

— IOWA BOARD OF NURSING —

Newsletter

November, December 2019, January 2020

Volume 38, Number 4 - Final Issue

Issue Focus:

**TESTING NURSING KNOWLEDGE:
THE PAST & THE FUTURE**

**BOARD SERVICE:
REFLECTIONS BY GWEN SUNTKEN**

**LEGISLATIVE SESSION:
BEGINS JANUARY 13, 2020**



Official publication of the Iowa Board of Nursing

<https://nursing.iowa.gov>



A NOTE FROM THE BOARD

GIVEN THE CHANGING LANDSCAPE of marijuana, including the legalization of recreational marijuana in some states, we want to ensure licensees understand how the use of recreational marijuana may impact their Iowa nursing license.

Recreational marijuana remains illegal under federal law and under Iowa law. Use of recreational marijuana, regardless of the location of use, may result in disciplinary action against your Iowa nursing license or privilege to practice. Note that employers and potential employers frequently forward the results of positive drug screens to state licensing boards in states where you have a nursing license. When we receive such a report, a complaint may be opened, even if a positive drug screen was the result of your use of recreational marijuana in a state where recreational marijuana is legal.

We encourage all nurses to think about the potential consequences of using recreational marijuana prior to engaging in such conduct.



MEMBERS OF THE IOWA BOARD OF NURSING

May 1, 2019 - April 30, 2020

TERM ENDS

Gwen Suntken, MS, RN Chairperson, Representing Nursing Practice	2020
Nancy Kramer, EdD, ARNP, CPNP, CNE Vice Chairperson, Representing Nursing Education	2022
Kathryn Dolter, RN, PhD Representing Nursing Education	2021
Mark G. Odden, BSN, MBA, CRNA, ARNP Representing Nursing Practice	2022
Sue Putnam, LPN Representing LPN Nursing Practice	2020
BJ Hoffman, Public Member	2020
Public Member - Vacant	

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BOARD MEETINGS

January 15, 16, 17, 2020 (December 18, 2019)

April 8, 9, 10, 2020 (March 11, 2020)

July 15, 16, 17, 2020 (June 17, 2020)

AGENDA AND MINUTES ON THE WEB

All Board agendas are on our website. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas are archived on the website by date. Board minutes are posted at our website approximately three (3) months following the meetings.

You can locate the Agenda and Minutes at our website, <https://nursing.iowa.gov>, under the "About Us" tab. Click on the "Board Meetings" link for a list of meetings and calls. You may subscribe to email notifications about the first posting of a meeting or conference call agenda by subscribing through the email link located on the "About Us" page of the website. See "Get Email Updates," click on the "Subscribe" button.

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office four (4) weeks prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.



STATE OF IOWA

Governor Kim Reynolds
Lt. Governor Adam Gregg

BOARD OF NURSING
Kathleen R. Weinberg, MSN, RN
Executive Director

October 10, 2019

Dear Nurse Licensee:

For 39 years, the Iowa Board of Nursing (IBON) has used the *Nursing Newsletter* as the “official” means of communication with Iowa nurses. **This issue is the final volume of the newsletter in the existing format.** Although the Board still needs to communicate with licensees, the way we will carry out that communication is changing.

Printing and publication costs have skyrocketed. Advertising (which pays for paper publications) is not purchased at the same volume as in the past to sustain the publications. Since technology has advanced, paper newsletters and full issues of digital newsletters are not widely being read. Market research shows that communication and readership styles have simply evolved to new shorter formats and through the use of social media channels, emails and texts.

Going forward, the Board plans to stay in touch with licensees through brief email messages, sent to the licensee’s on-file email address. Also, anything sent to nurse licensees via email will be available to licensees and the public on a new section of the Board’s website with the heading “News You Can Use.”

The communication of official information to nurse licensees is an important responsibility of the IBON. Please make it a priority to check your email often, and to read anything sent from the IBON. The website at <https://nursing.iowa.gov> is the main source of all IBON processes and procedures. More information will follow in the near future about this topic.

Sincerely,

Kathleen R. Weinberg, MSN, RN
Executive Director

MANDATORY REPORTER TRAINING - NEW REQUIREMENTS

New Requirements Announced - June 21, 2019

During Session 1 of the 88th General Assembly in 2019, the Iowa Legislature passed House File 731 which changes Iowa's Mandatory Reporter Training guidelines. Governor Reynolds signed the law on May 8, 2019.

The Department of Human Services (DHS) is now the state agency responsible for the course curriculum. Information from their website is included in this article.

- The Iowa Department of Public Health's responsibility to review and approve mandatory reporter training curricula has been removed.
- The new law requires the Department of Human Services to develop and provide the core training curriculum for all mandatory reporters in Iowa.
- The law allows for an employer to provide supplemental training as it relates to their professional practice, in addition to the core training curriculum provided by DHS.
- The law maintains that every mandatory reporter must complete 2 hours of training within six months of employment or self-employment, unless otherwise specified by federal regulations, and requires one hour of additional training every 3 years.
 - The child and dependent adult abuse trainings can no longer be combined into one 2-hour course. Both the child and dependent adult abuse core trainings will be 2 hours each.
 - All mandatory reporters are required to take the core (2-hour) training initially, but will be allowed to take a one hour recertification training every three years thereafter so long as they do so prior to the three-year expiration period.
- Clarifies that all valid mandatory reporter training certificates issued prior to July 1, 2019 remain effective for 5 years.



What do you need to know as a licensed nurse?

1. Certificates of completion for mandatory reporter training taken before 7/1/2019, are still valid and may be used to document completion of the requirements. When your current certificate expires, you need to take the new course that applies to the population that you serve.
2. After 7/1/2019, when you need to renew your training, you must follow the new requirements listed above to obtain the DHS training.

As of this publication, the Iowa Board of Nursing renewal application changes are in process. Iowa Administrative Code (IAC) 655, chapters 3 and 5 will also be amended to reflect the new law. In the meantime, follow the DHS requirements.

If a licensee is audited and the required training was taken prior to 7/1/2019, you may submit a certificate from the prior curriculum that is still effective to fulfill the documentation requirements. After 7/1/2019, if you need to take a course, you must show proof that you meet the new requirements established by the DHS. Any additional questions should be directed to the DHS.

See the follow link to go directly to the DHS web page:
<https://dhs.iowa.gov/child-welfare/mandatoryreporter>


REMINDER:

Watch the **IOWA DEPARTMENT OF PUBLIC HEALTH'S** website for updates about the national opioid epidemic. See their website at <https://idph.iowa.gov/substance-abuse/opioid-update>.





ARE YOU SMARTER THAN A 1919 NURSE?



The original version of the popular quiz game TV show known by the name “Are You smarter than a 5th Grader?” yields a maximum \$1,000,000 prize for its winners – of which there have only been three. Along the way in the game, contestants can ask for help from a school-age cast member, known as their “classmate.” Contestants who lose because they can’t answer correctly, or end the game before it’s through, have to say “I am not smarter than a 5th grader.”

Recently, while going through files and archives, board staff found a variety of old Iowa State Board of Health Nurse’s examinations that contain some very interesting questions: Questions strange enough that modern-day nurses would likely need the help of a “classmate” to answer. Although there were no prizes involved, a 1919 nurse would have been granted their nursing license by answering and passing a bank of test essay questions. This glimpse into the past yields the question: “Are you smarter than a 1919 nurse?”

Unfortunately, we don’t have the answers to these questions, but this is one test where you can work with a “classmate” to get help! Check out a few of the questions on the next page.

1. Why are puncture wounds made with infected instruments more dangerous than open cuts?
2. Name the two diseases most to be feared from puncture wounds.
3. Name three methods of sterilizing a sheet.
4. Why is bathing so important to health?
5. State briefly how to prepare and apply the following:
 - a. Mustard plaster.
 - b. Turpentine stupes.
 - c. Hot boric acid dressing.
6. How should a nurse be released from quarantine?
7. Name two qualifications especially necessary in a woman who nurses children?
8. Explain fully your understanding of the responsibility a nurse owes to her patient and to her country in regard to the war-time food problem?
9. Explain briefly how fumigation and disinfection may be performed?
10. Differentiate in a general way between the microscopic appearance of streptococci and staphylococci.
11. Name three remedies used for headache, not including opiates, and give the adult dose.
12. What is the action of Ammon. Chloride, Strychnia, Digitalis, Morphia, Belladonna?
13. Name five distinctly different methods of serving milk to patients, not including “Hot milk” and “Cold milk.”

The information in this article is provided in good fun. It’s fitting to reflect on our past to see how far nursing and healthcare have come.

There are equally as difficult test questions in the current nursing licensure examinations, which are designed to test the abilities of an entry-level nurse.

As a glimpse towards the future, watch for information about the Next Generation NCLEX® Exams, currently under research.

See the NCSBN website for more details:

<https://www.ncsbn.org>





This is likely my last article for the Iowa Board of Nursing Newsletter. I am now in my 9th year serving on the Iowa Board of Nursing, and my term will expire on April 30, 2020. My goal has always been to protect the public and see that we have the best nurses possible to provide care for all Iowans. Being a Board Member has a big learning curve; so many things that as nurses we just know are done for us, but have no idea the amount of time and work it takes to make changes to improve health care.

I have seen many changes during my tenure on the Iowa Board of Nursing. In the beginning it was mainly learning the role and duties of a Board Member, and then has ended with my serving as Chairperson for the past six years. We deal with issues related to updating the Iowa Administrative Code for Nurses, conducting hearings when charges are brought against a nurse, plus changes that occur due to changes in society. Marijuana use become

legal in some states, so the Board has carefully considered our approach on nurses using marijuana and the effect this has on their practice. I just want to assure you that the Board spends a great deal of time in open discussion, educating ourselves, and giving thoughtful consideration of all and any changes that we make.

Our Board consists of seven board members that represent Nursing Practice, Nursing Education, LPN Nursing Practice, and two Public Members. This provides the Board with a broad array of experience, education, and input in all Board decisions.

I would like to thank the people who encouraged me serve on the Board when appointed by the Governor. My hope is that I helped the practice of nursing to grow, change with the times, and yet maintaining our goal of “always protecting the public.” Thank you for the opportunity to serve the people and nurses of Iowa.

A Thank You to Gwen Suntken

I would like to extend a sincere thank you to board member Gwen Suntken for her service to the Iowa Board of Nursing. Gwen has served on the board for 9 years representing nursing practice and has held the office of Board Chair for the past 6 years.

As a board member Gwen has been involved in many Iowa Board of Nursing (IBON) initiatives; such as the development of the Iowa Nurse Assistance Program, the passing of the updated Nurse Licensure Compact, numerous revisions to the Iowa Administrative Code, moving forward with paperless licensure and transitioning to a digital newsletter.

The members of the IBON are committed to carrying out the mission of the board to protect the public health, safety and welfare and Gwen has been a true leader in this work. Please join me in thanking Gwen for her endless hours of serving the public and Iowa’s licensed nurses.

~ Kathy Weinberg, Executive Director

**Interested in serving on the
Iowa Board of Nursing?**

**See the Boards and
Commissions website at
the following link for more
information about the process:
<https://openup.iowa.gov/>.**

**To discuss the time
commitment and expectations
of serving on the Board of
Nursing, schedule a call with
the IBON’s executive director,
Kathy Weinberg, by emailing
kathy.weinberg@iowa.gov.**

The Board of Nursing encourages all licensees to take part in the legislative process. The 2020 Session Timeline follows. For other information about how an idea becomes a law, see this resource at the following link: <https://www.legis.iowa.gov/resources>



88th Iowa General Assembly 2020 IOWA LEGISLATIVE SESSION TIMETABLE*



Note: This Session Timetable is subject to change

***See SCR 5, SR 3, and HR 11 (2019)**

JANUARY 13	First day of session (Iowa Code Sec. 2.1)
JANUARY 24 (Friday of the 2 nd week)	Final day for individual Senator and Representative requests for bill and joint resolution drafts to the Legislative Services Agency (Senate Rule 27 and House Rule 29)
FEBRUARY 21 (Friday of the 6 th week)**	Final date for Senate bills and joint resolutions to be reported out of Senate Committees and House bills and joint resolutions out of House committees (Joint Rule 20)
FEBRUARY 24 - 28 (7 th week)	Senate considers only Senate bills, joint resolutions, and unfinished business House considers only House bills, joint resolutions, and unfinished business (Joint Rule 20)
MARCH 2 - MARCH 13 (8 th and 9 th weeks)	Debate not limited by rule
MARCH 20 (Friday of the 10 th week)**	Final date for Senate bills and joint resolutions to be reported out of House committees and House bills and joint resolutions out of Senate committees (Joint Rule 20)
MARCH 23 - 27 (11 th week)	Senate considers only House bills, joint resolutions, and unfinished business House considers only Senate bills, joint resolutions, and unfinished business (Joint Rule 20)
MARCH 30 (Beginning of the 12 th week)	Only the following bills and resolutions are eligible for consideration: (Joint Rule 20) <ul style="list-style-type: none"> ▪ Bills passed by both Houses ▪ Appropriations Bills ▪ Ways and Means Bills ▪ Government Oversight Bills ▪ Legalizing Acts ▪ Administrative Rules Review Committee Bills ▪ Committee Bills related to delayed or suspended Administrative Rules [Iowa Code Sec. 17A.8(9)] ▪ Bills co-sponsored by Majority and Minority Leaders of one House ▪ Conference Committee Reports ▪ Companion Bills sponsored by Senate and House Majority Leaders ▪ Concurrent or Simple Resolutions ▪ Joint Resolutions nullifying Administrative Rules ▪ Bills on the Veto Calendar (Joint Rule 23) ▪ Unfinished Business
APRIL 6 (Beginning of the 13 th week)	Amendments need not be filed on the day preceding floor debate (House Rule 31.8)
APRIL 21	100 th calendar day of the session [Per diem expenses end - Iowa Code Sec. 2.10(1)]

**The February 21 and March 20 committee deadlines do not apply to Appropriations Bills, Ways and Means Bills, Government Oversight Bills, Legalizing Acts, Administrative Rules Review Committee Bills, Committee Bills related to delayed or suspended Administrative Rules [Iowa Code Sec. 17A.8(9)], Bills co-sponsored by Majority and Minority Leaders of one House, Conference Committee Reports, Companion Bills sponsored by the Majority Leaders of both Houses after consultation with the respective Minority Leaders, Concurrent or Simple Resolutions, and Joint Resolutions nullifying Administrative Rules.
Legislative Information Office: 07/03/2019

INSTITUTE OF REGULATORY EXCELLENCE: NEW FELLOWS ANNOUNCED

NCSBN inducted its 13th group of Fellows of the NCSBN Institute of Regulatory Excellence (IRE) during the NCSBN Annual Meeting and Delegate Assembly, held in Chicago, Aug. 21-23, 2019.

The IRE began in 2004 with the purpose of providing boards of nursing (BONs) with high-quality regulatory education, expanding the body of knowledge related to regulation through research and scholarly work, developing the capacity of regulators to become expert leaders, and developing a network of regulators who collaborate to improve regulatory practices and outcomes.

JIMMY REYES

Ph.D.(c), DNP, AGNP, RN, FRE, CNE



*Iowa Board of Nursing, Associate
Director of Practice & Education*

The 2019 Class of Fellows Includes:

- Bonnie Crumley Aybar, MSN, RN, CPAN, New Hampshire Board of Nursing
- Jackie Baer, DNP, APRN, FNP-BC, South Carolina Board of Nursing
- Denise Benbow, MSN, RN, Texas Board of Nursing
- Tammy Buchholz, MSN, RN, CNE, North Dakota Board of Nursing
- Janeen Dahn, PhD, RN, FNP-C, Arizona State Board of Nursing
- Diana Heywood, MN, RN, College of Registered Nurses of Manitoba
- Karl Hoehn, JD, Washington State Nursing Care Quality Assurance Commission
- Leanne Matthes, MA, College of Registered Nurses of Manitoba
- Angela McNabb, MN, RN, CPMHN, College of Nurses of Ontario
- Renata Neufeld, MPA, College of Licensed Practical Nurses of Manitoba
- Kristie Oles, EdD, MSN, RN, Ohio Board of Nursing
- LaDonna Patton, MSN, RN, CEN, Alabama Board of Nursing
- Janice Penner, MSN, RN, British Columbia College of Nursing Professionals
- Jimmy Reyes, DNP, AGNP, RN, Iowa Board of Nursing

SEE A SUMMARY OF DR. REYES' RESEARCH PROJECT ON THE NEXT PAGE

REFERENCES: American Telemedicine Association. (ATA). (2011). *Telenursing fact sheet*. Retrieved from http://www.americantelemed.org/docs/default-document-library/fact_sheet_final.pdf?sfvrsn=2 van Houweligen, T.M., Moerman, A. H., Ettema, R. G. A., Kort, S. M., & Cate, O. t.

(2016). Competencies required for nursing telehealth activities: A delphi-study. *Nurse Education Today*, 39, 50-62.

Funding Source: National Council of State Boards of Nursing



**COMPETENCIES FOR THE IMPLEMENTATION AND PROVISION OF
TELEHEALTH MODALITIES BY REGISTERED NURSES AND
ADVANCED PRACTICE REGISTERED NURSES IN A RURAL STATE**

JIMMY REYES, *Ph.D.(c), DNP, AGNP, RN, FRE, CNE*



INTRODUCTION

Telehealth modalities and the role and responsibilities of registered nurses (RNs) and advanced practice registered nurses (APRNs) using this technology continues to change and evolve in the United States. As indicated by the National Council of State Boards of Nursing (NCSBN) (2014) and the American Hospital Association (AHA) (2015), the delivery of nursing services via telehealth constitutes the practice of nursing. Yet, little is known about the education and competencies needed to effectively provide care via telehealth modalities by RNs and APRNs. In addition, there is even less information on the implementation of a standardized curriculum on required telehealth competencies.

OBJECTIVES

The objective of this study was to discuss the needed competencies for the implementation and provision of telehealth modalities by RNs and APRNs.

METHODS

This study used a descriptive qualitative approach using semi-structured interviews to explore the needed competencies for the implementation and provision of telehealth modalities.

Characteristics	n=15
Gender, number (%)	
Female	15 (100)
Male	0 (0)
Educational level, number (%)	
Associate Degree in Nursing	0 (0)
Bachelor of Science in Nursing	2 (13)
Bachelor of Science in Nursing, Education	4 (27)
Master of Science in Nursing, Administration	5 (33)
Master of Science in Nursing, Advanced Practice	2 (13)
Doctor of Nursing Practice (DNP)	1 (7)
Doctor of Philosophy in Nursing	1 (7)
Doctor of Philosophy (other)	0 (0)
Setting, number (%)	
Higher Education Institution	5 (33)
Critical Access Hospital	6 (40)
Urban Hospital	3 (20)
Community Health Agency	1 (7)
Association/Government	0 (0)
Location (per state of Iowa definition)	
Urban	5 (33)
Rural	10 (67)

Themes	Competencies
Foundational clinical knowledge	Focused assessment
	Analysis and interpretation of data
	Communication
	Privacy and confidentiality
Technology-driven skills	Use of technology and software application
	Sharing information via electronic approaches
	Troubleshooting issues

RESULTS

The findings revealed that RNs and APRNs require both a subset of foundational clinical knowledge and technology-specific competencies and skills to build and enhance telehealth delivery capacity.

Sub-themes emerged which included focused assessment, analysis and interpretation of data, communication, privacy and confidentiality, use of technology and software application, sharing information via electronic approaches and troubleshooting issues.

Educating RNs and ARNPs on the effective use of telehealth modalities may improve healthcare delivery, patient satisfaction, patient outcomes, and optimize healthcare services by reducing costs and improving access to services.

CONCLUSIONS

This study described the needed competencies and requirements for the delivery and implementation of telehealth modalities.

In addition, this study underscored the importance of integrating both foundational clinical knowledge and telehealth-related competencies in nursing education programs as there is a systematic absence of skills, knowledge, and behaviors to effectively and safely implement this technology.

The findings may be of value to schools of nursing, healthcare facilities, and regulatory bodies as competencies may be used to develop curriculum and standards of practice.

NEXT STEPS

Work with Iowa Board approved schools of nursing to include telehealth competencies and content in their curriculum.

Develop rules and regulations on the practice of telehealth in Iowa.

THE IOWA BOARD OF NURSING IS SEEKING QUALIFIED INDIVIDUALS TO APPLY FOR THE IOWA NURSE ASSISTANCE PROGRAM COMMITTEE (INAPC)



The Iowa Nurse Assistance Program invites nurses interested in participating in a voluntary committee to submit their information to the Iowa Board of Nursing. The INAPC serves as an advisory resource to the INAP program. Committee member duties include reviewing case files to determine eligibility, contract compliance and non-compliance reviews, in-person committee meetings, collaboration with INAP staff and program guidance. Interested candidates should read the membership descriptions and address which qualification they are requesting to fill.

The Iowa Nurse Assistance Program is a confidential monitoring/advocacy program based on Iowa Administrative Rules 655, chapter 19. The Iowa Nurse Assistance Program Committee will meet face to face on a quarterly basis or more frequently if warranted. **Committee members shall be appointed for three-year terms and shall serve for a maximum of three terms. The next INAP Committee term will serve December 2019—December 2022.**

655-19.1(272C) Iowa nurse assistance program committee. Pursuant to the authority of Iowa Code section 272C.3(1)"k" the board establishes the Iowa nurse assistance program committee (INAPC), formerly known as the licensee review committee, to implement the Iowa nurse assistance program (INAP). The purpose of the INAPC is to provide a program to *support the evaluation and monitoring of licensees* who are impaired as a result of alcohol or drug use, dependency, or addiction, or by any mental or physical disorder or disability, while protecting the health, safety and welfare of the public.

655—19.3(272C) Organization of the committee. The board shall appoint the members of the INAPC.

19.3(1) Membership. The membership of the INAPC includes, but is not limited to:

- a. The executive director of the board or the director's designee from the board's staff;
- b. One board of nursing licensee who has maintained sobriety for a period of no less than two years *following successful completion of a recovery program*;
- c. One licensed health care provider with expertise in substance use disorders;
- d. One licensed provider with expertise in mental health; and
- e. One public member.

Qualified individuals may apply to be a member of the committee by submitting a letter of intent, addressing qualifications as stated in 19.3(1), and a current resume to the Iowa Board of Nursing, Attention: Kathy Weinberg, Executive Director, by October 31, 2019 to kathy.weinberg@iowa.gov or mail the items to:

Kathy Weinberg, Executive Director
Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309

INAP Mission: INAP shares the mission of the Iowa Board of Nursing to protect public health, safety and welfare by regulating the licensure of nurses, the practice of nurses, nursing education and continuing education.

INAP Objectives:

- Protect the public while monitoring the nurse to assure safe practice
- Encourage early identification, entry into treatment, and entry into a contractual agreement for monitoring of compliance
- Facilitate nurses to maintain an ongoing recovery consistent with patient safety

IOWA NURSE ASSISTANCE PROGRAM



OFFERED BY THE IOWA BOARD OF NURSING



ASSURING SAFE

NURSING CARE IN IOWA

A confidential monitoring program for nurses

How to Self-Report

- INAP self-report forms are available on the Iowa Board of nursing website under the INAP link.
- Nurses should submit a completed 1) self-report, 2) intake form 3) release of information form and 4) INAP fact sheet to start the INAP process.
- Nurses should contact INAP after they self report for an interview and to determine the next steps.

CONTACT US:

Iowa Nurse Assistance Program
 400 SW 8th Street, Suite B Des Moines, Iowa 50309
 Email: INAP@iowa.gov
 Phone: 515-725-4008
 INAP Cell: 515-318-9371
 Confidential Fax: 515-725-4017
 Web: nursing.iowa.gov

For more information please refer to the INAP handbook on the Board of Nursing website

THE IOWA NURSE ASSISTANCE PROGRAM CAN HELP

What?



WHAT IS THE IOWA NURSE ASSISTANCE PROGRAM (INAP)?

INAP is a self-report monitoring program for nurses who may be impaired as a result of substance use, a mental health condition or a physical condition. INAP is a voluntary, confidential program. It provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status. Participants who are compliant to program requirements may not be reported to the Board.

WHAT IS REQUIRED?

To be considered for INAP, licensees need to be in recovery, be compliant to treatment recommendations and sign a three year monitoring contract. The contract can include limitations on nursing practice or employment, drug screening, progress reports, self-help meetings, peer support groups and ongoing treatment. Licensees are required to follow all recommendations of the treatment team. Participants are responsible for all costs of treatment and the program.

Who?



WHO MAY BE ELIGIBLE FOR THE PROGRAM?

- All licensees seeking entry require INAP Committee approval
- Nurses with a physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected
- Nurses in recovery who voluntarily enter INAP and admit to violations

WHO MAY NOT BE ELIGIBLE?

- The INAP Committee will determine ineligibility on a case by case basis
- Nurses who divert drugs for profit
- Nurses who adulterate/misbrand or tamper with drugs intended for patients
- Nurses who provide inaccurate or fraudulent information or fail to fully cooperate
- Nurses who participated in the program or similar program offered by other states without success
- Nurses who are not in recovery and deny violations

Why?



IMPAIRMENT CAN COST YOUR JOB AND LICENSE.

WHY INAP WAS ESTABLISHED

A nurse's ability to safely practice may be affected if a nurse routinely use substances or has a mental health condition. The program is designed to encourage health professionals to seek a recovery program before their condition harms a patient or results in disciplinary action.

WHY INAP WORKS

INAP is a supportive program that promotes and monitors nurses in recovery. INAP addresses the treatment needs specific for the individual and actively monitors progress.

INAP Services Include:

- Intake assessment, support and treatment referrals
- Ongoing nurse monitoring including random body fluid testing
- Reporting non-compliant participants to the Board to ensure public safety

APPROPRIATE DELEGATION CONTRIBUTES TO PATIENT SAFETY AND BETTER PATIENT OUTCOMES

See this news release from the National Council of State Boards of Nursing (NCSBN) regarding new guidelines.

NCSBN and ANA issued new joint National Guidelines for Nursing Delegation (https://www.ncsbn.org/NGND-PosPaper_06.pdf) utilizing new research findings and evidence in the literature to update and standardize the nursing delegation process. The new guidelines are applicable to all levels of nursing licensure where the nurse practice act is silent.

The National Guidelines for Nursing Delegation can be applied to:

- Advanced practice registered nurses (APRNs) when delegating to registered nurses (RNs), licensed practical/vocational nurses (LPN/VNs) and assistive personnel (AP);
- RNs when delegating to LPN/VNs and AP; and
- LPN/VNs (as allowed by their state/jurisdiction) when delegating to AP.

NCSBN and ANA note that the guidelines do not apply to the transfer of responsibility for care of a patient between licensed health care providers (e.g., RN to another RN or LPN/VN to another LPN/VN), which is considered a handoff. The new guidelines replace the previous ones issued in 2010.

Retrieved from NCSBN “Good Morning Members – June 6, 2019” News Release

IMPORTANT NOTE:

THE NATIONAL TRANSPORTATION SAFETY BOARD issues the following recommendation for licensed professionals with prescriptive authority: “Remember to routinely discuss with patients the effect a person’s diagnosed medical conditions or prescription medications may have on his or her ability to safely operate a vehicle in any mode of transportation.”

In respect to best practices, also remember to document patient teaching regarding the above recommendation.

FOLLOW THE BOARD ON FACEBOOK , TWITTER, AND YOUTUBE OR VISIT OUR WEBSITE!



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IABOARDOFNURSING



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WWW.NURSING.IOWA.GOV



PAPERLESS LICENSURE IS LIVE!

Get your licensure verification online at IBON Online Services, by clicking this link:
https://eservices.iowa.gov/PublicPortal/iowa/IBON/public/license_verification.jsp



WHAT'S THE PROCESS NOW?

A nurse will complete the appropriate application process and instead of receiving a paper wallet card in the mail they will receive an email after their application is complete stating they hold an active Iowa license, with a number and information concerning verifying their license online. A 5" x 7" certificate will continue to be sent out for an initial license and an endorsement license at this time.

WHAT ARE THE BENEFITS OF GOING PAPERLESS?

- The best licensure verification is obtained online
- Licensure status can be verified electronically anytime from anywhere
- Licensure status is updated in real time
- The threat for fraud is virtually taken away
- Staff time in sending out wallet cards is eliminated
- The licensing process becomes more efficient.

Per the National Council of State Boards of Nursing Member Board Profiles, 32 states issue initial licenses paperless and 39 states issue renewals paperless.



WHY SHOULD I UTILIZE THE IOWA BOARD OF NURSING WEBSITE?

Maggie Schwarck, Associate Director of Licensing

The Iowa Board of Nursing website at nursing.iowa.gov has a wealth of information. You can learn about licensure applications, license verification, continuing education rules, filing an enforcement complaint, the Nurse Licensure Compact, and so much more.

- Did you know that the website homepage has a YouTube link to tutorials that help you create and access your online account?
- Did you know that you can access the IBON Online Services tab with links to online licensure applications from the website homepage?
- Did you know that you can obtain board phone numbers and e-mail addresses by specialty area on the website?
- Did you know that you can access Iowa laws and administrative rules for nursing from the website home page?
- Did you know that you can learn about the eligibility criteria for entrance into the Iowa Nurse Assistance Program (INAP) on the website?
- Did you know that you can order a roster of licensees online?

The Iowa Board of Nursing website has the following features to help you navigate throughout the website.

- Tab Headings
 - Hover over the tab headings to see the drop down box with specific information related to that heading.
- Search Bar
 - Type a key word into the search bar.

The Iowa Board of Nursing website provides answers to the most frequently asked questions (FAQs). The FAQ links by topic area can be accessed from the homepage, the tab headings and the search bar.

Utilizing the Iowa Board of Nursing website at nursing.iowa.gov will save you time and provide you with information that is comprehensive and useful. Take some time to browse through the website and see what a great resource it is for you!



DON'T FORGET TO RENEW YOUR LICENSE

REMEMBER:

Your renewal deadline always occurs on the 15th of your birth month.

IT'S EASY! JUST FOLLOW THESE 4 SIMPLE STEPS:

1. Go to the Iowa Board of Nursing website at <https://nursing.iowa.gov>
2. Select "IBON Online Services" and click on the link entitled "Renew an Existing RN, LPN or ARNP license."
3. Sign in with your account ID and password (<http://bit.ly/IABOARDOFNURSING>). If it is your first time using the online system, follow the steps to create an account.
4. Complete the application and pay the renewal fee by either credit or debit card.

THAT'S IT - YOUR LICENSE IS RENEWED!

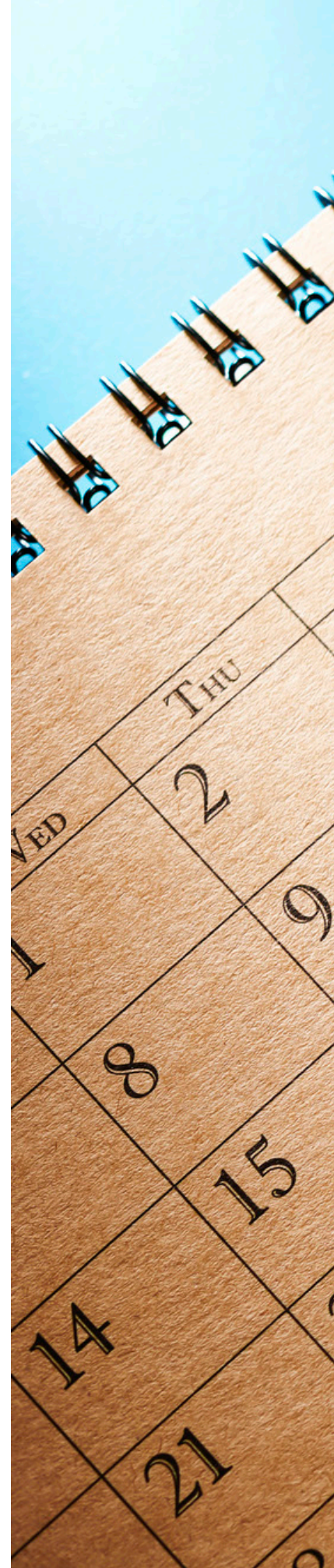
Licensees should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

LICENSE EXPIRATION DATE	RENEWAL DATE RANGE	LATE FEE ASSESSED	INACTIVE STATUS (IF NOT RENEWED)
October 15, 2019	August 15, 2019 – October 15, 2019	October 16	November 16, 2019
November 15, 2019	September 15, 2019 – November 15, 2019	November 16	December 16, 2019
December 15, 2019	October 15, 2019 – December 15, 2019	December 16	January 16, 2020
January 15, 2020	November 15, 2019 – January 15, 2020	January 16	February 16, 2020

A \$50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

The continuing education requirement for all license renewals is 36 contact hours (3.6 CEUs) of nursing continuing education. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Effective 1/1/2018, all license renewals require 36 contact hours of continuing education, regardless of the term of the license.



COMMUNICATING WITH THE IOWA BOARD OF NURSING



The Iowa Board of Nursing requests that licensees and the public use the board web site nursing.iowa.gov for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

QUESTIONS ABOUT	CONTACT
<ul style="list-style-type: none"> • Disciplinary issues • Sanctioned cases 	<ul style="list-style-type: none"> ☎ (515) 281-6472 ✉ enforce@iowa.gov
<ul style="list-style-type: none"> • Alternative to Discipline Program (Iowa Nurse Assistance Program) 	<ul style="list-style-type: none"> ☎ (515) 725-4008 ✉ inap@iowa.gov
<ul style="list-style-type: none"> • Scope of nursing practice in Iowa 	<ul style="list-style-type: none"> ☎ (515) 326-4400 ✉ nursingpractice@iowa.gov
<ul style="list-style-type: none"> • Formal nursing education in Iowa 	<ul style="list-style-type: none"> ☎ (515) 326-4400 ✉ nursingeducation@iowa.gov
<ul style="list-style-type: none"> • Nurse Licensure Compact Agreement (Multi-state license) • NCLEX accommodations • Foreign graduate applications for licensure 	<ul style="list-style-type: none"> ☎ (515) 281-5535 ✉ maggie.schwarck@iowa.gov
<ul style="list-style-type: none"> • License verification • RN or LPN renewal application • RN or LPN reactivation application • ARNP Renewal 	<ul style="list-style-type: none"> ☎ (515) 281-3264 ✉ ibon.renewal@iowa.gov ✉ ibon.reactivation@iowa.gov ✉ arnpren@iowa.gov
<ul style="list-style-type: none"> • Name/address changes • Inactive status 	<ul style="list-style-type: none"> ☎ (515) 281-4826 ✉ ibon@iowa.gov
<ul style="list-style-type: none"> • Application for licensure by examination 	<ul style="list-style-type: none"> ☎ (515) 281-6488 ✉ newnurse@iowa.gov
<ul style="list-style-type: none"> • Endorsement application • ARNP initial application 	<ul style="list-style-type: none"> ☎ (515) 281-4827 ✉ endorse@iowa.gov ✉ initialarnp@iowa.gov
<ul style="list-style-type: none"> • Continuing education rules • Continuing education provider rules • Special approval of continuing education courses 	<ul style="list-style-type: none"> ☎ (515) 201-2509 ✉ laura.hudson@iowa.gov
<ul style="list-style-type: none"> • Continuing education audits 	<ul style="list-style-type: none"> ☎ (515) 281-8258 ☎ (515) 725-1107 (Audit Fax) ✉ ibon.audit@iowa.gov
<ul style="list-style-type: none"> • Editor, Iowa Board of Nursing newsletter • Website content 	<ul style="list-style-type: none"> ☎ (515) 201-2509 ✉ laura.hudson@iowa.gov
<ul style="list-style-type: none"> • Rosters or listings of nurses 	<ul style="list-style-type: none"> ☎ (515) 281-5899 ✉ gail.beebe@iowa.gov

TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

To update your IBON record:

Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:

1. Go to IBON Online Services and select "Update Contact Information."
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click "Sign In."
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

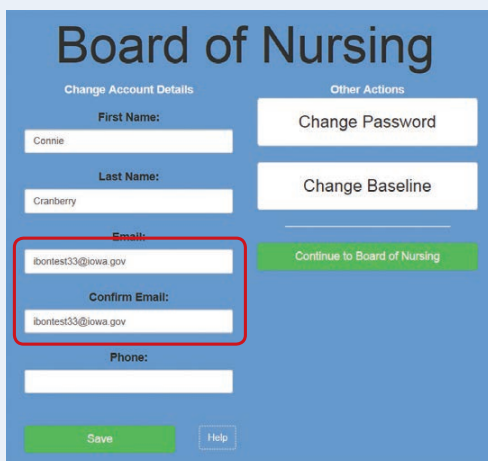
To Update your login i.d.

Your login email is different from the email address in your license record. The login email is used by the state's mandated authentication services for all state business. If you forget your login i.d., the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.

1. Go to IBON Online Services and select "Update Contact Information." This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, **BUT instead of clicking on "Sign In," click on "Account Details."**



3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.



Additional note:

If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices:

1. Create a new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy.Smith@iowaid could become Suzy.Smith2@iowaid.
2. You can request assistance through the state's Help Desk from the links available in the lower right corner of the login screen, or by calling 515-281-5703, or 1-800-532-1174.

CHANGE OF ADDRESS/NAME

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

TODAY'S DATE: _____

LAST NAME: _____

FIRST NAME: _____

MIDDLE NAME: _____

SSN: _____ / _____ / _____

RN/LPN# _____

RESIDENT STATE: _____

EMAIL: _____

NAME CHANGE: YES NO

PREVIOUS NAME: _____

OLD ADDRESS

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

NEW ADDRESS

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

- I'M ON ACTIVE MILITARY DUTY
- I'M A FEDERAL EMPLOYEE
- I'M AN LPN CURRENTLY IN THE PROCESS OF OBTAINING AN RN LICENSE

MAIL TO:

Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309

OR

Email information to: ibon@iowa.gov
Update address online at nursing.iowa.gov
Select IBON online services

EDUCATION OF LICENSEES

The following chart illustrates the total number of active licensees and the original RN graduate award level.

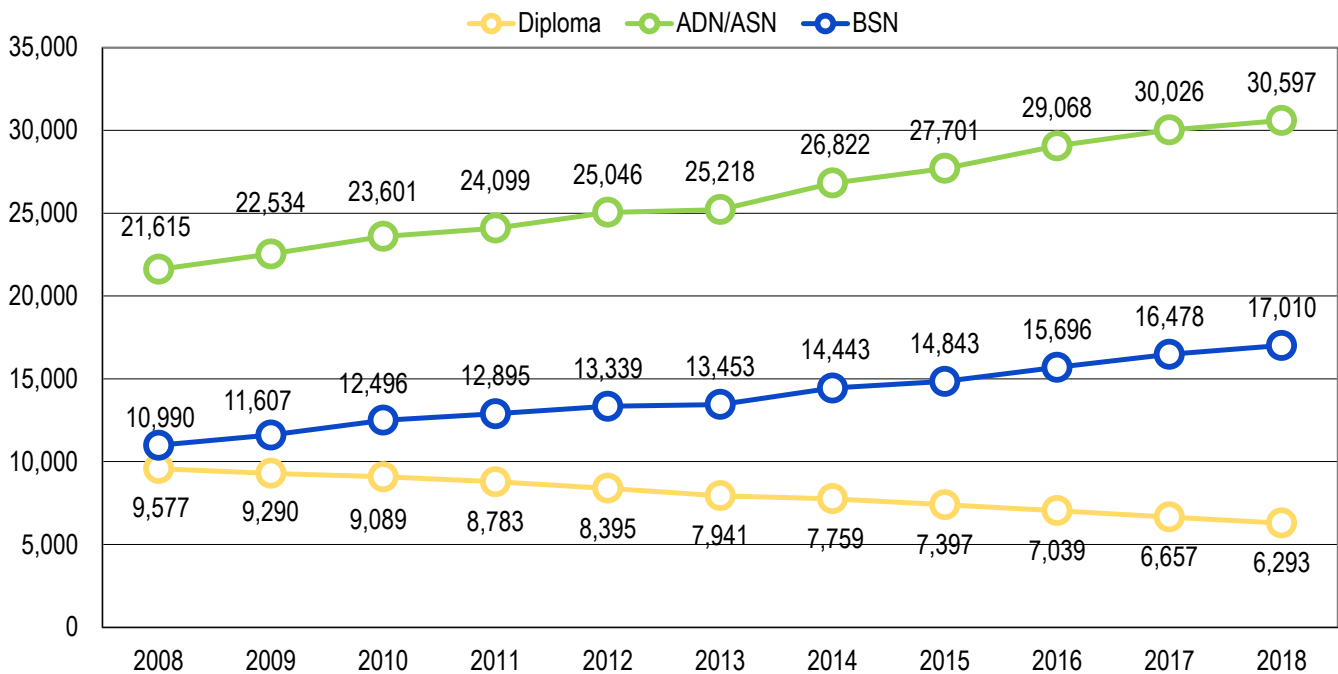
Diploma programs were nursing programs associated with a hospital or medical facility. Diploma numbers continue to decline following the closing of the last Iowa diploma program in 1999, and the retirements of nurses who attended the diploma programs.

The number of Associate Degree in Nursing/ Associate of Science in Nursing (ADN/ASN)

graduates and Bachelor of Science in Nursing (BSN) graduates have continued to rise over the last 11 years. However, the total number of graduates from ADN/ASN programs continues to outpace the number who earn a BSN degree upon original licensure.

Since 2008, the number of ADN/ASNs awarded has increased by 41.5 percent while the number of 4-year degrees earned has increased by 54.7 percent.

FIGURE 5: Basic RN Education, Graduates by Award Level (2008-2018)



Total BSN graduates have increased
AT A RATE OVER 13%
GREATER THAN ADN/ASN graduates
(2008 - 2018)

The latest version of the *Nursing Trends Report* was released at the Iowa Board of Nursing meeting held in July. The Iowa Center for Nursing Workforce is under the umbrella of the Iowa Board of Nursing and produces the Trends report using license survey data. Data in the report is based on actively licensed nurses who may or may not be employed in Iowa. The report provides a high level analysis of the trends in workforce and available nursing education programs in Iowa. Licensees are not required to update workforce information between renewals, which occur every three years for Iowa nurses. The graphs on pages 17 & 18 are excerpts from the full report which can be found on the Center’s web page at this link: <https://nursing.iowa.gov/iowa-center-nursing-workforce>.

The following chart identifies the highest degree held by active licensed RNs. All degree categories identified by RNs experienced an *overall* increase since 2008 with the exception of diplomas which is a reflection of the absence of diploma nursing programs in Iowa and the aging workforce.

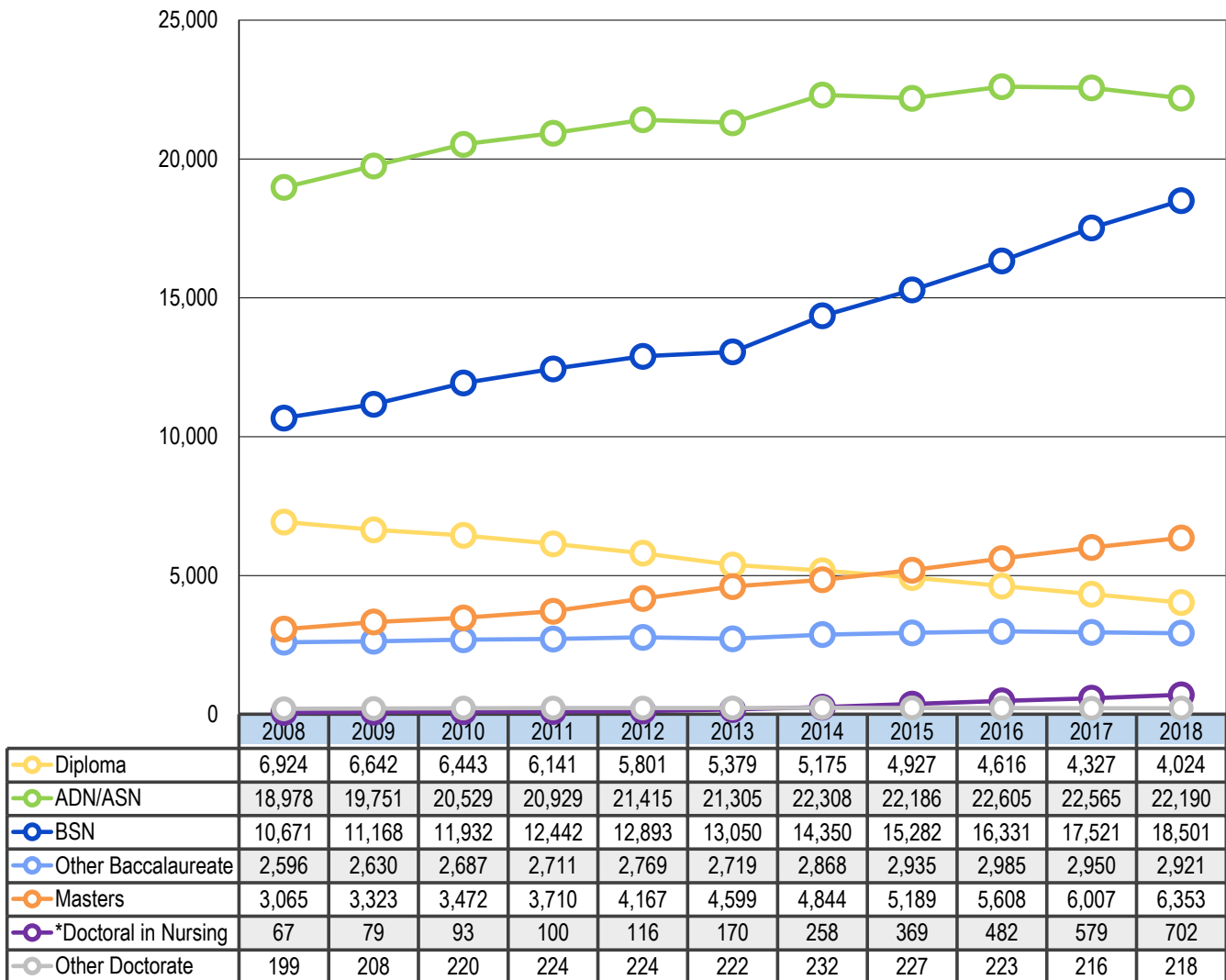
There was a 15.7 percent increase between 2017 and 2018 for RNs who reported a doctorate as their highest degree. During this same time period, there was a 21.2 percent increase in RNs who specifically reported a doctoral level in nursing as their highest degree.

In addition, there was an increase of 5.5 percent during 2017-2018 timeframe among RNs who reported a BSN as their highest degree level and a 4.6 percent increase in baccalaureate degrees, overall.

Nurses with Master’s degrees as their highest level of education more than doubled from 2008, with 3,065 reporting to 6,353 reporting in 2018.

In 2018, over half (52.2%) of total RN licensees reported a highest degree level of a baccalaureate or higher.

FIGURE 9: Highest Degree Held by Active Licensed RNs (2008-2018)



*For 2018, of the 702 doctoral in nursing degrees reported: 537 are Doctor of Nursing Practice (DNP) degrees, 32 are other doctoral nursing degrees, and 133 are PhDs in nursing.



The Iowa Healthiest State Initiative and the Iowa Action Coalition are counting on nurses to help them get their message out! What could you do, as an individual to get involved? Or, how about getting your co-workers together for a work project? See the latest announcement about the 5-2-1-0 Healthy Choices Count! campaign below.

The Healthiest State Initiative, in partnership with the Iowa Department of Public Health, has launched a new opportunity for Iowa workplaces (<http://bit.ly/HealthyState1>) to support healthy choices for their employees. Employers of all sizes and representing all sectors are invited to sign up (<http://bit.ly/HealthyState2>) as a 5-2-1-0 Healthy Choices Count! Registered Workplace.

5-2-1-0 Healthy Choices Count! in the Workplace breaks down the key concepts of workplace wellness into the focus areas of **Eat Well, Move More and Feel Better.**

Registered sites will receive resources to start or enhance an existing wellness program, as well as statewide recognition and eligibility to apply for a Healthiest State Annual Workplace Award. Sign up your employer today!

“The health of Iowa’s workforce is vital to the success and sustainability of our state in the future. We’re calling on employers statewide to make the healthy choice the easy choice for their employees by aligning their wellness efforts to achieve the goals outlined by the 5-2-1-0 Healthy Choices Count! initiative.”

— Gerd Clabaugh, Director of the Iowa Department of Public Health

Registration now open!

5 2 1 0 Healthy Choices Count!

in the WORKPLACE

Join an important network of sectors making the healthy choice the easy choice for all Iowans!

www.iowaHealthiestState.com/5210
[#HealthyChoicesCount](https://twitter.com/HealthyChoicesCount)



BOARD ORDERS

PREVIOUSLY NAMED SANCTIONED CASES

You may look up an order by:

- name,
- case number, or
- license number.

Sanctioned licenses should be verified through our website to determine current status. Reading the entire order provides the best understanding of what the licensee was disciplined for, and what sanction they received.

Web: <https://nursing.iowa.gov>

- Click on IBON Online Services.
- Click on Discipline Documents.



Iowa Board of Nursing

400 S.W. 8th Street Suite B
Des Moines, IA 50309-4685

Tel: (515) 281-3255

Fax: (515) 281-4825

JUN-19

Debra	M.	Greiner	17-717
Stephanie	M.	Wadell	17-723
Aislinn	A.	Pilloff	18-124
Kristina	D.	Patton	18-181
Brooklyn	D.	Hageman	18-251
Janet	L.	Jordan	18-320
Barbara	J.	Doherty	18-540
Jessica	R.	Williams	18-555
Kathleen	S.	Cannon	19-092

JUL-19

Samantha	G.	Brecount	15-263
Christine	A.	Preston	17-295
Sarah	J.	Nalvanko	17-645
Kristine	A.	Alexander	17-720
Angela	D.	Beik	18-104
Michael	K.	Carlson	18-132
Debra	S.	Jones	18-352
Allison	T.	Chilton	19-105
Valerie	A.	Hulsizer	19-107
Krystal	K.	(Laird) May	19-177
Jennifer	M.	Young	17-150
Lori	L.	Medberry	17-594
Tamara	A.	Hall	17-773
Candia	M.	Parker	18-071
Angelina	T.	Hunter	18-169
Alejandra	Linares	Linares	18-240
Jennifer	M.	Vancil	18-291
Janietta	A.	Badura	18-313
Nicole	B.	Reed	18-417
Alicia	D.	Swenson	18-420
Krista	L.	Hill	18-517
Stephanie	M.	Fallon	18-564
Brandy	K.	Edwards	19-035
Helen	J.	Dorr	19-037
Sara	J.	Singletary	18-264
Shanda	K.	Shears	15-432
Holly	R.	Truckenmiller	16-506

AUG-19

Scott	W.	Selby	18-059
Elisabeth	L.	Jensen	18-283
Natalie	N.	Finken	18-399
Gina	M.	Fox	18-573
Dawn	M.	Petersen-Rios	19-108
Tonya	L.	Atkinson	19-028
Jessie	C.	Gaumer	19-124

Newborn Safe Haven Act

The Newborn Safe Haven Act is a law that allows parents - or another person who has the parent's authorization - to leave an infant up to 30 days old at a hospital or health care facility without fear of prosecution for abandonment. A parent may also contact 911 and relinquish physical custody of an infant up to 30 days old to a first responder of the 911 call. See Iowa Code section 233.2 for full requirements.

What does the hospital or health care facility do when an infant is abandoned or left at an institutional health facility and parent has decided to invoke safe haven?

The person assuming physical custody of the living infant shall, within one business day of assuming custody, contact the birth registration staff at 515-281-3266 or 515-242-6332 with the Iowa Department of Public Health/Bureau of Health Statistics for specific directions and guidance for registering the birth. The person assuming custody must also contact the Department of Human Services for additional assistance.

DHS link: <https://dhs.iowa.gov/safe-haven>
Reference: Iowa Code sections: 233, 144.13 and 144.14.





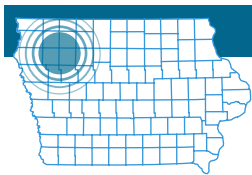
CONTINUING EDUCATION OFFERINGS

ABBREVIATIONS

SPON: SPONSOR
FAC: FACULTY
INFO: MORE INFO ONLINE

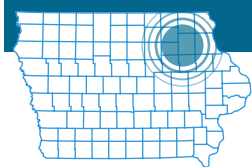
AUD: AUDIENCE
INC: INCLUDES/INCLUDING
REG BY: REGISTER BY

TBA: TO BE ANNOUNCED
NG: NOT GIVEN
NR: NONRESIDENT



REGION 1 NORTHWEST COUNTIES OF IOWA

No CE listings available at this time.



REGION 2 NORTHEAST COUNTIES OF IOWA

📅 11/14/2019; 8:30am - 3:30pm

📍 Cedar Rapids, IA

The Science of Fat and Sugar: Appetite, Eating Disorders, & the Reward System

SPON: Institute for Natural Resources (INR) #288

CONTACT: Deborah Cheung

PHONE: (925) 609-2820

SUMMARY: The seminar “The Science of Fat and Sugar” concentrates on the recent advances in the field of nutrition science and the applicable guidance

for nurses and other health care professionals.

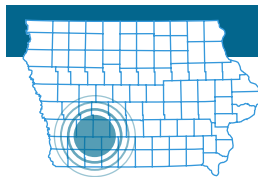
FAC: Dr. Laura Pawlak, PhD

INFO: www.inrseminars.com

AUD: RN, LPN, NP

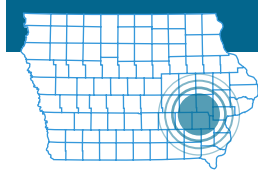
REG BY: 11/14/2019 FEE: \$83.00

CONTACT HOURS: 6



REGION 3 SOUTHWEST COUNTIES OF IOWA

No CE listings available at this time.



REGION 4 SOUTHEAST COUNTIES OF IOWA

📅 11/07/2019; 8:00am - 4:30pm

📅 11/08/2019; 8:00am - 4:05pm

📍 Coralville, IA

Sepsis State of the Art: 1st Annual Interprofessional Management of the Critically Ill

SPON: University of Iowa Hospitals & Clinics Dept of Nursing #34

CONTACT: Lou Ann Montgomery, PhD, RN, BC

PHONE: (319) 356-4304

SUMMARY: The purpose of this two-day conference is to highlight the latest evidence-based practice & strategies for managing sepsis & other critical care issues.

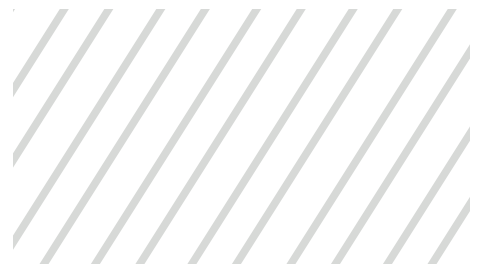
FAC: Timothy Girard, MD, MSCI; Associate Professor of Critical Care Medicine, University of Pittsburgh & UPMC Health System

INFO: <https://uihc.org/nursing-continuing-education-schedule>

AUD: Physicians, Hospitalists, Advanced Registered Nurse Practitioners, Physician Assistants, Pharmacists, Nurses, Respiratory, Physical, Occupational & Speech Therapists, Dieticians & Social Workers

REG BY: 10/20/2019 FEE: \$100.00

CONTACT HOURS: 12.9



📅 11/13/2019; 8:30am - 3:30pm

📍 Bettendorf, IA

**The Science of Fat and Sugar:
Appetite, Eating Disorders, & the
Reward System**

SPON: Institute for Natural Resources (INR) #288

CONTACT: Deborah Cheung

PHONE: (925) 609-2820

SUMMARY: The seminar “The Science of Fat and Sugar” concentrates on the recent advances in the field of nutrition science and the applicable guidance for nurses and other health care professionals.

FAC: Dr. Laura Pawlak, PhD

INFO: www.inrseminars.com

AUD: RN, LPN, NP

REG BY: 11/14/2019 FEE: \$83.00

CONTACT HOURS: 6

📅 11/15/2019; 7:30am - 3:45pm

📍 Iowa City, IA

**Staying Alive: A Conference
Focusing on Cardiac, Stroke and
Trauma Topics**

SPON: Mercy Hospital Iowa City #87

CONTACT: Dawn Kueny

PHONE: (800) 358-2767

SUMMARY: Healthcare providers are placed in fast-paced, constantly changing environment, challenging them to make crucial decisions, related to cardiac, stroke and trauma cases.

FAC: Santiago Ortega, MD, MS

INFO: www.mercyiowacity.org

AUD: Nurses, nurse practitioners, physicians, physician assistants and

other interested healthcare care providers

REG BY: 11/04/2019 FEE: \$65.00

CONTACT HOURS: 6

📅 11/21/2019; 8:45am - 4:00pm

📍 Iowa City, IA

**Basic Fetal Monitoring
Workshop**

SPON: University of Iowa Hospitals & Clinics Dept of Nursing #34

CONTACT: Lou Ann Montgomery, PhD, RN, BC

PHONE: (319) 356-4304

SUMMARY: This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes & interventions to assist in the management of patients. Documentation issues & methods of antepartum testing will be included.

FAC: Jeana Forman, MSN, RNC

INFO: <https://uihc.org/nursing-continuing-education-schedule>

AUD: Licensed Nurses

REG BY: 10/31/2019 FEE: \$110.00

CONTACT HOURS: 5.4

📅 12/05/2019; 7:30am - 5:00pm

📅 12/06/2019; 7:30am - 5:00pm

📍 Iowa City, IA

**Trauma Nursing Core Course
8th Edition Provider Course**

SPON: Mercy Hospital Iowa City #87

CONTACT: Dawn Kueny

PHONE: (800) 358-2767

SUMMARY: This intense course will provide standardized training according to the Trauma Nurse Core Course 8th Edition Curriculum.

FAC: TNCC Approved Instructors

INFO: www.mercyiowacity.org

AUD: Registered Nurses and Other Interested Health Care Providers

REG BY: 11/27/2019 FEE: \$330.00

CONTACT HOURS: 18.3



📅 11/01/2019; 8:00am - 5:00pm

📍 Des Moines, IA

Medical Therapeutic Yoga

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

SUMMARY: Yoga is embraced by Americans as a wellness activity, with practitioners increasing by 20 million from 2010 to 2016. The intersection of yoga and therapeutic rehabilitation is an easy one, as a holistic focus has long been an attribute of rehabilitation. Yoga's focus on health and wellness and its biopsychosocial-spiritual philosophy make this topic appropriate for all healthcare practitioners. This course includes both an on-line and on-site component.

FAC: Laura Covill, PT, DPT, OCS, PYT and Kathryn Cardamon, PT, MPT, CLT, PYT-C

INFO: <https://cme.dmu.edu/yoga2019>

AUD: All Nurses

FEE: \$375.00

CONTACT HOURS: 14

📅 11/04/2019; 8:15am - 5:15pm

📍 Des Moines, IA

Basking Babies' 2019 Conference: Breastfeeding Iowa

SPON: MercyOne Des Moines
Medical Center #17

CONTACT: Angela Swieter

PHONE: (515) 643-5321

SUMMARY: Healthcare providers and breastfeeding advocates will learn and discuss the newest evidence based research regarding breastfeeding.

FAC: Jennifer Thompson, DC,
CACCP

INFO: bit.ly/BBBIowa19

AUD: Midwives, Nurses, Lactation
Consultants, Doulas, Dietitians, etc.

FEE: \$95.00

CONTACT HOURS: 6.25

📅 11/14/2019; 8:00am - 4:00pm

📍 Des Moines, IA

Iowa Diabetes + Wellness Summit

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

SUMMARY: The summit will provide an engaging forum to discuss latest practices, opportunities, resources, and tools for addressing diabetes prevention, control and management. National,

state and local experts will share innovative and best practice strategies for reducing the burden of diabetes and empowering patients and their families to live healthier lives.

FAC: Laura Covill, PT, DPT, OCS,
PYT and Kathryn Cardamon, PT,
MPT, CLT, PYT-C

INFO: <https://cme.dmu.edu/Diabetes2019>

AUD: All Nurses

FEE: \$50.00

CONTACT HOURS: 5.25

📅 11/15/2019; 8:30am - 3:30pm

📍 Des Moines, IA

The Science of Fat and Sugar: Appetite, Eating Disorders, & the Reward System

SPON: Institute for Natural
Resources (INR) #288

CONTACT: Deborah Cheung

PHONE: (925) 609-2820

SUMMARY: The seminar "The Science of Fat and Sugar" concentrates on the recent advances in the field of nutrition science and the applicable guidance for nurses and other health care professionals.

FAC: Dr. Laura Pawlak (PhD)

INFO: www.inrseminars.com

AUD: RN, LPN, NP

FEE: \$83.00

CONTACT HOURS: 6

📅 11/15/2019; 9:00am - 4:00pm

📍 Des Moines, IA

Closing the Divide: Integrating Medical & Dental Health Care

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

SUMMARY: We know that oral health is critical to overall health; however, the current model for health care is not set up to support collaboration between oral health and primary care. The Institute of Medicine and others have proposed integrating oral health into primary care as a way to expand access to recommended treatments and promote better health overall. This integration is starting to occur through new approaches to training for both dental and medical providers, promotion of team-based care, and development of medical treatments for oral health problems.

FAC: Varies

INFO: <https://cme.dmu.edu/ClosingtheDivide-2019>

AUD: All Nurses

FEE: \$50.00

CONTACT HOURS: 5

📅 12/05/2019; 12:00am - 5:00pm

📍 Des Moines, IA

DMU Research Symposium

SPON: Des Moines University #112

CONTACT: Julie Ledgerwood

PHONE: (515) 271-1596

SUMMARY: Featuring keynote speaker Julie E. Ledgerwood, DO. Dr. Ledgerwood is the Chief of the Clinical Trials Program at the Vaccine Research Center, National Institute of Allergy and Infectious Diseases, which is a division at the NIH. This is the 10-year anniversary of the DMU Research Symposium which aims to recognize research efforts of those

at DMU and in the surrounding medical and scientific community. There is no cost to attend, but registration is requested.

FAC: Julie Ledgerwood

INFO: <https://cme.dmu.edu/research2019>

AUD: All Nurses

REG BY: 12/05/2019 FEE: \$0.00

CONTACT HOURS: 3.5

HOME STUDY

CE SOLUTIONS, A DIVISION OF VGM EDUCATION

1111 West San Marnan Drive
Waterloo, Iowa 50701

CONTACT: Heather Johnson, MHA

TOLL-FREE: (866) 650-3400

EMAIL:

info@discovercesolutions.com

IOWA PROVIDER NUMBER: 335

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Visit us at www.discovercesolutions.com to purchase. Click Buy Online.

■ Active Shooter: What You Can Do

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility.

FAC: Dorothy de Souza Guedes

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Advance Directives & DNRO

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives.

FAC: Denise Warren

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Antibiotic Stewardship

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: Health care employees will be able to increase their

knowledge of antibiotic use & the benefits of an Antibiotic Stewardship Program to promote the appropriate use of antibiotics, including a system of monitoring to improve resident outcomes & reduce antibiotic resistance.

FAC: Deb Martin, BSN

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Antipsychotics & the Elderly

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications & implications of their use in the elderly population.

FAC: Elizabeth Boldon, BSN, MSN

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Behavioral Health Services

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to provide education to health care employees who are involved in the care of persons with behavioral health disorders.

FAC: Leanne Anthon, MSN, RN

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

Dealing with Difficult People in Healthcare

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400

SUMMARY: Health care professionals will learn how to identify & respond to conflict & disruptive behaviors among coworkers. Research on the negative consequences of conflict on staff morale & patient care are reviewed. Various strategies to deal with negative situations that are a part of every workplace are explained.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$23.95

CONTACT HOURS: 2

Dementia Training Module A

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400

SUMMARY: All staff working in the long-term care setting will increase their knowledge & skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Understanding Alzheimer's Disease, Communication, & Behavior Management.

FAC: Kara Finger

AUD: RN, LPN, ARNP

FEE: \$39.99

CONTACT HOURS: 4

Dementia Training Module B

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400

SUMMARY: All staff working in the long-term care setting will increase their knowledge & skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, & Ethical Issues.

FAC: Kara Finger

AUD: RN, LPN, ARNP

FEE: \$39.99

CONTACT HOURS: 4

Dying with Dignity

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400

SUMMARY: Healthcare providers will place an emphasis on each terminally ill patient's uniqueness that tends to preserve their sense of dignity.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1



Elder Justice Act: What it Means for You

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400

SUMMARY: Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, & related legal decisions since its enactment in 2010.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

Emergency & Disaster Preparedness

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA
PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to provide the learner with general guidelines to follow during emergency & disaster situations to increase the safety for staff & patients.

FAC: California Department of Public Health (CAHF)

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1



■ Ethical Principles in Nursing

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: To enhance the nurse's ability to utilize ethical principles in nursing practice.

FAC: Denise Warren, RN, BSN

AUD: RN, LPN, ARNP

FEE: \$35.95

CONTACT HOURS: 3

■ Infection Control

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: Health care professionals will review & gain knowledge of current & emerging infection control procedures, common health care related infections, & infectious disease outbreaks.

FAC: Mary McGeough, BSN

AUD: RN, LPN, ARNP

FEE: \$23.95

CONTACT HOURS: 2

■ Influenza: The Basics

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The health care practitioner will enhance her knowledge of this season's influenza & best practices for prevention & transmission of the disease.

FAC: Linda Fisk, RN

INFO:

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Leadership in Health Care: General Principles

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$17.95

CONTACT HOURS: 1.5

■ LGBT in Health Care

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: This self-study will help health care staff understand the terminology & basic rights of LGBT seniors in long-term care.

FAC: Heather Johnson, MHA

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Multi-Drug Resistant Organisms

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered & provide recommendations for preventing their spread.

FAC: Denise Warren

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Nurse Leadership Certificate Program

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The nine-part certificate program provides an in-depth understanding of the skills & characteristics necessary to be an effective nurse leader. This series is designed to provide nurses at all levels with practical training that can be put to use in any health care environment.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$199.95

CONTACT HOURS: 12

■ Nursing CEUs (100+ HR)

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care & autoimmune diseases to name just a few.

FAC: Mary McGeough, BSN

AUD: RN, LPN, ARNP

FEE: \$33.95

CONTACT HOURS: 100

■ Nursing Documentation

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: Nurses will gain knowledge & skills related to the documentation of information in the patient's medical record.

FAC: Mary McGeough, BSN

AUD: RN, LPN, ARNP

FEE: \$17.95

CONTACT HOURS: 1.5

■ Pain Management at Life's End

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this course is to integrate recently published pain management evidence into clinical practice & care for the terminally ill. A case scenario approach to this topic will transpire throughout this course to aid in the discovery & application of more effective ways for health care professionals to assist patients

& families in the management of pain at life's end.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$23.95

CONTACT HOURS: 2

■ Preventing Medication Errors

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: The purpose of this online course is to increase healthcare professionals understanding of & skills for eliminating medical errors.

FAC: Mary McGeough, BSN

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Social Media Usage in Health Care

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: In this course intended for nursing staff in the long-term care setting you will learn what is social media, what privacy rights residents have related to social media, & types of possible criminal abuse via social media.

FAC: Judith Orth, RN, CHPN, BSN, MA

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

■ Staff Retention: Working Together to Achieve Organizational Success

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

SUMMARY: To provide a framework of strategies to create successful organizations through positive, meaningful leadership.

FAC: Vicki Parsons, MBA

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

CONSULTANTS FOR THE FUTURE

11705 Boyette Road, Suite 470
Riverview, Florida 33569

MAIL ORDERS:

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Long Island City, NY 11101

EMAIL: confut@aol.com

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IOWA PROVIDER NUMBER: 61

Courses may be ordered by phone or mail or downloaded from the website.

MasterCard or VISA accepted. All online courses are \$6 per hour, all mailed courses are \$6 per hour; plus a \$10.00 postage & handling fee per mail order.



Alzheimer's Disease & Related Disorders

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Provides ways to approach problem areas in direct care of those with dementia, with extensive suggestions for effective communication.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$12.00

CONTACT HOURS: 2

Autism Spectrum Disorder

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Reviews changes in diagnostic terminology, common traits, incidence, possible causes & therapies/approaches to help a person function in an outer world that differs from inner experiences.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$18.00

CONTACT HOURS: 3

Care of the Alzheimer's Patient

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Presents suggestions & approaches to management of common behaviors & symptoms of dementia that are not drug based.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$6.00

CONTACT HOURS: 1

Care of Those with Disabilities: Managing Anxious, Aggressive or Combative Behaviors

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$6.00

CONTACT HOURS: 1

Changing Beds: You May Have Made It but You Don't Have to Lie In It: Mental, Emotional Health

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$60.00

CONTACT HOURS: 10

Cognito Ergo Sum: Creating an Empowered Image

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Teaches how to recognize & create your own internal power by changing the way you think, using the nursing environment as the milieu.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

End of Life: Palliative & Hospice Care

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: This course discusses the controversies of end of life care, & presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient.

FAC: Linda Greenfield, RN, PhD

AUD: RNs, LPNs

FEE: \$18.00

CONTACT HOURS: 3

Forgiveness: A Fundamental Health Concept

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Incorporates strategies from both mental health & body-based therapies to approach

forgiveness as a way to reduce stress-induced physical & mental/emotional disease states.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

Good Grief: Providing Light to Those in Emotional Pain

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Fosters the nurse's ability to listen, console & nurture those involved in loss & changing personal identity, using specific, guided techniques.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

HIV/AIDS: A Comprehensive Course

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Provides detailed examination of pathology, transmission, signs & symptoms, prevention, precautions & treatment of HIV.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$18.00

CONTACT HOURS: 3

Impact of Sleep on Health & Disease

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Examines how, why & what happens when we do or don't sleep, with interventions provided.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

Intuition in Healthcare: Fostering a Safer, More Therapeutic Process

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Examines physiologic explanations for intuition & become aware of how to facilitate accessing non-conscious information with greater accuracy & safety.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$24.00

CONTACT HOURS: 4

Mindful Care: Using Positive Thoughts & Emotions as a Catalyst to Healing

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Examines body/mind connection, exploring chemistry that links immune system function to ways we think & feel,

& teaching more positive thinking patterns & ways to deal with negative emotions.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

Stroke

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Studies pathology of various kinds & locations of strokes, the related symptoms & approaches to acute & rehabilitative care.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

Stuck in a Rut: Helping Patients & Clients change Habits that are Interfering with Recovery

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$18.00

CONTACT HOURS: 3



Supporting a Habit Change

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Teaches how to build approaches to recreate habit changes that stick.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$24.00

CONTACT HOURS: 4

Talking With the Docs: Effective Nurse-Physician Communication

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Designed to help you increase your power & effectiveness when communicating with physicians in difficult situations.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$24.00

CONTACT HOURS: 4

The Patient in Pain: Why Are We Managing Pain & Not Healing It?

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Physiology of acute & chronic pain perception, factors of pain reaction, attitudes toward the patient in pain that may hinder therapy, effective use of medication & use of non-invasive & alternative

pain therapies.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$42.00

CONTACT HOURS: 7

The Prevention of Medical Errors

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-1287

SUMMARY: Informs nurses of growing national concern over the alarmingly high numbers of errors & provides information to increase patient safety, guidance for reporting & suggestions for systems monitoring.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$12.00

CONTACT HOURS: 2

Working the Numbers: Nursing Interpretation of Laboratory Tests

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

SUMMARY: Examines nursing interpretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies & liver function studies.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$36.00

CONTACT HOURS: 6

DES MOINES UNIVERSITY

CONTACT: Vanessa Gray

ALL COURSE INFO:

<https://cme.dmu.edu/courses/>

PHONE: (515) 271-1596

IOWA PROVIDER NUMBER: 112

DMU Grand Rounds

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

SUMMARY: DMU Grand Rounds is held on the first Thursday of the month from 7-8 am. Attend live on-site or online via GoToWebinar; there is no cost to participate. Topics vary & will be posted as they become available. Visit the course catalog & filter topics by "DMU Grand Rounds" & credit type by "IBON" to see upcoming activities.

INFO: <https://cme.dmu.edu/courses/>

AUD: All Nurses

FEE: \$0.00

CONTACT HOURS: 1

Online Enduring Materials

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

SUMMARY: Des Moines University offers online enduring continuing education opportunities for nurses. Visit the Course catalog & select the "IBON" credit type for more information.

INFO: <https://cme.dmu.edu/courses/>

AUD: All Nurses
FEE: Varies
CONTACT HOURS: Varies

■ Online Enduring Materials

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

SUMMARY: Des Moines University offers online enduring continuing education opportunities for nurses. Visit the Course catalog & select the “IBON” credit type for more information.

INFO: <https://cme.dmu.edu/courses/>

AUD: All Nurses

FEE: \$20.00

CONTACT HOURS: 1

QUALITY MANAGEMENT CONSULTANTS, INC.

CONTACT: Mary Krieg, RN, PhD., President

ALL COURSE INFO:

<https://goo.gl/7cSzF3>

Also see individual link for each course.

PHONE: (515) 255-2576

IOWA PROVIDER NUMBER: 353

■ Opioid Addiction & Overdose - Community Epidemic

SPON: Quality Management Consultants, Inc #353

CONTACT: Mary Krieg

PHONE: (515) 255-2576

SUMMARY: Discuss the epidemic of opioid addiction & overdose

in our communities, why this is taking place, & the steps communities can take when faced with this growing crisis.

FAC: Dr. Mary Krieg

INFO: qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$29.00

CONTACT HOURS: 5

■ Critical Thinking - Improve Your Skills

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 255-2576

SUMMARY: Improve your critical thinking skills in your nursing practice as well as your daily life.

INFO: goo.gl/2KnfDo

FAC: Dr. Mary Krieg

INFO: qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$20.00

CONTACT HOURS: 4

■ GRIEF - Healing From Loss

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 225-2576

SUMMARY: Grief can take healthy & unhealthy forms, & this course will help you cope with your grief, as well as your patients' in a healthy & constructive way. Grief can take healthy & unhealthy

forms, & this course will help you cope with your grief, as well as your patients' in a healthy & constructive way.

FAC: Dr. Mary Krieg

INFO: qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$10.00

CONTACT HOURS: 2

■ Mental Health & Substance Abuse Emergencies in the Community

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 225-2576

SUMMARY: Develop an understanding of these challenging situations, & discuss the appropriate response.

FAC: Dr. Mary Krieg

AUD: RNs, LPNs, ARNPS

FEE: \$0.00

CONTACT HOURS: 0



Nursing Leadership on Non-Profit & Health Care Boards

SPON: Quality Management Consultants, Inc. #353

CONTACT: Dr. Mary Krieg

PHONE: (515) 255-2576

SUMMARY: Explore the opportunities for Board leadership in your community.

FAC: Dr. Mary Krieg

INFO:
qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$10.00

CONTACT HOURS: 2

Positive Psychology

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 255-2576

SUMMARY: A brief overview of the new field of scientific study of human happiness & flourishing, with an applied approach to optimal functioning that enables individuals, families, communities & organizations to thrive.

FAC: Dr. Mary Krieg

INFO:
qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$19.00

CONTACT HOURS: 3

The Affordable Care Act

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 255-2576

SUMMARY: This course provides an analysis of the Affordable Care Act & all its provisions, as well as what you need to know to get care for you & your family.

FAC: Dr. Mary Krieg

INFO:
qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$20.00

CONTACT HOURS: 4

The Effective Patient Advocate

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 255-2576

SUMMARY: Realize your dream of becoming an independent practitioner advocating for the benefit of your patients.

FAC: Dr. Mary Krieg

INFO:
qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$25.00

CONTACT HOURS: 5

Trauma Informed Care

SPON: Quality Management Consultants, Inc. #353

CONTACT: Mary Krieg

PHONE: (515) 255-2576

SUMMARY: Learn how traumatic experiences, especially in early childhood, can contribute to mental health & substance use issues as well as chronic physical health conditions.

FAC: Dr. Mary Krieg

INFO:
qualitymanagementconsultants.com

AUD: RNs, LPNs, ARNPs

FEE: \$29.00

CONTACT HOURS: 5

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These activities have been submitted to the Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

“Mommy, I Can’t Breathe!”**Enterovirus D-68****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: Healthcare personnel will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness & deaths in children in multiple states.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$4.00**CONTACT HOURS:** 2**About Influenza****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: Nurses will discuss influenza, including exposure, signs & symptoms, transmission, diagnosis, treatment options & prevention as well as identify high risk persons for complications of influenza.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2**About Measles (Rubeola)****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: Nurses will discuss measles disease, including signs & symptoms, transmission, complications, patient/parent

teaching, & vaccination protocol for the disease.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2**About Postural Orthostatic Tachycardia Syndrome (POTS)****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: : Health care personnel will identify the symptoms of postural orthostatic tachycardia syndrome (POTS) & how it is diagnosed & treated.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2**Anxiety Disorders in Adults & Children****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: Anxiety disorders can be debilitating for both adults & children. The nurse will enhance her understanding of types of anxiety disorders that affect the individual & the different modalities used to treat them.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2**Aortic Aneurysm: A Silent Killer****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: Health care personnel will enhance their knowledge of aortic aneurysms, including thoracic aortic aneurysms (TAA) & abdominal aortic aneurysms (AAA).

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2**Bumpety-Bump: Diagnosis Mumps****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: Healthcare personnel will enhance their understanding of mumps.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2**Heart Palpitations - A Cause for Concern?****SPON:** Words Matter Nurses #375**CONTACT:** Linda Fisk, RN**PHONE:** (855) 227-6784

SUMMARY: : Health care personnel will enhance their knowledge of heart palpitations, both those that are benign & those that may indicate a more serious health issue.

FAC: Linda Fisk, RN**AUD:** RNs, LPNs**FEE:** \$5.00**CONTACT HOURS:** 2

■ Hepatitis A: A New Epidemic?

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Nurses will discuss hepatitis A & explain how the disease is transmitted, who is at risk for the disease, signs & symptoms of illness, prevention of hepatitis A, & vaccination guidelines.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ It's Just a Bug Bite, Right? Vector-Borne Diseases

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Nurses will enhance their knowledge of vector-borne diseases: signs & symptoms, diagnosis, treatment, & prevention.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ Just A Plane Ride Away: Ebola Virus Disease

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: To identify the signs & symptoms of Ebola Virus Disease & the implications for the U.S. based healthcare system.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ Opioids - Friend or Foe? (Part I)

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Health care personnel will discuss pain & how medical response has led in some cases to over-prescribing. Street drugs are another part of the opioid crisis, both issues contributing to ninety-one deaths from drug overdose every day in the United States.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ Opioids - Friend or Foe? (Part II)

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Healthcare professionals will discuss the opioid crisis & become familiar with the program developed by CDC to respond to the crisis.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ PANDAS/PANS Neuropsychiatric Disorders in Children

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Nurses will recognize the signs/symptoms of PANDAS/PANS in children following a strep infection.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ Stowaways! Diseases That are Sneaking Across the U.S. Border

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Health care personnel will be introduced to diseases that may accompany immigrant/refugee children & families to the U.S.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ The Aged: Dying From Loneliness?

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Nurses will study the effects of loss & grief on the elderly population.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

■ When Spiders Bite

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227.6784

SUMMARY: Recognize the signs & symptoms of a spider bite, & care & treatment for the wound.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

Zika Virus: What You Need to Know

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Healthcare personnel will enhance their understanding of Zika virus.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

Sexually Transmitted Diseases (STDs) are on the Rise: What Nurses Need to Know

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

SUMMARY: Nurses will be able to identify the signs/symptoms for various STDs, treatment, & follow-up.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2



28th Annual IANCE Conference

Iowa Association for Nursing Continuing Education Presents:

Adapting Education for the Diverse Audience

Friday, November 22, 2019

TIME:

Registration Begins: 7:30 AM - Conference: 8:00 AM - 3:30 PM

LOCATION:

UnityPoint Health - Des Moines
Education and Research Center - Thompson Auditorium
1415 Woodland Avenue, Des Moines, IA 50309

PURPOSE:

Enhance education development skills in nursing professional development specialists to reflect the needs of diverse learners.

OUTCOME:

Nurse educators will be able to identify a change in their practice related to the development and implementation of education that meets the needs of diverse learners and is culturally appropriate.

MORE INFO AND REGISTRATION:

<https://centerforconferences.uiowa.edu/annual-iance-conference-adapting-education-diverse-learner>



IOWA ASSOCIATION FOR NURSING CONTINUING EDUCATION (IANCE)

Promoting quality continuing education for nurses in Iowa and fostering professional growth and understanding among Iowa nursing continuing education providers. Experience the benefits of being an IANCE member:

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Powered by the U.S. boards of nursing, Nursys e-Notify is the National Council of State Boards of Nursing database. It is the only national database for licensure verification of registered nurses (RNs), licensed practical/vocational nurses (LPN/VNs) and advanced practice registered nurses (APRNs).

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NLC NURSE & EMPLOYER WEBINARS

Learn More About the NLC!

Registration is available at:

ncsbn.org/nlcmeetings

NLC WEBINAR PRESENTATIONS

Jim Puente (MS, MJ, CAE), Director, Nurse Licensure Compact will lead a series of brief webinars during which he will:

- Provide an overview of the Nurse Licensure Compact.
- Provide an update regarding the status of pending legislation in various states.
- Explain Nursys®, the national nurse licensure database and E-Notify®.
- Understand requirements when changing primary state of residence.
- Answer questions!



**MARK YOUR
CALENDARS &
REGISTER!**

WEBINAR DATE & TIME

November 15, 2019

All webinars begin at 2 pm CT and will last 30-60 minutes.



“EVERYONE DESERVES TO BE SAFE AT HOME”

WHAT IS SAFE AT HOME?

Safe at Home (SAH) is an address confidentiality program. This program helps survivors improve their lives with the following services:

SUBSTITUTE ADDRESS

SAH will assign participants a substitute address. This address can be used with any city, county, and state offices, as well as with private organizations that require a mailing address. Your physical address will not appear in public records.

MAIL FORWARDING SERVICE

First-class, legal, and certified mail, as well as packages of prescriptions, will be securely handled and forwarded to the participant's confidential address.

CONFIDENTIAL VOTER REGISTRATION

Participants can register to vote and not be listed on the public voter registration list.

WHO IS ELIGIBLE FOR SAFE AT HOME?

SAFE AT HOME MAY BE THE RIGHT FIT IF:

- You are a survivor of domestic violence, sexual assault, trafficking, stalking, or violent crimes.
- Your address is or will be unknown to your abuser or offender.

SAFE AT HOME IS NOT

- A witness protection program.
- Capable of shielding you from legal obligations, such as custody disputes.
- Able to hide your address from real estate records, such as the purchase of a home or office space. However, renters' addresses will be protected.

HOW DO I APPLY FOR SAFE AT HOME?

STEP 1 Contact an advocate program or the Secretary of State's office for more information:

SafeAtHome@Iowa.gov
515-281-0145

STEP 2 Complete an enrollment form and return it to the Secretary of State's office at:

Safe at Home
321 East 12th Street
Des Moines, IA 50319

STEP 3 If certified, you will be notified by the Secretary of State's staff and you will receive a participant's packet.

STEP 4 Notify everyone of your new Safe at Home address.

Visit www.SafeAtHome.Iowa.gov for more information.



IOWA BOARD OF NURSING

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400 SW 8th St., Suite B
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www.nursing.iowa.gov