	Samantha	142717		Continuing Education	30 contact hours
Robinson	Lisa		P37394	Probation	12 months
Rochford	Karisa		P48158	Continuing Education	29 contact hours
Rochford	Karisa		P48158	Fine	\$300
Rosen	Dawn	124395	P50371	Probation	concurrent with criminal probation
Severson	Gary	087661	P31847	Indefinitely Suspended	
Shafer	Davi		P41353	Voluntary Surrender	
Steiner	Marcie	111713		Voluntary Surrender	
Thomas	Shannon	112466		Voluntary Surrender	
Westvold	Jason	137252	P55470	Probation	concurrent with criminal probation
Willems	Katrina	124404	P45770	Fine	\$150
Wilkin	Derrick	133925	P56537	Indefinitely Suspended	
		*ARNP			

Davis	Zachariah	111199		Probation	12 months
Davis	Zachariah	111199		Reinstatement Granted	
Epting	Keith		NE: PN23952	Relinquish Iowa Compact Privilege	
Fuson	Christa		P56071	Continuing Education	38 contact hours
Glick	Ann	*G117446		Fine	\$350
Harrington	Jill	093733	P35399	Fine	\$50
Houston	Ruth		P52691	Fine	\$250
Lesh	Bethany	129008		Indefinitely Suspended	
Maddox	Maria	108312		Fine	\$200
Mammen	Laura		P53311	Fine	\$300
Matthew	Mary	106217		Indefinitely Suspended	
Olivares	Waltena	110462	P43802	Fine	\$150
Pratt	Dawn	099808	P33221	Continuing Education	36 contact hours
Pratt	Dawn	099808	P33221	Fine	\$400
Sturdy	Laura	097225	P34696	Probation	12 months
Sturdy	Laura	097225	P34696	Reinstatement Granted	
Terpstra	Kelsey		P49286	Continuing Education	26.8 contact hours
Timmerman	Anne	069717	P22221	Fine	\$50
Vaughn	Lindsay		P48632	Continuing Education	30 contact hours
Williams	Erin	116180		Fine	\$400
Wright	Jenifer	118007		Fine	\$100
		* ARNP			

DECEMBER 2016					
Last Name	First Name	RN	LPN	Sanction	
Brooks	Cynthia	127480	P40284	Citation and Warning	
Brooks	Cynthia	127480	P40284	Continuing Education	33 contact hours
Cleveland	Christine	098108		Probation	12 months
Corrice	Adrienne		P43941	Citation and Warning	

## CARING RN/LPN'S NEEDED!

Provide one-on-one pediatric nursing care for children with complex/specialized medical needs in the comfort of their home environment.

PT/FT hours available.



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[www.recoverhealth.org](http://www.recoverhealth.org)

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Cedar Valley Medical Specialists  
Attn: Human Resources  
PO Box 2758, Waterloo, Iowa 50704  
[CHix@cvmssp.com](mailto:CHix@cvmssp.com)  
[www.cedarvalleymedical.com](http://www.cedarvalleymedical.com)

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or contact us to learn more about joining our team:  
[audrey.posocco@rasmussen.edu](mailto:audrey.posocco@rasmussen.edu)



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## DIRECTOR OF NURSING PROGRAMS

Full time. Responsible for oversight of all nursing and nursing-related programs, which includes direct administration of practical nursing, associate degree nursing, and other related non-credit nursing credentialing such as nursing CEUs. Master's degree with a major in nursing; two years of experience in the clinical setting; two years of experience in nursing education; meets all guidelines specified in Iowa Code Chapter 2 (Nursing Education Programs); licensed to practice nursing in the State of Iowa or under the Nurse Licensure Compact; and basic computer skills required. Excellent benefit package including fully paid family medical and dental insurance. Applications accepted until position is filled. AAEOE

For more details go to [www.nwicc.edu](http://www.nwicc.edu).

Click on "Alumni & Community" and then "NCC Job Postings." Or, contact Human Resources Office, Northwest Iowa Community College, Sheldon, Iowa, 712-324-5061.

# IANCE

## Iowa Association for Nursing Continuing Education

Promoting quality continuing education for nurses in Iowa and fostering professional growth and understanding among Iowa nursing continuing education providers.

Experience the benefits of being an IANCE member:

- Acquire new knowledge from the *Provider Focus* members-only newsletter
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- Increase expertise and gain information at the annual conference and business meeting
- Advertise your upcoming continuing education conference events on the website
- Take advantage of professional development funds

**Join IANCE now!** Our members help shape the future of nursing continuing education in Iowa. To learn more, visit [www.iance.org](http://www.iance.org).

# CE Credits Now Available in Minutes at a Time on Smartphone App

A first-of-its-kind app created in Eastern Iowa is allowing the more than 3.1 million registered nurses across the United States the ability to earn continuing education credits on their smartphones in minutes at a time versus hours at a time – saving both time and money.

The CEHQ (Continuing Education Headquarters) app frees nurses from the traditional online or classroom credit renewal methods – currently the most common ways for nurses to earn continuing education (CE) credits. Instead, the CEHQ app allows nurses in need of re-licensure to select a subject, read vetted articles, answer questions in real-time, and progress toward earning CEUs – all through a mobile app on their smartphone in just a few minutes.

The credits earned through the CEHQ app will be accepted by other boards of nursing in states that require continuing education for nurses. (*Iowa Board Of Nursing CEU Provider No. 370*)

One feature of the CEHQ app that nurses say is invaluable is the CE Vault, which stores nursing CEU certificates from any source in one secure location. Nurses are able to take a photo of their CE certificate and store the credit information securely for future reference. The CE Vault is free with a 1-year or 2-year subscription. Individual credit hours are available for purchase for \$3.99/credit hour.

“Nurses are some of the busiest women and men in the workforce, juggling multiple professional responsibilities,

in addition to their personal lives,” says creator and founder of CEHQ, Dawn Ainger, CEO and Chairman of Genova Technologies. “We recognized the need to simplify the process by which nurses earn their continuing education. As a result, we created an easy-to-use, on-the-go mobile app that allows them to gain access to health-related research, programs, and certificates of completion, all while earning credits for their CEUs. With CEHQ, nurses can now get their credits while walking down the clinic or hospital halls or while waiting to pick up their children, learning what they need to that day.”

CEHQ provides content from a database of unbiased, trusted medical sources compiled by the University of Iowa Carver College of Medicine. Sources include Elsevier, the National Library of Medicine, Centers for Disease Control, National Institutes of Health, and other academic and governmental sources.

“The response from nurses across the country has been overwhelming,” says Ainger. “They are thankful to have a tool that breaks their CEUs into short chunks that they can tackle while treating patients, during their commute, or over a lunch break.”

The CEHQ app is available on Google Play and the Apple iTunes Store for \$69 for 1 year of unlimited credits or \$99 for 2 years of unlimited credits. CEHQ has a money back guarantee and nurses can earn one free credit on a trial basis. Visit [www.myCEHQ.com](http://www.myCEHQ.com) for more information.

Now searching for qualified

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for various shifts.

For further inquiries, please contact **Erin Melby, Director of Nursing, at 712-423-2510**



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# 100 Great Iowa Nurses 2017



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RN, CCRN  
Staff Nurse  
Intensive & Specialty  
Services Nursing/  
Medical ICU



**Kristine Bonnett**  
MSN, ARNP, PNP  
Advanced Registered  
Nurse Practitioner  
Pediatric Urology



**Sara Caven**  
MSN, RN  
Program Director  
Nursing Recruitment/  
Magnet  
Nursing Human  
Resources



**Julie Cayler**  
MSN, ARNP,  
ANP-BC, RN-BC  
Clinical Health Care  
Research Manager  
ICTS/Clinical  
Research Unit



**Megan Davis-De Geus**  
MSN, MNHP  
Family Nurse  
Practitioner  
Orthopedic Surgery,  
Spine Team



**Cindy Digmann**  
BSN, RN, CPHON  
Staff Nurse  
UISFCH/Pediatric  
Hem-Onc



**Rhonda Fruhling**  
MS, MHCDS,  
ARNP, CDE  
Advanced Registered  
Nurse Practitioner  
Med-Surg, Diabetes  
Education



**Elaine MacClure**  
BSN, RN, CCRP  
Clinical Health Care  
Research Associate  
ICTS/Clinical  
Research Unit



**Chelsey Pangburn**  
BSN, RN  
Nurse Clinician  
Specialist  
UISFCH/  
Pediatric Specialty  
Clinic



**Carla Pies**  
DNP, ARNP, ACHPN  
Hospitalist  
Supportive &  
Palliative Care



**Nicholas Poch**  
DNP, RN  
Nurse Manager  
Med-Surg Nursing/  
Surgical Specialty  
Services



**Jolyn Schneider**  
BSN, RN, PCCN  
Nurse Manager  
Intensive & Specialty  
Services  
Burn/Trauma Center/  
Burn CI



**Barbara Schuessler**  
MSN, RN,  
MBA, CPEN  
Associate Director  
of Nursing  
Emergency Medicine



**Hillary Storm**  
MSN, RN, CNOR  
Nursing Practice  
Leader  
Perioperative Nursing



**Kimberly Tew**  
BSN, RN  
Staff Nurse  
CNO/Resource Nurse  
Critical Care Float



**John J Wagner**  
MA, RN-BC  
Director of Nursing  
Behavioral Health  
Services



**Brian Wayson**  
MSN, ARNP,  
A/GNP NP-C  
Hospitalist/Adult  
Cystic Fibrosis  
Program Coordinator  
Adult Pulmonary



**Emily Wynn**  
BSN, RN,  
MBA, CCRN  
Interim Associate  
Chief Nursing Officer  
Nursing  
Administration

Congratulations to our nurses who were recognized!



# Be Counted 10,000 Nurses by 2020

## What is the Nurses on Boards Coalition?

The Nurses on Boards Coalition (NOBC) represents national nursing and other organizations working to build healthier communities in America by increasing nurses' presence on corporate, health-related, and other boards, panels, and commissions. The coalition's goal is to help ensure that at least 10,000 nurses are on boards by 2020, as well as raise awareness that all boards would benefit from the unique perspective of nurses to achieve the goals of improved health, and efficient and effective health care systems at the local, state, and national levels.

## What is this effort about?

The NOBC was created in response to the landmark 2010 Institute of Medicine (IOM) report, *The Future of Nursing: Leading Change, Advancing Health*, which recommended increasing the number of nurse leaders in pivotal decision-making roles on boards and commissions that work to improve the health of everyone in America.

Nurses represent the largest segment of health care workforce, and are considered the most trustworthy of all professions<sup>1</sup> and play a huge role on the frontlines of care in our schools, hospitals, community health centers, long-term care facilities and other places. Their perspective and influence must be felt more at the decision-making tables.

The Coalition's guiding principle is that building healthier communities in America requires the involvement of more nurses on corporate, health-related, and other boards, panels, and commissions.

[www.gallup.com/poll/1654/honesty-ethics-professions.aspx](http://www.gallup.com/poll/1654/honesty-ethics-professions.aspx)

## Do you serve on a board?

The NOBC defines a board as a decision-making body with strategic influence to improve the health of communities nationwide. This includes corporate, governmental, non-profit, advisory or governance boards or commissions, panels, or task forces that have fiduciary or strategic responsibility.

Please see the Nurses On Boards Coalition website and be counted. Or, find out how you might be able to serve. Information can be found at [nursesonboardcoalition.org](http://nursesonboardcoalition.org)

*Editor's note: Information for this article is reprinted with permission. Retrieved from [nursesonboardscoalition.org](http://nursesonboardscoalition.org)*

## Agendas and Minutes On the Web

All Board and Committee agendas are on our website. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas will remain posted until replaced by the current agendas. Board and Committee minutes are posted at our website approximately three (3) months following the meetings.

You can locate our Agendas and Minutes at our website, [nursing.iowa.gov](http://nursing.iowa.gov), under "About the Board."

You may subscribe to email notification of the first posting of a meeting or conference call agenda by sending a blank email to: [join-IBON\\_AGENDAS@lists.ia.gov](mailto:join-IBON_AGENDAS@lists.ia.gov).



**Looking for RNs and LPNs to join our growing team!**

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- Homecare RN/LPNs
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**NURSE PRACTITIONER**

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To apply contact: [amjohnson@cicdoc.com](mailto:amjohnson@cicdoc.com)  
515-224-1777

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**Opportunities for full-time staff are available in the following positions:**

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- Advanced Practice Registered Nurse, Mental Health
- Advanced Practice Registered Nurse, Primary Care & Specialty Medicine
- Registered Nurse (PACT), Primary Care & Specialty Medicine
- Registered Nurse, Extended Care
- Licensed Practical Nurse, Extended Care

US Citizenship required or candidates must have proper authorization to work in the US. Applicant(s) selected for a position may be eligible for an award up to the maximum limitation under the provision of the Education Debt Reduction Program. Possible recruitment bonus. EEO Employer.

*Since 1924, the St. Cloud VA Health Care System has delivered excellence in health care and compassionate service to central Minnesota Veterans in an inviting and welcoming environment close to home. We serve over 38,000 Veterans per year at the medical center in St. Cloud, and at three Community Based Outpatient Clinics located in Alexandria, Brainerd, and Montevideo.*



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### Our Community

*Located sixty-five miles northwest of the twin cities of Minneapolis and St. Paul, the City of St. Cloud and adjoining communities have a population of more than 100,000 people. The area is one of the fastest growing areas in Minnesota, and serves as the regional center for education and medicine.*

*Enjoy a superb quality of life here—nearly 100 area parks; sparkling lakes; the Mississippi River; friendly, safe cities and neighborhoods; hundreds of restaurants and shops; a vibrant and thriving medical community; a wide variety of recreational, cultural and educational opportunities; a refreshing four-season climate; a reasonable cost of living; and a robust regional economy!*



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**You already know healthcare. Let us teach you the technology.**

**New for Fall 2017**  
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The certificate program is a great way for you to advance in your career. The certificate is under the HIT AAS degree program.

**Plan to attend an HIT session to learn more. Dates and times available at: [www.dmacc.edu/programs/health/healthinfotech](http://www.dmacc.edu/programs/health/healthinfotech)**

For more information, please contact:  
Patty Origer, RHIA  
HIT Faculty  
515-964-6548 or [paoriger@dmacc.edu](mailto:paoriger@dmacc.edu)  
[www.dmacc.edu/programs/health/healthinfotech](http://www.dmacc.edu/programs/health/healthinfotech)

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# Continuing Education Offerings

## REGION I

Northwest Counties of Iowa  
Buena Vista, Calhoun, Carroll,  
Cherokee, Clay, Crawford,  
Dickinson, Emmet, Greene,  
Hancock, Humboldt, Ida,  
Kossuth, Lyon, Monona, O'Brien, Osceola, Palo Alto,  
Plymouth, Pocahontas, Sac, Sioux, Winnebago,  
Woodbury, Wright.



### ABBREVIATIONS

<b>Spon:</b> Sponsor	<b>Reg. by:</b> Register by
<b>Fac:</b> Faculty	<b>TBA:</b> To be announced
<b>Aud:</b> Audience	<b>NG:</b> Not Given
<b>inc:</b> includes/including	<b>NR:</b> Nonresident

### May 10; 8:00 am - 12:00 pm; Carroll, IA

**PALS Renewal.** Spon: St. Anthony Regional Hospital. Contact: Margie Glassburner, 712-794-5243. Fac: Tammy Roetman, RN. Aud: Healthcare Providers. Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously ill pediatric victims both in and out of the hospital of cardiac arrest or other cardio emergencies per AHA guidelines. Fee: \$80.00. CEUs: 0.3.

### May 10; 1:00 pm - 5:00 pm; Carroll, IA

**ACLS Renewal.** Spon: St. Anthony Regional Hospital. Contact: Margie Glassburner, 712-794-5243. Fac: Tammy Roetman, RN. Aud: Healthcare Providers. Class improves the quality of care provided to the adult victim, both in and out of the hospital of cardiac arrest or other cardiopulmonary emergencies per AHA guidelines. Fee: \$80.00. CEUs: 0.3.

## REGION II

Northeast Counties of Iowa  
Allamakee, Benton, Black Hawk, Bremer, Buchanan, Butler, Cerro Gordo, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Floyd, Franklin, Howard, Jackson, Jones, Linn, Mitchell, Winneshiek, Worth.



### ABBREVIATIONS

<b>Spon:</b> Sponsor	<b>Reg. by:</b> Register by
<b>Fac:</b> Faculty	<b>TBA:</b> To be announced
<b>Aud:</b> Audience	<b>NG:</b> Not Given
<b>inc:</b> includes/including	<b>NR:</b> Nonresident

### May 4; 8:30 am - 3:30 pm; Cedar Rapids, IA

**Memory, Forgetfulness, and the Brain.** Spon: Institute for Natural Resources (INR). Contact: Customer Service, 800-937-6878, [www.inrseminars.com](http://www.inrseminars.com). Aud: Nurses, Case Managers, and other Allied Health Professionals. This seminar will review how a patient's perception, thinking, and emotions influence memory formation and how time, aging, stress, and sleep can impact memory formation and retrieval. Fee: \$81.00. Reg. by: 5/3/17. CEUs: 0.72.

### May 16; 6:30 pm - 8:45 pm; Cedar Rapids, IA

**Child Abuse and Mandatory Reporting.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Diana Nicholls Blomme. Aud: Nursing. This program provides the participant with information on the investigation, identification, and legalities of child abuse and the role of the mandatory reporter. Fee: \$29.00. Reg. by: 5/9/17. CEUs: 0.2.

### May 23 & 24; 8:00 am - 12:00 pm; Cedar Rapids, IA

**Mental Health Clinical Skills for Healthcare Practitioners: A Workshop with Kirkwood's Fulbright Scholar-in-Residence.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Dr. Pedro Sanchez-Escobedo. Aud: Nursing. This 8-hour workshop will provide

health professionals with basic tools to identify, assess, and appropriately refer patients who, in addition to their physical complaint, may also have a mental health issue. Basic clinical mental health assessment skills will be developed through presentations, group discussions, and role playing. Fee: \$65.00. Reg. by: 5/13/17. CEUs: 0.9

### June 13; 6:00 pm - 9:15 pm; Cedar Rapids, IA

**Training for Mandatory Reporters of Child and Dependent Adult Abuse.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Diana Nicholls Blomme. Aud: Nursing. This course meets the training requirement for mandatory reporters who work with both children and dependent adults on a regular basis. The goal of this course is to increase the knowledge and awareness of child and dependent adult abuse. Fee: \$35.00. Reg. by: 6/3/17. CEUs: 0.3.

### June 13 & 14; 5:30 pm - 9:30 pm; Cedar Rapids, IA

**Basic Mental Health Clinical Skills for Healthcare Practitioners: A Workshop with Kirkwood's Fulbright Scholar-in-Residence.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Dr. Pedro Sanchez-Escobedo. Aud: Nursing. This 8-hour workshop will provide health professionals with basic tools to identify, assess, and appropriately refer patients who, in addition to their physical complaint, may also have a mental health issue. Basic clinical mental health assessment skills will be developed through presentations, group discussions, and role playing. Fee: \$65.00. Reg. by: 5/13/17. CEUs: 0.9.

### July 11; 6:30 pm - 8:45 pm; Cedar Rapids, IA

**Dependent Adult Abuse and Mandatory Reporting.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Diana Nicholls Blomme, RN. Aud: Nursing. This course meets the training requirement for mandatory reporters who work with dependent adults on a regular basis. The goal of this course is to increase the knowledge and awareness of dependent adult abuse. Fee: \$29.00. Reg. by: 7/1/17. CEUs: 0.2.

### August 4; 8:00 am - 4:00 pm; Cedar Rapids, IA

**Health 411: A Conference for Health Professionals.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Laura Daman, RN. Aud: Nursing. The focus of this

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# Continuing Education Offerings

one-day event is to provide education on trending topics that impact all levels of healthcare. This year's conference will feature speakers with expertise in addiction issues, telehealth, vision therapy and concussions. Fee: \$99.00. Reg. by: 7/29/17. CEUs: 0.72.

**October 14; 8:00 am - 4:00 pm; Cedar Rapids, IA**  
**Perianesthesia Nurses Fall Conference.** Spon: ISPAN. Contact: Michele O'Connor, 319-361-3332, [michele.oconnor@unitypoint.org](mailto:michele.oconnor@unitypoint.org). Fac: TBD. Aud: Licensed Nurses. To provide information on issues related to the care of patients pre and post anesthesia including chronic pain, pediatrics, aromatherapy and more. Fee: \$70.00. Reg. by: 9/29/17. CEUs: TBA.

**May 11; 9:00 am - 11:00 am; Council Bluffs, IA**  
**Confronting Workplace Bullying.** Spon: Iowa Western Community College. Contact: Sheri Splichal, 712-325-3265. Fac: Connie Peters, RN and Jennifer Durham, RN. Aud: Nursing. To provide an awareness of workplace bullying in the nursing profession. Pre-registration is required. Call 712-325-3255 to register. Fee: \$59.00. Reg. by: 5/10/17. CEUs: 0.24.

**May 5; 8:30 am to 3:30 pm; Davenport, IA**  
**Memory, Forgetfulness, and the Brain.** Spon: Institute for Natural Resources (INR). Contact: Customer Service, 800-937-6878, [www.inrseminars.com](http://www.inrseminars.com). Fac: Dr. Hullon, MD. Aud: Nurses, Case Managers, and other Allied Health Professionals. This seminar will review how a patient's perception, thinking, and emotions influence memory formation and how time, aging, stress, and sleep can impact memory formation and retrieval. Fee: \$81.00. Reg. by: 5/4/17. CEUs: 0.72.

**May 11; 1:00 pm - 3:00 pm; Council Bluffs, IA**  
**Active Shooters in the Workplace.** Spon: Iowa Western Community College. Contact: Sheri Splichal, 712-325-3265. Fac: Mark Langan, retired police sergeant. Aud: Nursing. To teach participants how to survive an active shooter situation. Pre-registration is required. Call 712-325-3255 to register. Fee: \$59.00. Reg. by: 5/10/17. CEUs: 0.24.

**May 11; 8:00 am - 5:00 pm; Iowa City, IA**  
**AWHONN Advanced Fetal Heart Monitoring Program.** Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: Jeana Forman, MSN, RNC. Aud: Nurse/Midwife/ARNP/MD.\* Course conveys the application of advanced fetal heart monitoring knowledge and skills in intrapartum clinical practice. \*Designed for clinicians who previously completed the AWHONN Intermediate FHM course or a comparable fetal monitoring educational program. Fee: \$177.00. Reg. by: 4/20/17. CEUs: 0.84.

## REGION III

Southwest Counties of Iowa  
 Adair, Adams, Audubon,  
 Cass, Clarke, Decatur,  
 Fremont, Guthrie, Harrison,  
 Lucas, Madison, Mills,  
 Montgomery, Page, Pottawattamie, Ringgold,  
 Shelby, Taylor, Union, Warren, Wayne.



## REGION IV

Southeast Counties of Iowa  
 Appanoose, Cedar, Clinton,  
 Davis, Des Moines, Henry,  
 Iowa, Jefferson, Johnson,  
 Keokuk, Lee, Louisa,  
 Mahaska, Marion, Monroe, Muscatine, Scott, Van  
 Buren, Wapello, Washington.



### ABBREVIATIONS

<b>Spon:</b> Sponsor	<b>Reg. by:</b> Register by
<b>Fac:</b> Faculty	<b>TBA:</b> To be announced
<b>Aud:</b> Audience	<b>NG: 3w</b> Not Given
<b>inc:</b> includes/including	<b>NR:</b> Nonresident

### ABBREVIATIONS

<b>Spon:</b> Sponsor	<b>Reg. by:</b> Register by
<b>Fac:</b> Faculty	<b>TBA:</b> To be announced
<b>Aud:</b> Audience	<b>NG:</b> Not Given
<b>inc:</b> includes/including	<b>NR:</b> Nonresident

**April 27 & 28; 8:00 am - 3:30 pm; Council Bluffs, IA**  
**Navigating Through End-of-Life.** Spon: Iowa Western Community College. Contact: Sheri Splichal, 712-325-3265. Fac: Dan Diez, Compassion & Choices. Aud: Nursing. To explore and discuss how to improve the quality of care at the end of life for patients. Pre-registration is required. Call 712-325-3255 to register. Fee: \$135 for both days, \$99 for Thursday only, \$49 for Friday only. Reg. by: 4/24/17. CEUs: 0.66 for Thursday and 0.42 for Friday.

**May 1; 9:00 am - 4:00 pm; Iowa City, IA**  
**Basic Fetal Monitoring Workshop.** Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: Jeana Forman, MSN, RNC. Aud: RNs working on obstetrics. To provide basic information on methods of fetal monitoring, recognition of changes / interventions to assist in the management of patients, and documentation issues. Fee: \$110.00. Reg. by: 4/10/17. CEUs: 0.65.

**May 17-18; 9:00 am - 4:00 pm; Iowa City, IA**  
**AWHONN Intermediate Fetal Heart Monitoring Program.** Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: Jeana Forman, MSN, RNC. Aud: Nurse/Midwife/ARNP/MD.\* Promotes integration of knowledge and skills essential to nursing assessment, promotion, and evaluation of fetal safety during labor. \*All participants must have a minimum of 6 months recent experience in fetal heart monitoring. Fee: \$237.00. Reg. by: 4/26/17. CEUs: 1.46.

**May 18-19; 8:00 am - 4:00 pm; 8:00am - 2:00 pm; Iowa City, IA**  
**Fundamentals of Chemotherapy and the Patient Experience.** Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: University of Iowa Hospitals & Clinics staff. Aud: RNs providing chemotherapy. This two-day program is designed to enhance the nurse's understanding of chemotherapy and care of patients receiving chemotherapy. Fee: \$240.00. Reg. by: 4/27/17. CEUs: 1.32.

*Continuing Education Offerings continued on page 18*



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# Continuing Education Offerings

Continuing Education Offerings continued from page 17

## REGION V

Central Counties of Iowa  
Boone, Dallas, Grundy,  
Hamilton, Hardin, Jasper,  
Marshall, Polk, Poweshiek,  
Story, Tama, Webster.



### ABBREVIATIONS

<b>Spon:</b> Sponsor	<b>Reg. by:</b> Register by
<b>Fac:</b> Faculty	<b>TBA:</b> To be announced
<b>Aud:</b> Audience	<b>NG:</b> Not Given
<b>inc:</b> includes/including	<b>NR:</b> Nonresident

**May 1; 1:00 pm - 4:00 pm; Des Moines, IA**  
**Child and Dependant Adult Abuse Mandatory Reporter Training.** Spon: Des Moines University. Register online: <https://cme.dmu.edu/childadultabuse2017>. Fac: Gladys Noll Alvarez, LISW. Aud: DMU students, faculty, staff, and all interested healthcare professionals. This educational activity will describe various types of child and adult abuse and neglect, identify clinical findings that indicate abuse, and provide local resources of how and when to report. Fee: Free. Reg. by: 5/1/17. CEUs: 0.30.

**May 3; 8:30 am - 3:30 pm; Des Moines, IA**  
**Memory, Forgetfulness, and the Brain.** Spon: Institute for National Resources (INR). Contact: Customer Service, 800-937-6878, [www.inrseminars.com](http://www.inrseminars.com). Fac: Dr. Hullon, MD. Aud: Nurses, Case Managers, and other Allied Health Professionals. This seminar will review how a patient's perception, thinking, and emotions influence memory formation and how time, aging, stress, and sleep can impact memory formation and retrieval. Fee: \$81.00. Reg. by: 5/2/17. CEUs: 0.72.

**May 5; 8:00 am - 1:00 pm; Des Moines, IA**  
**2017 Multidisciplinary Neurology Conference.** Spon: Ruan Neurology Clinic, Mercy Medical Center. Contact: Alison Krueger RN, MSN-Ed, 515-643-2523. Fac: Dr. Einar Bogason. Aud: Inpatient, outpatient, and clinic Registered Nurses. This conference will provide basic understanding of clinical conditions, treatments, and upcoming trends in healthcare. Fee: No Fee. Reg. by: 4/28/2017. CEUs: 0.47.

**May 6; 9:00 am -12:00 pm; Des Moines, IA**  
**Colorectal Cancer Screening: A Standardized Performance Assessment Laboratory Approach.** Spon: Des Moines University. Register online: <https://cme.dmu.edu/CRCSPAL2017>. Fac: TBA. Aud: Health care providers in primary care, family medicine, or other related specialties. Health care providers play a critical role in ensuring that their patients are appropriately screened for colorectal cancer. Join us for this great opportunity to learn more about barriers to colorectal cancer screening, practice your dialogue skills, and discover unique insights from the patient perspective. Fee: Free. Reg. by: 5/6/17. CEUs: 0.25.

## OUT-OF-STATE

**April 18 & 19; 8:30 am - 4:30 pm; Middleton, WI**  
**Madison Clinical Conference: Updates in Infectious Diseases.** Spon: UW-Madison, School of Medicine and Public Health. Contact: Sandra Galles, 608-263-5171 or [cen@son.wisc.edu](mailto:cen@son.wisc.edu). Provide healthcare professionals with updates in managing select infectious diseases. Online information and registration: <http://go.wisc.edu/475827>. Fee: \$280, \$350 after 3/28/2017. More detail on website. Reg. by: 4/17/17. CEUs: 11.25 ANCC Contact Hours, 13.5 Iowa Contact Hours, 1.125 CEUs.

## HOME STUDY

**Folic Acid: What's New in Wisconsin**  
Spon: UW-Madison, School of Medicine and Public Health. Contact: Sandra Galles, 608-263-5171 or [cen@son.wisc.edu](mailto:cen@son.wisc.edu). Aud: All professionals who provide healthcare to tobacco users.

This activity is intended to meet the needs of all professionals who provide healthcare to tobacco users. Fee: Free. CEUs: 1.2 Iowa Board of Nursing Hours, 1 ANCC contact hour. Link to online program- <https://www.ocpd.wisc.edu/FolicAcid.aspx>. Program available until 09/22/18.

### Updates in Diabetes

Spon: UW-Madison, School of Pharmacy. Contact: Sandra Galles, 608-263-5171 or [cen@son.wisc.edu](mailto:cen@son.wisc.edu). Aud: All professionals who provide healthcare to individuals with Diabetes. Fee: \$150, \$105 for clinical instructors or retired pharmacists. CEUs: 8 ANCC contact hours, 9.6 Iowa contact hours, 0.8 CEUs. Link to online program-<https://ce.pharmacy.wisc.edu/pd/updates-diabetes/>. Program available until 09/13/19.

### Nursing Leadership and Management: A Practical Guide

Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Laura Daman, RN. Aud: Nursing. This class will identify the skills needed in nursing leadership and management. This home study in nursing is a textbook-based course to be completed in 8 weeks. Fee: \$75.00. CEUs: 0.75.

### Healing the Dying

Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Laura Daman, RN. Aud: Nursing. This is a textbook-based course that may be started at any time. All materials are mailed to the student within approximately 10 working days of registration. Students have 8 weeks to complete the coursework. Fee: \$89.00. CEUs: 0.8.

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### Bumpety-Bump: Diagnosis Mumps!

Contact: Linda Fisk, 855-227-6784 Fac: Linda Fisk. Aud: RNs, LPNs, Advance Practice Nurses. Healthcare personnel will enhance their understanding of mumps. Fee: \$4.00. CEUs: 0.24.

### Heart Palpitations - A Cause for Concern?

Contact: Linda Fisk, 855-227-6784. Fac: Linda Fisk. Aud: RNs, LPNs, Advance Practice Nurses. Healthcare personnel will enhance their understanding of heart palpitations and differentiate between benign heart palpitations and more serious cardiac arrhythmias that may cause heart palpitations. Fee: \$4.00. CEUs: 0.24.



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# Continuing Education Offerings

## “Mommy, I Can’t Breathe!” Enterovirus D-68

Contact: Linda Fisk, 855-227-6784. Fac: Linda Fisk. Aud: RNs, LPNs, Advance Practice Nurses. Healthcare personnel will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness and deaths in children in multiple states. Fee: \$4.00. CEUs: 0.24.

## Stowaways! Diseases that are Sneaking Across the U.S. Border

Contact: Linda Fisk, 855-227-6784. Fac: Linda Fisk. Aud: RNs, LPNs, Advance Practice Nurses. Healthcare personnel will be introduced to multiple diseases that may accompany immigrant/refugee children and families into the U.S. Fee: \$4.00. CEUs: 0.24.

## Zika Virus: What You Need to Know.

Contact: Linda Fisk, 855-227-6784. Fac: Linda Fisk. Aud: RNs, LPNs, Advance Practice Nurses. Healthcare personnel will enhance their understanding of Zika virus. Fee: \$4.00. CEUs: 0.24.

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## Child Abuse for Mandatory Reporters

Fac: Linda L. Fisk, RN, BS. Aud: RN, LPN, ARNP. Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters’ requirements for child abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fee: \$23.95. CEUs: 0.24.

## Child and Dependent Adult Abuse for Mandatory Providers

Fac: Linda L. Fisk, RN, BS. Aud: RN, LPN, ARNP. Approved by the

Iowa Abuse Education Review Panel and intended to meet the Mandatory Reporter’s requirements for child and dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fee: \$23.95. CEUs: 0.24.

**Dependent Adult Abuse for Mandatory Reporters** Fac: Linda L. Fisk, RN, BS. Aud: RN, LPN, ARNP. Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters’ requirements for Dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Fee: \$23.95. CEUs: 0.24.

**A Guide to Palliative Nursing Care at the End-of-Life** Fac: Judith K. Orth, RN, CHPN, BSN, MA. Aud: RNs, LPNs, ARNPs. The nurse will enhance her knowledge and skills for providing end-of-life palliative care. Fee: \$29.95. CEUs: 0.3.

## Active Shooter: What You Can Do.

Fac: Dorothy de Souza Guedes. Aud: ARNPs, RNs, LPNs, Respiratory Therapists. The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility. Fee: \$11.95. CEUs: 0.12.

## Advance Directives and DNRO.

Fac: Denise Warren, RN, BSN. Aud: ARNPs, RNs, LPNs, Respiratory Therapists. The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. The medical community must know the various types of advance directives in order to assist patients with their legal right to make their own decisions concerning their care. Fee: \$11.95. CEUs: 0.12.

## Antipsychotics and the Elderly.

Fac: Elizabeth Boldon, BSN, MSN. Aud: RN, LPN. The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications and implications of their use in the elderly population. Fee: \$11.95. CEUs: 0.1.

## Anxiety Disorders.

Fac: Mary McGeough, RN, BSN. Aud: RN, LPN, ARNP. Health care professionals will increase their understanding of anxiety disorders, their symptoms and how they are treated. Fee: \$29.95. CEUs: 0.30.

## Autoimmune Disorders.

Fac: Mary McGeough, RN, BSN. Aud: RN, LPN. This online course will provide an overview of common autoimmune disorders including symptoms and treatment modalities. Fee: \$47.95. CEUs: 0.5.

## Care of the Imminently Dying Patient and Their Family.

Fac: Judith K. Orth, RN, CHPN, BSN, MA. Aud: ARNPs, RNs, LPNs, Respiratory Therapists. To aid the learner in recognizing and understanding the signs and symptoms of the active dying process and the corresponding care interventions. Fee: \$17.95. CEUs: 0.18.

## Dementia Training Module A.

Fac: Mary McGeough, RN, BSN and Lisa Eick, RN. Aud: RN, LPN, ARNP. All staff working in the long term care setting will increase their skills in caring for persons diagnosed with Alzheimer’s disease or a related disorder. This bundle of courses includes the following modules: Understanding Alzheimer’s Disease, Communication, and Behavior Management. Fee: \$39.99. CEUs: 0.48.

## Dementia Training Module B.

Fac: Mary McGeough, RN, BSN and Lisa Eick, RN. Aud: RN, LPN, ARNP. All staff working in the long term care setting will increase their skills in caring for persons diagnosed with Alzheimer’s disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, and Ethical Issues. Fee: \$39.99. CEUs: 0.48.

Continuing Education Offerings continued on page 20

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Iowa Department of Public Health

# Continuing Education Offerings

Continuing Education Offerings continued from page 19

**Dying with Dignity**

Fac: Judy K. Orth, RN, CHPN, BSN, MA. Aud: RN, LPN, ARNP. Healthcare providers will place an emphasis on each terminally ill patient's uniqueness that tends to preserve their sense of dignity. Fee: \$11.95. CEUs: 0.12.

**Elder Justice Act: What it Means for You**

Fac: Judy K. Orth, RN, CHPN, BSN, MA. Aud: RN, LPN, ARNP. Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, and related legal decisions

since its enactment in 2010. Elder abuse, neglect, and exploitation are also explained including the five forms of elder abuse. Reporting requirements for covered individuals and penalties for violations are detailed. Fee: \$11.95. CEUs: 0.12.

**Ethical Principles in Nursing**

Fac: Denise Warren, BSN and Mary McGeough, BSN. Aud: RN, LPN, ARNP. To enhance the nurse's ability to utilize ethical principles in nursing practice. Fee: \$35.95. CEUs: 0.36.

**Hospice 101**

Fac: Judy K. Orth, RN, CHPN, BSN, MA. Aud: RN, LPN, ARNP. The purpose of this course is to educate the learner about the concept of hospice and the corresponding philosophies and services it provides. Fee: \$11.95. CEUs: 0.12.

**Infection Control**

Fac: Mary McGeough, BSN. Aud: RN, LPN. Health care professionals will review and gain knowledge of current and emerging infection control procedures, common health care related infections, and infectious disease outbreaks. Fee: \$23.95. CEUs: 0.24.

**Influenza: The Basics**

Fac: Linda Fisk, RN. Aud: RN, LPN, ARNP. The health care practitioner will enhance her knowledge of this season's influenza and best practices for prevention and transmission of the disease. Fee: \$11.95. CEUs: 0.12.

**Leadership in Health Care: General Principles**

Fac: Judy K. Orth, RN, CHPN, BSN, MA. Aud: RN, LPN, ARNP. The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills. Fee: \$17.95. CEUs: 0.18.

**Multi-Drug Resistant Organisms**

Fac: Denise Warren, RN, BSN. Aud: RN, LPN, ARNP. The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered and provide recommendations for preventing their spread. Fee: \$11.95. CEUs: 0.12.

**Nursing Documentation**

Fac: Mary McGeough, RN, BSN. Aud: RN, LPN. Nurses will gain knowledge and skills related to the documentation of information in the patient's medical record. Fee: \$17.95. CEUs: 0.18.

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Fac: Mary McGeough, RN, BSN. Aud: RN, LPN, ARNP. CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care and autoimmune diseases to name just a few. Fee: \$33.95. CEUs: 10.00+

**Pain Management at Life's End**

Fac: Judy K. Orth, RN, CHPN, BSN, MA. Aud: RN, LPN, ARNP. The purpose of this course is to integrate recently published pain management evidence into clinical practice and care for the terminally ill. A case scenario approach to this topic will transpire throughout this course to aid in the discovery and application of more effective ways for health care professionals to assist patients and families in the management of pain at life's end. Fee: \$23.95. CEUs: 0.24.

**Preventing Medication Errors**

Fac: Mary McGeough, RN, BSN. Aud: RN, LPN, ARNP. The purpose of this online course is to increase healthcare professionals understanding of and skills for eliminating medical errors. Fee: \$11.95. CEUs: 0.12.

**Staff Retention: Working Together to Achieve Organizational Success**

Fac: Vicki Parsons, MBA. Aud: RNs and LPNs. To provide a framework of strategies to create successful

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# Continuing Education Offerings

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## Stroke

Fac: Mary McGeough, RN, BSN. Aud: RN, LPN, ARNP. Healthcare professionals will review and learn new information about caring for the stroke patient. Fee: \$35.95. CEUs: 0.36.

## Understanding and Supporting Grieving Children

Fac: Judith K. Orth, RN, CHPN, BSN, MA. Aud: ARNPs, RNs, LPNs. To educate the learner about helpful ways to talk with grieving children geared toward the individual's developmental level, respectful of their cultural norms, and sensitive to their capacity to understand the situation. Death is an inescapable fact of life and children will need all the love and support of professionals and caregivers to cope with their loss and reach a constructive grief resolution. Fee: \$17.95. CEUs: 0.18.

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## May 1; 9:00 am - 11:00 am

**CMS Infection Control Worksheet and Proposed Changes.** Spon: Instruct-Online. Fac: Sue Dill-Calloway, RN, BSN, MSN, JD, BA. Aud: Nurses, CNO, Department Directors. The infection control worksheet is used for all validation and certification surveys. Fee: \$150.00/Phone Connection. Reg. by: 4/27/17. CEUs: 0.24.

## May 9; 10:00 am - 11:30 am

**Provision of Care: Treatment and Services.** Spon: Instruct-

Online. Fac: Sandra McRae, BSN, MPH, RN, LHRM. Aud: Nurses, Risk Managers. We follow standards because they are the right thing to do, not because TJC says we must. Fee: \$150/Phone Line. Reg. by: 5/5/17. CEUs: 0.18.

## May 15; 9:00 am - 11:00 am

**Standing Orders.** Spon: Instruct-Online. Fac: Sue Dill Calloway, RN, BA, BSN, MSN, JD. Aud: Staff Nurses, CNO, Nurse Managers. This webinar will cover the CMS and JC standards on standing orders and protocols. Fee: \$150/Phone Connection. Reg. on: 5/11/17. CEUs: 0.24.

## May 16; 10:00 am - 11:30 am

**CMS Challenging Standards.** Spon: Instruct-Online. Fac: Sandra McRae, BSN, RN, MPH, LHRM. Aud: Nurses, Risk Managers. This webinar will discuss the changes in application, frequently cited concerns and then explore ways to put them into operation. Fee: \$150/Phone Connection. Reg. by: 5/12/2017. CEUs: 0.18.

## May 22; 9:00am - 11:00am

**CMS Infection Control Standards.** Spon: Instruct-Online. Fac: Sue Dill Calloway, RN, BA, BSN, MSN, JD. Aud: Nurses, Nurse Managers. This webinar will cover the current CMS infection control standards and TJC antibiotic stewardship program requirements. Fee: \$150/Phone Connection. Reg. by: 5/18/17. CEUs: 0.24.

## May 24; 10:00 am - 11:00 am

**SOS: Strategies of Success for Department Heads.** Spon: Instruct-Online. Fac: Barbara Faruggio, RN, MS. Aud: Department Heads. This webinar will provide information ranging from the orientation of managers to key concepts for effectively managing presentations to senior management team. Fee: \$150.00/Phone Connection. Reg. by: 5/22/17. CEUs: 0.12.

## June 5; 9:00 am - 11:00 am

**CMS Radiology and Nuclear Medicine Hosp CoPs.** Spon: Instruct-Online. Fac: Sue Dill Calloway, RN, BA, BSN, MSN, JD. Aud: Risk Manager, CMO, CNO. This program will cover all of the CMS Radiology and nuclear medicine standards for hospitals. Fee: \$150/Phone Connection. Reg. by: 6/1/17. CEUs: 0.24.

## June 13; 10:00 am - 11:30 am

**High Reliability Organizations.** Spon: Instruct-Online. Fac: Sandra McRae, BSN, RN. Aud: Medical Staff Leaders, Medical Office Personnel. Learn how to begin the journey of becoming a High Reliability Organization. Fee: \$150/Phone Connection. Reg. by: 6/9/17. CEUs: 0.18.

## June 14; 10:00 am - 11:30 am

**Observation: Coding, Billing and Financial Impact.** Spon: Instruct-Online. Fac: Dr. Duane Abbey, CFP. Aud: Nurse Managers, Utilization Review Personnel. This program is devoted to the observation services with an emphasis on coding, billing and financial impacts with the development of the observation Comprehensive APC under the Medicare OPSS. Fee: \$150.00/Phone Connection. Reg. by: 6/12/17. CEUs: 0.18.

## June 15; 10:00 am - 11:30 am

**APCs In-Depth: Cardiovascular Coding and Payment.** Spon: Instruct-Online. Fac: Dr. Duane Abbey, CFP. Aud: Nursing Staff, Physicians. For 2016 and 2017, CMS has moved rapidly to increase the number of composite APCs and this trend is likely to continue. Fee: \$150/Phone Connection. Reg. by: 6/13/17. CEUs: 0.18.

## June 19; 9:00 am - 11:00 am

**CMS 2017 Pharmacy and Medication.** Spon: Instruct-Online. Fac: Sue Dill Calloway, RN, BSN, MSN, JD, BA. Aud: Nurses, Patient Safety Officer. To discuss the proposed changes under the Hospital Improvement Act. Fee: \$150.00/Phone Connection. Reg. by: 6/15/2017. CEUs: 0.24.

## June 21; 10:00 am - 11:00 am

**Making Change Work for You.** Spon: Instruct-Online. Fac: Barbara Faruggio. Aud: Department Heads/Supervisors. This webinar will provide the participants with an understanding of the most effective strategies for managing the change processes. Fee: \$150.00/Phone Connection. Reg. by: 6/19/17. CEUs: 0.12.

## June 27; 10:00 am - 11:30 am

**Conducting a Root-Cause Analysis.** Spon: Instruct-Online.

*Continuing Education Offerings continued on page 22*

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# Continuing Education Offerings

## Continuing Education Offerings continued from page 21

Fac: Sandra McRae, RN, BSN. Aud: Medical Staff Leaders and Personnel. Learn how to conduct a thorough and credible Root Cause Analysis. Fee: \$150.00/Phone Connection. Reg. by: 6/23/17. CEUs: 0.18.

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### Alzheimer's Disease and Dementia Related Disorders.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Provides ways to approach problem areas in direct care of those with Alzheimer's disease or related dementias with extensive suggestions for effective communication. Fee: \$10 online; \$12 in hard copy. CEUs: 0.2.

### Autism Spectrum Disorder.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Reviews changes in diagnostic terminology, common traits, incidence, possible causes & therapies/approaches to help a person with ASD learn & grow in an outer world that differs from inner experiences. Fee: \$15 online and \$18 hardcopy + P&H. CEUs: 0.3.

### Care of the Alzheimer's Patient.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Presents suggestions and approaches to management of common behaviors and symptoms of A.D. that are not drug based. Fee: \$6. CEUs: 0.1.

### Care of Those with Disabilities: Managing Anxious, Aggressive or Combative Behaviors.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities. Fee: \$5 online, \$6 hard copy + P&H. CEUs: 0.1.

### Changing Beds: You May Have Made It, But You Don't Have to Lie in It. Mental Emotional Health.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches how to foster mental and emotional health, emphasizing empowerment through self-definition, self responsibility, monitoring thought patterns and dealing with feelings. Fee: \$60. CEUs: 1.0.

### Cognito Ergo Sum: Creating an Empowered Image.

Fac: Dr. Linda S. Greenfield. Aud: RNs/LPNs. Teaches how to recognize and create your own internal power by changing the way you think, using the nursing environment as the milieu. Fee: \$30. CEUs: 0.5.

### End of Life: Palliative & Hospice Care

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. This

course discusses the controversies of end of life care, and presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient. Fee: \$15 online, \$23 mailed in hard copy. CEUs: 0.3.

### Forgiveness: A Fundamental Health Concept.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Incorporates strategies from both mental health and body-based therapies to approach forgiveness as a way to reduce stress-induced physical and mental/emotional disease states. Fee: \$25 online (\$30 plus p&h for hard copy). CEUs: 0.5.

### Good Grief: Providing Light to Those in Emotional Pain.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Fosters the nurse's ability to listen, console and nurture those involved in loss and changing personal identity, using specific, guided techniques. Fee: \$30. CEUs: 0.5.

### Good Vibrations: Recognizing the Healing Energy Within Emotions.

Author: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Explores relationship between the energy of toxic emotions and diseases correlating emotional issues to the human energy system of chakras and studying how the body is designed to manage anger, fear, hate, etc. safely. Fee: \$42. CEUs: 0.7.

### HIV/AIDS: A Comprehensive Course.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Provides detailed examination of pathology, transmission, signs and symptoms, prevention, precautions and treatment of HIV. Fee: \$15 online; \$18 in hard copy. CEUs: 0.3.

### Mindful Care: Using Positive Thoughts and Emotions as a Catalyst to Healing.




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# Continuing Education Offerings

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines body/mind connection, exploring chemistry that links immune system function to ways we think and feel, and teaching more positive thinking patterns and ways to deal with negative emotions. Fee: \$30. CEUs: 0.5.

**Over the Edge: Biological Stress and Chronic Conditions.**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Studies the effect of biological stress from industrial chemicals, heavy metals and other pollutants and impact on chronic conditions such as unresolving pain, lack of healing, depression, panic attacks and inability to sleep. Fee: \$25 online; \$30 in hard copy. CEUs: 0.5.

**Power Tripping: Issues of Control Resolves Through Shadow Work.**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines the paradigm of power, mechanisms of control, how we drain power or steal power from others, and introduces a healthier paradigm of internal power through healing unconscious issues. Fee: \$30. CEUs: 0.5.

**Responsible & Compassionate Communication**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches how language helps or blocks relationships & cooperation in meeting healthcare needs, & provides new communication patterns that foster empowerment, collaboration, & mutual respect. Fee: \$15. CEUs: 0.3.

**Stroke.**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Studies pathology of various kinds and locations of strokes, the related symptoms and approaches to acute and rehabilitative care. Fee: \$30. CEUs: 0.5.

**Stuck in a Rut: Helping Patients & Clients Change Habits that are Interfering with Recovery.**

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**The Patient in Pain: Why Are We Managing Pain and Not Healing It.**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Physiology of acute and chronic pain perception, factors of pain reaction, attitudes toward the patient in pain that may hinder therapy, effective use of medication and use of non-invasive and alternative pain therapies. Fee: \$35 online; \$42 in hard copy. CEUs: 0.7.

**The Prevention of Medical Errors.**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Informs nurses of growing national concern over the alarmingly

high numbers of errors and provides information to increase patient safety, guidance for reporting and suggestions for systems monitoring. Fee: \$12. CEUs: 0.2.

**Working the Numbers: Nursing Interpretation of Laboratory Tests.**

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines nursing interpretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies and liver function studies. Fee: \$36. CEUs: 0.6.



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