

# IOWA PROFESSIONAL HEALTH PROGRAMS



*"I am grateful for the help and support I have been given through my participation in the IPHP program... don't know how I would make it otherwise!"*  
— Former Participant

## Our Philosophy

The purpose of the Iowa Professional Health Programs (IPHP) is to protect the public. We help licensees take care of themselves, and in doing so, enable them to safely take care of patients or clients.

- Our goal is to provide a confidential, supportive monitoring process that facilitates recovery in a compassionate manner.
- This process allows licensees to successfully work in their chosen field.
- We operate within a system of accountability that is non-disciplinary.
- We engage licensees with empathy.
- We believe that early diagnosis, treatment, and rigorous monitoring provides the best outcomes for licensees and their patients or clients.

# The IPHP Program

## Confidential Monitoring

The IPHP is a confidential monitoring program for licensed professionals established by boards governed by Iowa Code Chapter 272C. IPHP assists licensees whose health conditions may impact their ability to safely practice while protecting the public.

## Supporting Safe Practice

The IPHP is governed by a committee that supports licensees through individualized monitoring agreements. Committees meet quarterly and make all decisions for the IPHP. They meet with licensees through formal appearances at least every other year.

## Expert Committee Membership

The IPHP Committee membership includes, but is not limited to, the following:

- A practitioner who has successfully completed a recovery program
- A practitioner with expertise in substance use/addiction treatment
- A psychiatrist or psychologist
- A public member

# The IPHP Process

## Self-Reporting

The process starts with a self-report that includes information about substance use, mental health, and/or physical health conditions. Licensed individuals who may be unable to practice or safely provide services with reasonable skill and safety due to a potential impairment have both the right and responsibility to seek help.

## After the Self-Report

- **Contact by IPHP Staff:** Licensee will be contacted by IPHP staff to gather additional information.
- **Evaluation Request:** Licensee may be requested to seek an evaluation with providers approved by IPHP.
- **Eligibility Review:** A thorough review by the IPHP committee is completed to determine eligibility for participation.

## Individualized Monitoring

- **Guided Monitoring:** Individualized monitoring is guided by recommendations from treatment providers.
- **Routine Reviews:** Services are routinely reviewed to ensure individualized needs of licensees are met.



## Get in Touch

### Program Coordinators by Board

 **Dental**  
(515) 725-3491

 **Medicine**  
(515) 281-6491

 **Nursing**  
(515) 318-9371

 **Pharmacy**  
(515) 725-3491

 **Professional Licensing**  
(515) 725-3491

## Confidentiality

### Privacy and Reporting

A licensee's participation in the IPHP is confidential. Exceptions to confidentiality include:

- **Reporting to Other States:** Licensees must report their participation to other states in which they are licensed or applying to be licensed.
- **Collaboration with Treatment Team:** IPHP can collaborate with the licensee's treatment team throughout the duration of the professional health contract.
- **Non-Compliance Reporting:** IPHP can report a licensee's non-compliance with the IPHP professional health contract to their licensing board. The Board may include information from the IPHP file in public disciplinary documents.
- **Risk to Public:** IPHP can communicate information to the Board if there is a significant risk to the public.



Scan the QR code with your smartphone's camera to access the confidential Self-Report Form.

