

— IOWA BOARD OF NURSING —

# Newsletter

August, September, October 2019

Volume 38, Number 3

*Issue Focus:*

**PUBLIC  
PROTECTION  
& SAFETY**



*Official publication of the Iowa Board of Nursing*

<https://nursing.iowa.gov>



## A NOTE FROM THE BOARD

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**GIVEN THE CHANGING LANDSCAPE** of marijuana, including the legalization of recreational marijuana in some states, we want to ensure licensees understand how the use of recreational marijuana may impact their Iowa nursing license.

Recreational marijuana remains illegal under federal law and under Iowa law. Use of recreational marijuana, regardless of the location of use, may result in disciplinary action against your Iowa nursing license or privilege to practice. Note that employers and potential employers frequently forward the results of positive drug screens to state licensing boards in states where you have a nursing license. When we receive such a report, a complaint may be opened, even if a positive drug screen was the result of your use of recreational marijuana in a state where recreational marijuana is legal.

We encourage all nurses to think about the potential consequences of using recreational marijuana prior to engaging in such conduct.



## MEMBERS OF THE IOWA BOARD OF NURSING

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May 1, 2019 - April 30, 2020

### TERM ENDS

Gwen Suntken, MS, RN Chairperson, Representing Nursing Practice	2020
Nancy Kramer, EdD, ARNP, CPNP, CNE Vice Chairperson, Representing Nursing Education	2022
Kathryn Dolter, RN, PhD Representing Nursing Education	2021
Mark G. Odden, BSN, MBA, CRNA, ARNP Representing Nursing Practice	2022
Sue Putnam, LPN Representing LPN Nursing Practice	2020
BJ Hoffman, Public Member	2020
Public Member - Vacant	

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## BOARD MEETINGS

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October 9, 10, 11, 2019 (September 11, 2019)

January 15, 16, 17, 2020 (December 18, 2019)

April 8, 9, 10, 2020 (March 11, 2020)

## AGENDA AND MINUTES ON THE WEB

All Board agendas are on our website. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas are archived on the website by date. Board minutes are posted at our website approximately three (3) months following the meetings.

You can locate the Agenda and Minutes at our website, <https://nursing.iowa.gov>, under the "About Us" tab. Click on the "Board Meetings" link for a list of meetings and calls. You may subscribe to email notifications about the first posting of a meeting or conference call agenda by subscribing through the email link located on the "About Us" page of the website. See "Get Email Updates," click on the "Subscribe" button.

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office four (4) weeks prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.



# NLC NURSE & EMPLOYER WEBINARS

Learn More About the NLC!

Registration is available at:

[ncsbn.org/nlcmeetings](http://ncsbn.org/nlcmeetings)

## NLC WEBINAR PRESENTATIONS

Jim Puente (MS, MJ, CAE), Director, Nurse Licensure Compact will lead a series of brief webinars during which he will:

- Provide an overview of the Nurse Licensure Compact.
- Provide an update regarding the status of pending legislation in various states.
- Explain Nursys®, the national nurse licensure database and E-Notify®.
- Understand requirements when changing primary state of residence.
- Answer questions!



## WEBINAR DATES & TIMES

**August 16, 2019**  
**September 15, 2019**  
**October 15, 2019**  
**November 15, 2019**

All webinars begin at 2 pm CT and will last 30-60 minutes.

**MARK YOUR  
CALENDARS &  
REGISTER!**



# PROTECTING THE PUBLIC

by Kathy Weinberg, MSN, RN, Executive Director

This issue of the Iowa Board of Nursing is focused on public protection and safety. Every day board staff works to carry out the mission of the board. The mission of the board is to protect the public health, safety and welfare by regulating the licensure of nurses, the practice of nurses, nursing education and continuing education.

*What exactly does this work look like for staff? How do we protect the public?*

There are four areas which are identified in the mission of the board. I will discuss each area with a more in-depth look at the role it plays in protection of the public.

## The Licensure of Nursing

The Board of Nursing licenses Licensed Practical Nurses (LPN), Registered Nurses (RN) and Advanced Registered Nurse Practitioners (ARNP). In FY 2018, there were a total of 10,366 active LPN licenses, 54,921 active RN licenses and 4,506 active ARNP licenses.

Board staff licenses nurses by licensure by exam, renewals, reactivations, reinstatements and by endorsement. A license is valid for three (3) years. A nurse's license expires on the 15th day of the nurse's birth month every three years.

The authority of the board of nursing to license nurses is pursuant to Iowa Code, Chapter 152. The requirements for licensure are detailed in the Iowa Administrative Code (IAC) 655, Chapter 3. Requirements for the LPN and RN include the completion of an application, graduation from an approved nursing program and a criminal background check. For the ARNP, it includes completion of an application, graduation from an approved advanced nursing program and national certification. Staff reviews all documents to ensure their authenticity and accuracy.

A nurse must have a valid license to practice nursing. Practicing nursing without an active license is breaking the law and a nurse may be sanctioned. The nurse is accountable for knowing when their license expires and renewing it on time.

A nurse may validate their license in real time by going to the Iowa Board of Nursing's website located at <https://nursing.iowa.gov>, click on IBON Online Services

and click License Verification. You will then be prompted to type in your license number and click Verify License.

➤ Protect yourself and the public by renewing your license on time.

## The Practice of Nursing

Iowa nurses are to practice within their scope of practice. What determines scope of practice for the LPN, RN and the ARNP? The scope of practice for LPNs and RNs is specified in IAC 655, Chapter 6. The scope of practice for an ARNP is specified in IAC 655, Chapter 7.

Chapter 6 and Chapter 7 are not prescriptive in giving a list of skills or procedures a nurse may or may not carry out. A nurse should know what their respective scope of practice is determined by their education, experience, competency and the rules governing nursing.

If a nurse questions their scope of practice, they need to ask these questions: Do I have the education to carry out the task? Do I have the experience and am I competent in the task? Also it is important to follow the standards of care and the policies and procedures of the agency or institution where the nurse is employed. There is never anything wrong with stopping and seeking more education before you possibly make a mistake that could harm a patient or put your license in risk of being sanctioned.

The Iowa Board of Nursing receives many complaints against nurses. Out of the complaints received in FY 2018, 17.0% were practice-related and 24.6% were misconduct. The following are examples of complaints the board office receives related to practice and misconduct: patient abandonment, breaking patient confidentiality, pre-charting, medication errors related to administration and documentation, failure to initiate CPR, use of improper restraints, poor assessment skills, carrying out functions without a proper order from a provider, carrying out tasks which go beyond the nurse's level of licensure. This list is not all inclusive, but are common complaints which can always be avoided with proper education and a nurse knowing the accepted standards of care.

➤ Know your scope of practice and protect the public and yourself.

### Nursing Education

Pursuant to Iowa Code, Chapter 152, the board of nursing has the authority to approve nursing programs located in Iowa. The rules governing the nursing programs are detailed in IAC 655, Chapter 2.

In FY 2018, there were 37 educational institutions with nursing programs. The type of programs offered in these institutions include practical nursing, associate degree nursing, baccalaureate nursing, master's in nursing, Doctorate in Nursing Practice (DNP) and Doctoral (PhD).

Iowa nursing programs are approved by the board of nursing every 6 years. Board staff makes a site visit to ensure that nursing programs are following the rules and regulations as stated in Chapter 2. The board has the obligation to protect nursing students to make sure nursing programs are offering sound educational programs and have the resources available to provide the program.

### Continuing Education

Iowa Code, Chapter 272C defines continuing education as follows:

#### 272C.1 Definitions.

1. "Continuing education" means that education which is obtained by a professional or occupational licensee in order to maintain, improve, or expand skills and knowledge obtained prior to initial licensure or to develop new and relevant skills and knowledge. This education may be obtained through formal or informal education practices, self-study, research, and participation in professional, technical, and occupational societies, and by other similar means as authorized by the board.

The Iowa Board of Nursing, by law, requires nurses to complete 36 hours of continuing education every three years. This requirement correlates to a nurse's three year licensure cycle. ARNPs complete their continuing education through their five year national certification requirement.

Continuing education is not just a requirement, it is an opportunity for the nurse to further their education, knowledge and skills per learning experiences. The requirements for continuing education are stated in IAC 655, Chapter 5.

To ensure that nurses are completing their continuing education during their licensing cycle, the board conducts random audits, and nurses are required to submit their continuing education and mandatory reporter certificates. Refer to the Department of Human Resources website for the latest information and requirements regarding mandatory reporter requirements.

➤ The continued education of nurses plays a vital role in the protection of the public. Healthcare and technology are in constant change and the nurse must be up to date and competent in the latest healthcare innovations.

Remember the mission of the Iowa Board of Nursing is to protect the public. A nurse needs to be accountable for their actions and carry out safe and competent care. A nurse who remembers the mission of the board will also be protecting themselves and ensuring that they are a safe practitioner.



*"A nurse who remembers the mission of the board will also be protecting themselves and ensuring that they are a safe practitioner."*

*~ Kathy Weinberg*

*EDITOR'S NOTE: This is a reprinted article from a former issue of the Nursing Newsletter. The Board's mission is to protect the public health, safety and welfare by regulating the licensure of nurses, the practice of nurses, nursing education and continuing education. The Enforcement Division of the Board contributes to the public's safety by investigating complaints against nurses.*

## **IOWA ADMINISTRATIVE CODE, CHAPTER 4, DISCIPLINE**

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*By Doug Bartels, Associate Director - Enforcement*

On February 10, 2016, changes regarding 655 Iowa Administrative Code (IAC), chapter 4, Discipline, became effective. These changes were made to better clarify existing rules, and to add rules that would more specifically address grounds for nurse licensure discipline. The Board may discipline a nurse for any grounds stated in Iowa Code chapters 147, 152, 272C and 272D, and for any wrongful act or omission related to nursing practice, licensure, or professional conduct.

The following list includes the new or notably changed rules with a brief explanation. If you have any questions about the rules that govern nursing contact Board staff by calling 515-281-3255 and ask to speak to someone in Enforcement, or by e-mail at [Enforce.iowa.gov](mailto:Enforce.iowa.gov).

- Failing to submit verification of compliance with the requirements for the supervision of fluoroscopy. In 2015, the Board began requiring Advanced Registered Nurse Practitioners (ARNPs) providing direct supervision of fluoroscopy to complete and retain documentation of an annual safety course. This rule allows the Board to sanction those who do not comply with an audit requesting proof of the course.
- Discriminating against the patient because of age, sex, race, ethnicity, national origin, creed, illness, disability, sexual orientation or economic or social status. This rule adds, ethnicity, disability, and sexual orientation to the previous rule on discriminating against patients.
- Failing to safeguard/secure medication wastage. This rule addresses licensees who leave medication they are responsible for unsecure and/or unattended.
- Violating an initial agreement or contract with the Iowa Nurse Assistance Program Committee (INAP). This rule will allow for the INAP committee to refer nurses in the non-disciplinary program back to the Board for potential disciplinary action should they violate the terms of their agreement.
- Engaging in repeated verbal or physical conduct which interferes with another health care worker's performance or creates an intimidating, hostile, or offensive work environment. This will address those licensees who have said or done inappropriate things to a co-worker on more than one occasion which may have caused the co-worker to deliver diminished care.
- Threatening or harassing Board staff. This is fortunately rare; but occasionally a licensee will behave inappropriately towards Board staff, usually an investigator, who contacts them to ask about an allegation. With this rule the Board communicates that they expect Board staff to be treated professionally and politely.
- Sexual contact with a patient regardless of patient consent. This rule specifies that even if the patient initiates or approves of such contact, the licensee is expected to refrain from this boundary violation.
- Making lewd, suggestive, demeaning, or otherwise sexual comments to patients, regardless of patient consent. Similar to above.
- Initiating, or attempting to initiate, a sexual, emotional, social, or business relationship with a patient for personal gain, regardless of patient consent. Another rule in the boundary violation area further addresses the various types of boundary complaints the Board reviews and allows them to be more specifically addressed.
- Soliciting, borrowing, or misappropriating money or property from a patient. Self-explanatory.



## IOWA ADMINISTRATIVE CODE, CHAPTER 4, DISCIPLINE *(Continued)*

- Repeatedly divulging personal information to a patient for nontherapeutic purposes. The aforementioned two rules address those situations in which a licensee may tell a patient about their financial struggles or needs, placing the patient in an awkward position of wanting to, or feeling compelled to help. They also address the licensee sharing more personal information than the patient is comfortable hearing.
- Engaging in a sexual, emotional, social, or business relationship with a former patient when there is risk of exploitation or harm to the patient, regardless of patient consent

The following rules are intended for an ARNP:

- Prescribing, dispensing, administering or distributing drugs to individuals who are not patients or are outside the licensee's specialty area.
- Prescribing, dispensing, administering, or distributing drugs in an unsafe manner. This is also intended for ARNPs.
- Prescribing, dispensing, administering, or distributing drugs without accurately documenting it or without assessing, evaluating, or instructing the patient or client. Sometimes seen when an ARNP prescribes pain medication without first evaluating or assessing the patient, and or not documenting the dispensing of this medication.
- Failing to respond to or comply with a board investigator or subpoena. This may apply to situations in which a subpoena was issued to a licensee for records, and the licensee is not contesting the subpoena through the proper legal channels, but merely not responding to it.

The 655 Iowa Administrative Code, Chapter 20, is a new chapter created to separate 655 IAC Chapter 4 from the contested case proceedings.

These additions and revisions to the rules will help clarify the Board's authority in the discipline process. Please contact the Enforcement unit if you have any questions.





# MANDATORY REPORTER TRAINING - NEW REQUIREMENTS

*New Requirements Announced - June 21, 2019*

During Session 1 of the 88th General Assembly in 2019, the Iowa Legislature passed House File 731 which changes Iowa's Mandatory Reporter Training guidelines. Governor Reynolds signed the law on May 8, 2019.

The Department of Human Services (DHS) is now the state agency responsible for the course curriculum. Information from their website is included in this article.

- The Iowa Department of Public Health's responsibility to review and approve mandatory reporter training curricula has been removed.
- The new law requires the Department of Human Services to develop and provide the core training curriculum for all mandatory reporters in Iowa.
- The law allows for an employer to provide supplemental training as it relates to their professional practice, in addition to the core training curriculum provided by DHS.
- The law maintains that every mandatory reporter must complete 2 hours of training within six months of employment or self-employment, unless otherwise specified by federal regulations, and requires one hour of additional training every 3 years.
  - The child and dependent adult abuse trainings can no longer be combined into one 2-hour course. Both the child and dependent adult abuse core trainings will be 2 hours each.
  - All mandatory reporters are required to take the core (2-hour) training initially, but will be allowed to take a one hour recertification training every three years thereafter so long as they do so prior to the three-year expiration period.
- Clarifies that all valid mandatory reporter training certificates issued prior to July 1, 2019 remain effective for 5 years.



## What do you need to know as a licensed nurse?

1. Certificates of completion for mandatory reporter training taken before 7/1/2019, are still valid and may be used to document completion of the requirements. When your current certificate expires, you need to take the new course that applies to the population that you serve.
2. After 7/1/2019, when you need to renew your training, you must follow the new requirements listed above to obtain the DHS training.

As of this publication, the Iowa Board of Nursing renewal application changes are in process. Iowa Administrative Code (IAC) 655, chapters 3 and 5 will also be amended to reflect the new law. In the meantime, follow the DHS requirements.

If a licensee is audited and the required training was taken prior to 7/1/2019, you may submit a certificate from the prior curriculum that is still effective to fulfill the documentation requirements. After 7/1/2019, if you need to take a course, you must show proof that you meet the new requirements established by the DHS. Any additional questions should be directed to the DHS.

See the follow link to go directly to the DHS web page:  
<https://dhs.iowa.gov/child-welfare/mandatoryreporter>

## REMINDER:

Watch the **IOWA DEPARTMENT OF PUBLIC HEALTH'S** website for updates about the national opioid epidemic. See their website at <https://idph.iowa.gov/substance-abuse/opioid-update>.



# 2019

## TOP 10 PATIENT SAFETY CONCERNS

The ECRI Institute released its Top 10 Patient Safety Concerns for 2019, naming diagnostic errors and improper management of test results in electronic health records (EHRs) as “among the most serious patient safety challenges facing health care leaders in 2019.” A team of patient safety analysts, infection preventionists and clinicians at ECRI Institute selects the top patient safety concerns each year based on member inquiries, root cause analyses and adverse events submitted to ECRI’s Patient Safety Organization. ECRI Institute notes that health care organizations can use the list of top patient safety concerns to identify priorities and create corrective action plans.

### Top 10 Patient Safety Concerns for 2019

1. Diagnostic stewardship and test result management using EHRs;
2. Antimicrobial stewardship in physician practices and aging services;
3. Burnout and its impact on patient safety;
4. Patient safety concerns involving mobile health;
5. Reducing discomfort with behavioral health;
6. Detecting changes in a patient’s condition;
7. Developing and maintaining skills;
8. Early recognition of sepsis across the continuum;
9. Infections from peripherally inserted IV lines; and
10. Standardizing safety efforts across large health systems.

Reprinted from NCSBN “Good Morning Members – March 15, 2019” News Release.

<https://www.ecri.org/landing-top-10-patient-safety-concerns-2019>

# WORKPLACE VIOLENCE: DON'T RISK IT, DE-ESCALATE IT

*Leah Curtin, RN, ScD(h), FAAN, Executive Editor, Professional Outreach, American Nurse Today*

## KNOW THE WARNING SIGNS AND STAY CALM.

Whether you're a certified nursing assistant, licensed practical nurse, registered nurse, or nurse practitioner, you'll likely deal with patients who are feeling pain, have lost their independence, or are experiencing stress and anxiety - and they will sometimes lose control of their emotions. These angry and upset patients or family members can test your compassion, communication skills, and patience. They even may resort to violence.

Workplace violence is a serious and growing threat. And it's not confined to patients and families; it also may include your co-workers.

When faced with threats of violence from a subordinate, co-worker, patient, or visitor, the first order of business is to consciously calm yourself before interacting with the person. If you're upset, it will only escalate the situation. Calm down and begin to look at the situation and how you can intervene safely.

Take a deep breath. Then, what do you do?

The short answer is:

1. Give them space. Stand 2 to 3 feet away if possible.
2. Monitor your voice. Keep it measured and calm.
3. Know how to retreat. Plan an escape route.

These techniques may help, but how do you know, unless it's patently obvious, that you are—or may be—facing violence? Warning signs of potential violence from patients, families, or coworkers include:

- intimidating, harassing, bullying, or other belligerent and aggressive behavior
- numerous conflicts with patients, families, coworkers, or supervisors
- comments that indicate approval of using violence to resolve a problem
- comments that indicate desperation over family, finances, or other personal problems
- inappropriate references to guns or idle threats about using a weapon to harm someone and, of course, bringing a weapon to the workplace.



## WORKPLACE VIOLENCE: DON'T RISK IT, DE-ESCALATE IT (Continued)

### DON'T RISK IT, DE-ESCALATE IT.

If you're ever concerned that a situation may turn violent, immediately alert your supervisor and follow your organization's reporting procedures. Then, start de-escalation techniques:

- Don't avoid the conflict. Be quiet, don't interrupt, and be attentive.
- Remain calm. When dealing with difficult patients, the best approach is to stay calm.
- Avoid being defensive. Listen to what the person is trying to tell you.
- Engage in conversation.
- Don't play the blame game. Work to see both sides and reflect the feelings the person is saying or displaying.
- Avoid overgeneralizations. Repeat the content of the person's message.
- Avoid the need to be right. Help the person clarify his or her request.
- Be empathetic. This is the quickest way to calm an angry or difficult patient.
- Align yourself with the person. For example, you might share times that you too have felt wronged.
- Avoid arguing. Be sincere, but don't contradict the person.
- Don't stonewall but set boundaries. Allow the person to release his or her frustration.
- Don't attack someone's character. Let the person know that you understand the complaint.
- If the person threatens violence, very slowly back away toward a door to a corridor.
- If you haven't attended a training session on how to de-escalate violence, do so soon.

## PATIENT SAFETY ESSENTIALS TOOLKIT

*Institute for Healthcare Improvement - Boston, Massachusetts, USA*

IHI's Patient Safety Essentials Toolkit is a helpful companion for you and your organization on the journey to delivering safe, reliable care every time, for every patient.

Designed and tested by IHI's world-renowned safety experts, the Toolkit includes documents on improving teamwork and communication, tools to help you understand the underlying issues that can cause errors, and valuable guidance about how to create and maintain reliable systems. Each of the nine tools includes a short description, instructions, an example, and a blank template.



Inside the Toolkit, you'll find:

- The SBAR (Situation-Background-Assessment-Recommendation) technique, which provides a framework for communication between members of the health care team about a patient's condition.
- Action Hierarchy, a component of RCA2 that will assist teams in identifying which actions will have the strongest effect for successful and sustained system improvement.
- A daily huddle agenda, which gives teams a way to proactively manage quality and safety.
- Failure Modes and Effects Analysis: Also used in Lean management and Six Sigma, FMEA is a systematic, proactive method for identifying potential risks and their impact.

Download the complete toolkit with all nine tools, or download individual tools as you need them to guide your safety work here: <http://bit.ly/2LJgax7>.

**INAP Mission:** INAP shares the mission of the Iowa Board of Nursing to protect public health, safety and welfare by regulating the licensure of nurses, the practice of nurses, nursing education and continuing education.

**INAP Objectives:**

- Protect the public while monitoring the nurse to assure safe practice
- Encourage early identification, entry into treatment, and entry into a contractual agreement for monitoring of compliance
- Facilitate nurses to maintain an ongoing recovery consistent with patient safety

# IOWA NURSE ASSISTANCE PROGRAM



OFFERED BY THE IOWA BOARD OF NURSING



**ASSURING SAFE**

**NURSING CARE IN IOWA**

A confidential monitoring program for nurses

**How to Self-Report**

- INAP self-report forms are available on the Iowa Board of nursing website under the INAP link.
- Nurses should submit a completed 1) self-report, 2) intake form 3) release of information form and 4) INAP fact sheet to start the INAP process.
- Nurses should contact INAP after they self report for an interview and to determine the next steps.

**CONTACT US:**

Iowa Nurse Assistance Program  
 400 SW 8th Street, Suite B Des Moines, Iowa 50309  
 Email: [INAP@iowa.gov](mailto:INAP@iowa.gov)  
 Phone: 515-725-4008  
 INAP Cell: 515-318-9371  
 Confidential Fax: 515-725-4017  
 Web: [nursing.iowa.gov](http://nursing.iowa.gov)

For more information please refer to the INAP handbook on the Board of Nursing website

## THE IOWA NURSE ASSISTANCE PROGRAM CAN HELP

### What?



**WHAT IS THE IOWA NURSE ASSISTANCE PROGRAM (INAP)?**

INAP is a self-report monitoring program for nurses who may be impaired as a result of substance use, a mental health condition or a physical condition. INAP is a voluntary, confidential program. It provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status. Participants who are compliant to program requirements may not be reported to the Board.

**WHAT IS REQUIRED?**

To be considered for INAP, licensees need to be in recovery, be compliant to treatment recommendations and sign a three year monitoring contract. The contract can include limitations on nursing practice or employment, drug screening, progress reports, self-help meetings, peer support groups and ongoing treatment. Licensees are required to follow all recommendations of the treatment team. Participants are responsible for all costs of treatment and the program.

### Who?



**WHO MAY BE ELIGIBLE FOR THE PROGRAM?**

- All licensees seeking entry require INAP Committee approval
- Nurses with a physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected
- Nurses in recovery who voluntarily enter INAP and admit to violations

**WHO MAY NOT BE ELIGIBLE?**

- The INAP Committee will determine ineligibility on a case by case basis
- Nurses who divert drugs for profit
- Nurses who adulterate/misbrand or tamper with drugs intended for patients
- Nurses who provide inaccurate or fraudulent information or fail to fully cooperate
- Nurses who participated in the program or similar program offered by other states without success
- Nurses who are not in recovery and deny violations

### Why?



**IMPAIRMENT CAN COST YOUR JOB AND LICENSE.**

**WHY INAP WAS ESTABLISHED**

A nurse's ability to safely practice may be affected if a nurse routinely use substances or has a mental health condition. The program is designed to encourage health professionals to seek a recovery program before their condition harms a patient or results in disciplinary action.

**WHY INAP WORKS**

INAP is a supportive program that promotes and monitors nurses in recovery. INAP addresses the treatment needs specific for the individual and actively monitors progress.

**INAP Services Include:**

- Intake assessment, support and treatment referrals
- Ongoing nurse monitoring including random body fluid testing
- Reporting non-compliant participants to the Board to ensure public safety

## THE IOWA BOARD OF NURSING IS SEEKING QUALIFIED INDIVIDUALS TO APPLY FOR THE IOWA NURSE ASSISTANCE PROGRAM COMMITTEE (INAPC)



The Iowa Nurse Assistance Program invites nurses interested in participating in a voluntary committee to submit their information to the Iowa Board of Nursing. The INAPC serves as an advisory resource to the INAP program. Committee member duties include reviewing case files to determine eligibility, contract compliance and non-compliance reviews, in-person committee meetings, collaboration with INAP staff and program guidance. Interested candidates should read the membership descriptions and address which qualification they are requesting to fill.

The Iowa Nurse Assistance Program is a confidential monitoring/advocacy program based on Iowa Administrative Rules 655, chapter 19. The Iowa Nurse Assistance Program Committee will meet face to face on a quarterly basis or more frequently if warranted. **Committee members shall be appointed for three-year terms and shall serve for a maximum of three terms. The next INAP Committee term will serve December 2019—December 2022.**

**655-19.1(272C) Iowa nurse assistance program committee.** Pursuant to the authority of Iowa Code section 272C.3(1)"k" the board establishes the Iowa nurse assistance program committee (INAPC), formerly known as the licensee review committee, to implement the Iowa nurse assistance program (INAP). The purpose of the INAPC is to provide a program to *support the evaluation and monitoring of licensees* who are impaired as a result of alcohol or drug use, dependency, or addiction, or by any mental or physical disorder or disability, while protecting the health, safety and welfare of the public.

**655—19.3(272C) Organization of the committee.** The board shall appoint the members of the INAPC.

**19.3(1) Membership.** The membership of the INAPC includes, but is not limited to:

- a. The executive director of the board or the director's designee from the board's staff;
- b. One board of nursing licensee who has maintained sobriety for a period of no less than two years *following successful completion of a recovery program*;
- c. One licensed health care provider with expertise in substance use disorders;
- d. One licensed provider with expertise in mental health; and
- e. One public member.

**Qualified individuals may apply to be a member of the committee by submitting a letter of intent, addressing qualifications as stated in 19.3(1), and a current resume to the Iowa Board of Nursing, Attention: Kathy Weinberg, Executive Director, by October 31, 2019 to [Kelley.Reece@iowa.gov](mailto:Kelley.Reece@iowa.gov) or mail the items to:**

Kathy Weinberg, Executive Director  
Iowa Board of Nursing  
400 SW 8th Street, Suite B  
Des Moines, IA 50309



## APPROPRIATE DELEGATION CONTRIBUTES TO PATIENT SAFETY AND BETTER PATIENT OUTCOMES

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See this news release from the National Council of State Boards of Nursing (NCSBN) regarding new guidelines.

NCSBN and ANA issued new joint National Guidelines for Nursing Delegation ([https://www.ncsbn.org/NGND-PosPaper\\_06.pdf](https://www.ncsbn.org/NGND-PosPaper_06.pdf)) utilizing new research findings and evidence in the literature to update and standardize the nursing delegation process. The new guidelines are applicable to all levels of nursing licensure where the nurse practice act is silent.

The National Guidelines for Nursing Delegation can be applied to:

- Advanced practice registered nurses (APRNs) when delegating to registered nurses (RNs), licensed practical/vocational nurses (LPN/VNs) and assistive personnel (AP);
- RNs when delegating to LPN/VNs and AP; and
- LPN/VNs (as allowed by their state/jurisdiction) when delegating to AP.

NCSBN and ANA note that the guidelines do not apply to the transfer of responsibility for care of a patient between licensed health care providers (e.g., RN to another RN or LPN/VN to another LPN/VN), which is considered a handoff. The new guidelines replace the previous ones issued in 2010.

Retrieved from NCSBN “Good Morning Members – June 6, 2019” News Release

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### IMPORTANT NOTE:

**THE NATIONAL TRANSPORTATION SAFETY BOARD** issues the following recommendation for licensed professionals with prescriptive authority: “Remember to routinely discuss with patients the effect a person’s diagnosed medical conditions or prescription medications may have on his or her ability to safely operate a vehicle in any mode of transportation.”

In respect to best practices, also remember to document patient teaching regarding the above recommendation.

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**FOLLOW THE BOARD ON FACEBOOK , TWITTER, AND YOUTUBE OR VISIT OUR WEBSITE!**



FACEBOOK.COM/  
IABOARDOFNURSING



WWW.BIT.LY/IABOARDOFNURSING



@IABDOFNURSING



WWW.NURSING.IOWA.GOV



## PAPERLESS LICENSURE WENT LIVE ON JULY 1, 2019

Get your licensure verification online at IBON Online Services, by clicking this link:  
[https://eservices.iowa.gov/PublicPortal/Iowa/IBON/public/license\\_verification.jsp](https://eservices.iowa.gov/PublicPortal/Iowa/IBON/public/license_verification.jsp)



### WHAT'S THE PROCESS NOW?

A nurse will complete the appropriate application process and instead of receiving a paper wallet card in the mail they will receive an email after their application is complete stating they hold an active Iowa license, with a number and information concerning verifying their license online. A 5" x 7" certificate will continue to be sent out for an initial license and an endorsement license at this time.

### WHAT ARE THE BENEFITS OF GOING PAPERLESS?

- The best licensure verification is obtained online
- Licensure status can be verified electronically anytime from anywhere
- Licensure status is updated in real time
- The threat for fraud is virtually taken away
- Staff time in sending out wallet cards is eliminated
- The licensing process becomes more efficient.

Per the National Council of State Boards of Nursing Member Board Profiles, 32 states issue initial licenses paperless and 39 states issue renewals paperless.



## DON'T FORGET TO RENEW YOUR LICENSE

### REMEMBER:

Your renewal deadline always occurs on the 15<sup>th</sup> of your birth month.

### IT'S EASY! JUST FOLLOW THESE 4 SIMPLE STEPS:

1. Go to the Iowa Board of Nursing website at <https://nursing.iowa.gov>
2. Select "IBON Online Services" and click on the link entitled "Renew an Existing RN, LPN or ARNP license."
3. Sign in with your account ID and password ([www.bit.ly/iaboardofnursing](http://www.bit.ly/iaboardofnursing)). If it is your first time using the online system, follow the steps to create an account.
4. Complete the application and pay the renewal fee by either credit or debit card.

### THAT'S IT - YOUR LICENSE IS RENEWED!

Licensees should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

LICENSE EXPIRATION DATE	RENEWAL DATE RANGE	LATE FEE ASSESSED	INACTIVE STATUS (IF NOT RENEWED)
July 15, 2019	May 15, 2019 - July 15, 2019	July 16	August 16, 2019
August 15, 2019	June 15, 2019 - August 15, 2019	August 16	September 16, 2019
September 15, 2019	July 15, 2019 - September 15, 2019	September 16	October 16, 2019
October 15, 2019	August 15, 2019 - October 15, 2019	October 16	November 16, 2019

A \$50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

The continuing education requirement for all license renewals is 36 contact hours (3.6 CEUs) of nursing continuing education. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Effective 1/1/2018, all license renewals require 36 contact hours of continuing education, regardless of the term of the license.



## COMMUNICATING WITH THE IOWA BOARD OF NURSING



The Iowa Board of Nursing requests that licensees and the public use the board web site [nursing.iowa.gov](http://nursing.iowa.gov) for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

QUESTIONS ABOUT	CONTACT
<ul style="list-style-type: none"> <li>• Disciplinary issues</li> <li>• Sanctioned cases</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-6472</li> <li>✉ <a href="mailto:enforce@iowa.gov">enforce@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Alternative to Discipline Program (Iowa Nurse Assistance Program)</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 725-4008</li> <li>✉ <a href="mailto:inap@iowa.gov">inap@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Scope of nursing practice in Iowa</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 326-4400</li> <li>✉ <a href="mailto:nursingpractice@iowa.gov">nursingpractice@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Formal nursing education in Iowa</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 326-4400</li> <li>✉ <a href="mailto:nursingeducation@iowa.gov">nursingeducation@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Nurse Licensure Compact Agreement (Multi-state license)</li> <li>• NCLEX accommodations</li> <li>• Foreign graduate applicants for licensure</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-5535</li> <li>✉ <a href="mailto:maggie.schwarck@iowa.gov">maggie.schwarck@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• RN or LPN renewal application</li> <li>• RN or LPN reactivation application</li> <li>• License verification</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-3264</li> <li>✉ <a href="mailto:ibon.renewal@iowa.gov">ibon.renewal@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Name/address changes</li> <li>• Inactive status</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-4826</li> <li>✉ <a href="mailto:ibon@iowa.gov">ibon@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Application for licensure by examination</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-6488</li> <li>✉ <a href="mailto:newnurse@iowa.gov">newnurse@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Endorsement application</li> <li>• ARNP renewal</li> <li>• ARNP initial application</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-4827</li> <li>✉ <a href="mailto:endorse@iowa.gov">endorse@iowa.gov</a></li> <li>✉ <a href="mailto:arnpren@iowa.gov">arnpren@iowa.gov</a></li> <li>✉ <a href="mailto:initialarnp@iowa.gov">initialarnp@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Continuing education rules</li> <li>• Continuing education provider rules</li> <li>• Special approval of continuing education courses</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 201-2509</li> <li>✉ <a href="mailto:laura.hudson@iowa.gov">laura.hudson@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Continuing education audits</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-8258</li> <li>☎ (515) 725-1107 (Audit Fax)</li> <li>✉ <a href="mailto:ibon.audit@iowa.gov">ibon.audit@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Editor, Iowa Board of Nursing newsletter</li> <li>• Website content</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 201-2509</li> <li>✉ <a href="mailto:laura.hudson@iowa.gov">laura.hudson@iowa.gov</a></li> </ul>
<ul style="list-style-type: none"> <li>• Rosters or listings of nurses</li> </ul>	<ul style="list-style-type: none"> <li>☎ (515) 281-5899</li> <li>✉ <a href="mailto:gail.beebe@iowa.gov">gail.beebe@iowa.gov</a></li> </ul>

# TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

### To update your IBON record:

Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:

1. Go to IBON Online Services and select "Update Contact Information."
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click "Sign In."
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

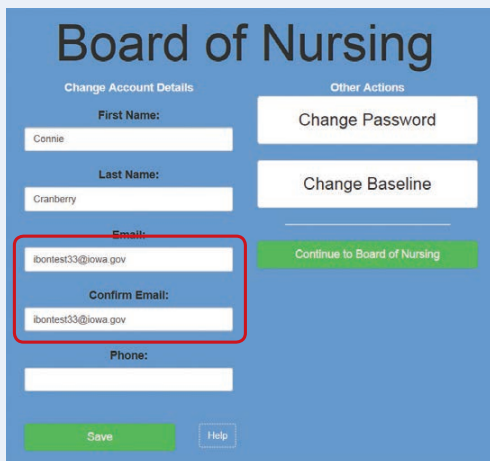
### To Update your login i.d.

Your login email is different from the email address in your license record. The login email is used by the state's mandated authentication services for all state business. If you forget your login i.d., the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.

1. Go to IBON Online Services and select "Update Contact Information." This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, **BUT instead of clicking on "Sign In," click on "Account Details."**



3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.



### Additional note:

If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices:

1. Create a new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy.Smith@iowaid could become Suzy.Smith2@iowaid.
2. You can request assistance through the state's Help Desk from the links available in the lower right corner of the login screen, or by calling 515-281-5703, or 1-800-532-1174.

## CHANGE OF ADDRESS/NAME

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

TODAY'S DATE: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_

MIDDLE NAME: \_\_\_\_\_

SSN: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

RN/LPN# \_\_\_\_\_

RESIDENT STATE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

NAME CHANGE:  YES  NO

PREVIOUS NAME: \_\_\_\_\_

### OLD ADDRESS

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

### NEW ADDRESS

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

- I'M ON ACTIVE MILITARY DUTY
- I'M A FEDERAL EMPLOYEE
- I'M AN LPN CURRENTLY IN THE PROCESS OF OBTAINING AN RN LICENSE

### MAIL TO:

Iowa Board of Nursing  
400 SW 8th Street, Suite B  
Des Moines, IA 50309

OR

Email information to: [ibon@iowa.gov](mailto:ibon@iowa.gov)  
Update address online at [nursing.iowa.gov](http://nursing.iowa.gov)  
Select IBON online services

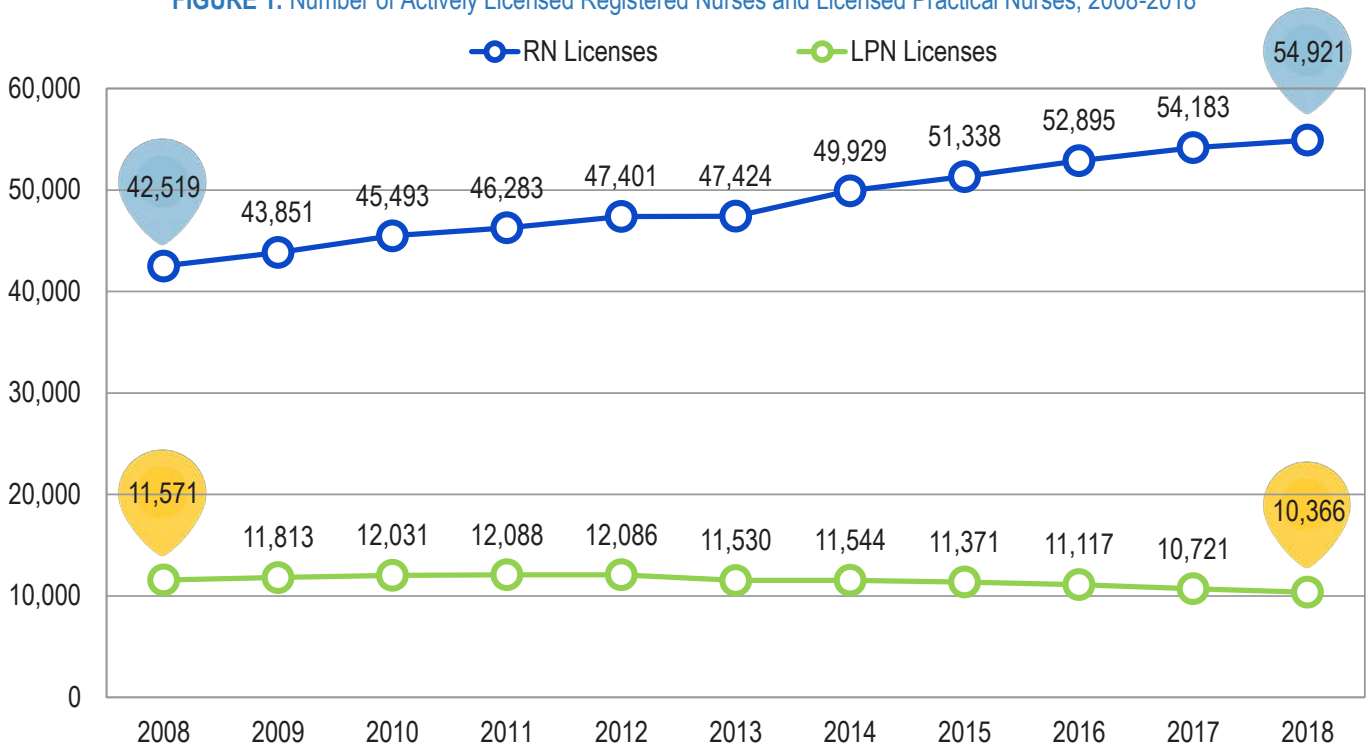
**NURSING SUPPLY**

**ACTIVE LICENSES**

The following charts are prepared using the Iowa Board of Nursing annual reports from 2008 to 2018. The graphs illustrate trends in Iowa and provide a basis of comparison for Registered Nurse (RN) and Licensed Practical Nurse (LPN) data.

*Note: In Iowa, nurses may hold RN and LPN licenses concurrently. For this reason, the categories are not mutually exclusive on the following charts.*

**FIGURE 1: Number of Actively Licensed Registered Nurses and Licensed Practical Nurses, 2008-2018**



The number of active RNs in Iowa steadily increased from 42,519 in 2008 to 54,921 in 2018. Resulting in an overall growth of 29.2 percent or a net gain of 12,402.

From 2008 to 2011, the number of active LPNs increased from 11,571 in 2008 to 12,088 in 2011, a net gain of 517. This represented a growth rate of 4.4 percent. However, since 2011 there has been an overall decrease in the number of active LPN licenses of 1,722; though there was a slight uptick of 14 active licenses between 2013 and 2014.

*Note: The original Nurse Licensure Compact (NLC) became effective in Iowa on July 2, 2000. The enhanced NLC became effective on January 1, 2018. For information about the multi-state licensure compact, visit the Iowa Board of Nursing website at: [nursing.iowa.gov](http://nursing.iowa.gov)*

More than a **29%** increase in active RNs  
**COMPARED TO**  
**10%** decrease in active LPNs  
(2008 - 2018)



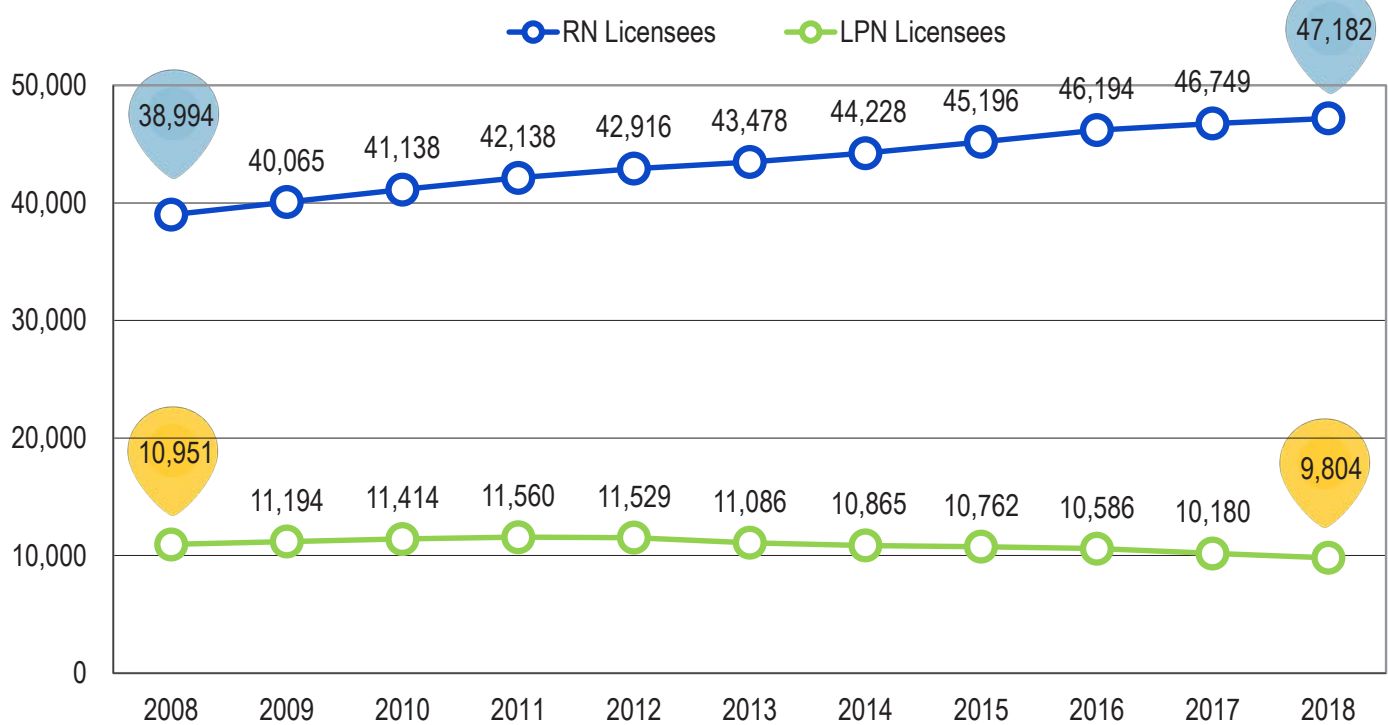
The latest version of the *Nursing Trends Report* was released at the Iowa Board of Nursing meeting held in July. The Iowa Center for Nursing Workforce is under the umbrella of the Iowa Board of Nursing and produces the Trends report using license survey data. Data in the report is based on actively licensed nurses who may or may not be employed in Iowa. The report provides a high level analysis of the trends in workforce and available nursing education programs in Iowa. Licensees are not required to update workforce information between renewals, which occur every three years for Iowa nurses. The graphs on pages 17 - 20 are excerpts from the full report which can be found on the Center's web page at this link: <https://nursing.iowa.gov/iowa-center-nursing-workforce>.

### ACTIVE POPULATION

The following chart shows the population of active nurses in Iowa. The number of RN Iowa residents has steadily increased each year between 2008 and 2018. Over the course of this eleven-year time frame the total number of active RN residents increased by 21 percent.

During this same time period, from 2008 to 2011, the number of LPN residents in Iowa increased. However, since 2011 the total number of active LPN residents has experienced a decline of 15.2 percent.

FIGURE 2: Active Nurse Population in Iowa, 2008-2018



Active RN residents **INCREASED** by about **12%** COMPARED TO A **DECREASE** of over **15%** among active LPN residents (2011 - 2018)

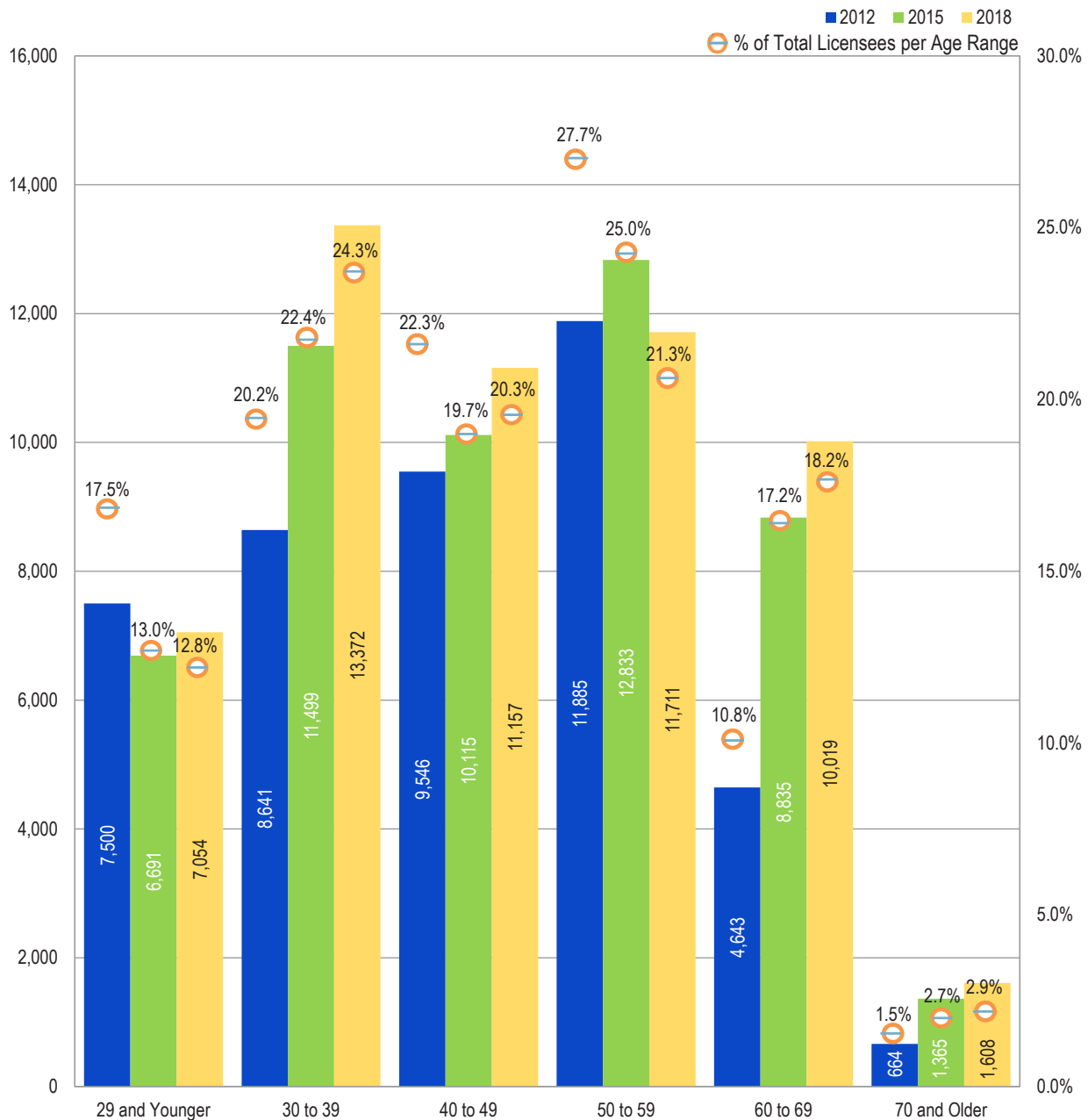
**AGE RANGE OF LICENSEES**

The following chart illustrates the total number of RN licensees by age range and also gives the percentage of total licensees by age range. There has been a steady increase in the number of licensees aged 39 and under with 37.1 percent of all RN licensees within this age group in 2018.

Not quite half (41.6%) of all RN licensees fall within the 40 to 59 age group. In 2018, the largest cohort of RNs was in the 30 to 39 range (24.3%) and those in the 50 to 59 year age range has dropped to 21.3%.

Licenses are renewed every three years. This illustration shows a glimpse of three licensure cycles for the years 2012 through 2018.

**FIGURE 3: Number and Percentage of RN Licensees by Age Range (2012, 2015, & 2018)**



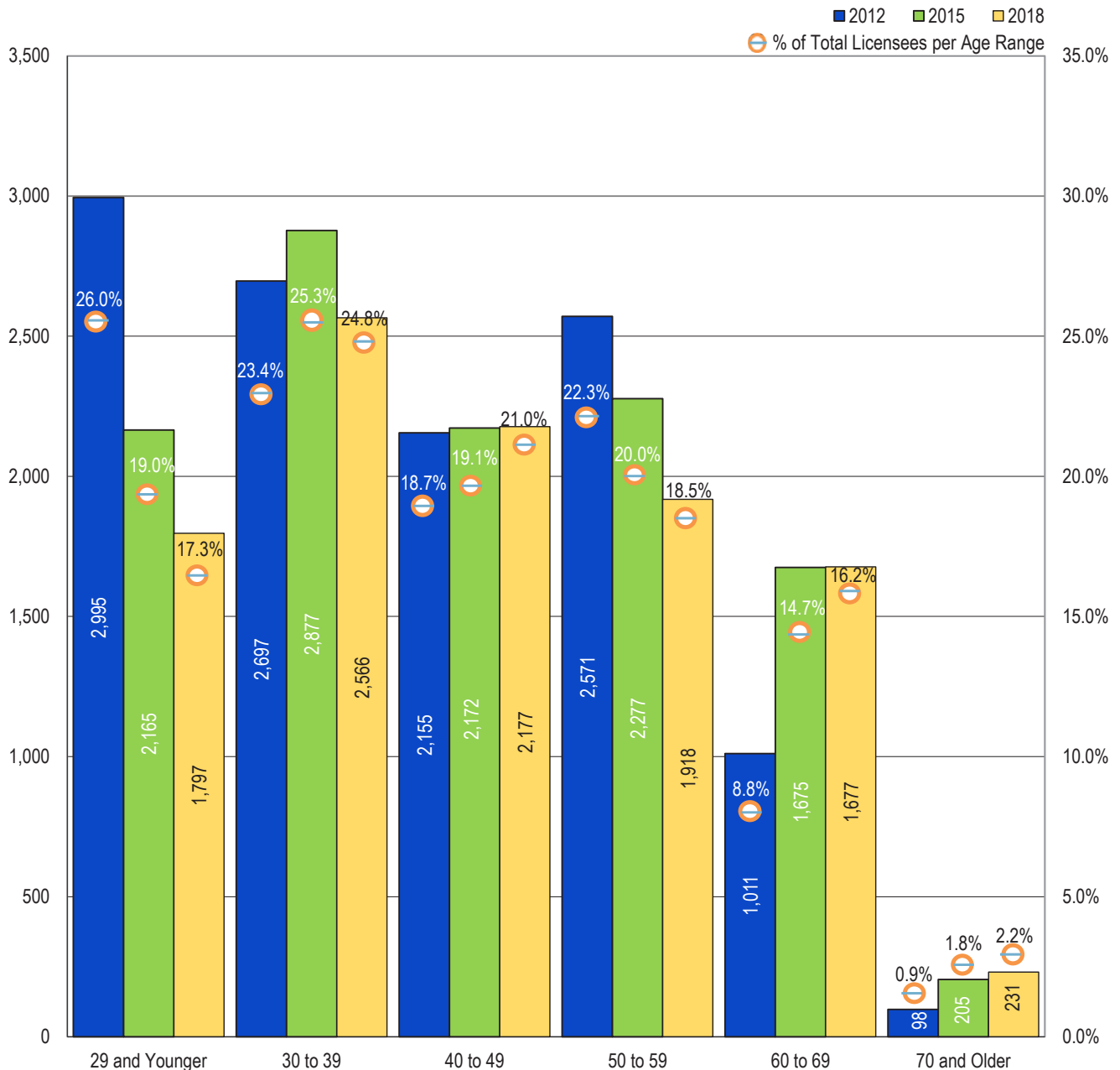
The chart below shows the total number of LPN licensees by age range and also gives the percentage of total licensees by age range.

In 2018, the largest cohort of LPNs was within the 30 to 39 year age range (24.8%).

A significant increase in the number of LPN licensees aged 39 and under has resulted in approximately 42.1 percent of all licensees falling within this age group. This outpaces the 40 to 59 age group which makes up 39.5 percent of all LPN licensees.

Licenses are renewed every three years. This illustration shows a glimpse of three licensure cycles for the years 2012 through 2018.

**FIGURE 4: Number and Percentage of LPN Licensees by Age Range (2012, 2015, & 2018)**







The Iowa Healthiest State Initiative and the Iowa Action Coalition are counting on nurses to help them get their message out! What could you do, as an individual to get involved? Or, how about getting your co-workers together for a work project? See the latest announcement about the 5-2-1-0 Healthy Choices Count! campaign below.

The Healthiest State Initiative, in partnership with the Iowa Department of Public Health, has launched a new opportunity for Iowa workplaces (<http://bit.ly/HealthyState1>) to support healthy choices for their employees. Employers of all sizes and representing all sectors are invited to sign up (<http://bit.ly/HealthyState2>) as a 5-2-1-0 Healthy Choices Count! Registered Workplace.

5-2-1-0 Healthy Choices Count! in the Workplace breaks down the key concepts of workplace wellness into the focus areas of **Eat Well, Move More and Feel Better.**

Registered sites will receive resources to start or enhance an existing wellness program, as well as statewide recognition and eligibility to apply for a Healthiest State Annual Workplace Award. Sign up your employer today!

“The health of Iowa’s workforce is vital to the success and sustainability of our state in the future. We’re calling on employers statewide to make the healthy choice the easy choice for their employees by aligning their wellness efforts to achieve the goals outlined by the 5-2-1-0 Healthy Choices Count! initiative.”

— Gerd Clabaugh, Director of the Iowa Department of Public Health

Registration now open!

**5 2 1 0** Healthy Choices Count!

# *in the WORKPLACE*

Join an important network of sectors making the healthy choice the easy choice for all Iowans!

[www.iowaHealthiestState.com/5210](http://www.iowaHealthiestState.com/5210)  
[#HealthyChoicesCount](https://twitter.com/HealthyChoicesCount)





# BOARD ORDERS

## PREVIOUSLY NAMED SANCTIONED CASES

You may look up an order by:

- name,
- case number, or
- license number.

Sanctioned licenses should be verified through our website to determine current status. Reading the entire order provides the best understanding of what the licensee was disciplined for, and what sanction they received.

Web: <https://nursing.iowa.gov>

- Click on IBON Online Services.
- Click on Discipline Documents.



Iowa Board of Nursing

400 S.W. 8th Street Suite B  
Des Moines, IA 50309-4685

Tel: (515) 281-3255

Fax: (515) 281-4825

### MARCH 2019

LAST NAME	FIRST NAME & MI	CASE #
De La Pena	Tiffany K	18-575
Mooney	Holly J	07-230
Knedler	Valerie A	17-428
Green	Patrice	17-499
Tirevold	Lea J	17-500
Geasland	Patrick D	18-223
TerHorst	Ann	18-253
Hemphill	Emily N	18-332
Reynolds	Alexis T	18-411
Peterson	Sharla K	18-477

### APRIL 2019

LAST NAME	FIRST NAME & MI	CASE #
Mason	Lindsay S	19-010
Staveley	Lacey L	16-678
Young	Corinne E	17-714
Boomgarden	Cole	17-737
Olthoff	Danielle L	18-070
Cantu	Edward I	18-113
Munford	Meghan M	18-119
Reitzler	Michelle L	18-246
Clark	Kimberlee J	18-304
Hage	Angela L	18-308
Jarvis	Jennifer M	18-523
Montgomery	George E	18-581
Postel	Kelly K	18-602
Scybert	Samantha J	19-003
Meredith	Ashley M	19-004
Roberson	Jamie	19-039
Ricke	Melissa J	19-051
Preston	Christine A	17-295
Baysinger	Tina L	17-715
Gill	Taylor J	18-130
Wilkin	Derrick W	18-254
Harvey	Elizabeth M	18-277
Nelson	Trudy L	18-323
Anderson	Fallon E	18-327 & 18-503
Renshaw	Tracy M	18-427
Howard	Katie C	18-432
Benso	Elizabeth A	18-476
Pharr	William R	18-574
Francis	Laura A	19-025

### MAY 2019

LAST NAME	FIRST NAME & MI	CASE #
Eckmann	Jacquelyn J	19-132
Clampitt	Heather M	19-134
Hoffmann	Joanne L	19-135
Lowry	Christina M	17-750
Scott	Michon M	17-583
Roan	Robin	18-045
Thompson	Nicole A	18-117
Passaris	Ashtin A	18-191
Groenendyk	Stephanie	18-170
Lenz	Lisa P	18-402
Rankin	Eric M	18-571





# CONTINUING EDUCATION OFFERINGS

## ABBREVIATIONS

SPON: SPONSOR

FAC: FACULTY

INFO: MORE INFO ONLINE

AUD: AUDIENCE

INC: INCLUDES/INCLUDING

REG BY: REGISTER BY

TBA: TO BE ANNOUNCED

NG: NOT GIVEN

NR: NONRESIDENT



### REGION 1

**NORTHWEST  
COUNTIES  
OF IOWA**

No CE listings available at this time.



### REGION 2

**NORTHEAST  
COUNTIES  
OF IOWA**

No CE listings available at this time.



### REGION 3

**SOUTHWEST  
COUNTIES  
OF IOWA**

No CE listings available at this time.



### REGION 4

**SOUTHEAST  
COUNTIES  
OF IOWA**

📅 09/02/2019; 7:45am - 5:35pm

📍 Iowa City, IA

**Essentials for Comprehensive  
Oncology Nursing Care**

SPON: University of Iowa Hospitals & Clinics Dept of Nursing #34

CONTACT: Lou Ann Montgomery, PhD, RN, BC

PHONE: (319) 356-4304

**SUMMARY:** The Essentials for Comprehensive Oncology Nursing Course is designed to focus on topics to enhance the knowledge & understanding of content that will be covered on the Oncology Certified Nurse (OCN®) exam including scientific basis for practice, treatment modalities, major cancers, side effects, health promotion & oncologic emergencies.

FAC: Elaine DeMeyer, RN, MSN, AOCN, BMTCN

INFO: <https://uihc.org/nursing-continuing-education-schedule>

AUD: Licensed Nurses Seeking OCN Certification

REG BY: 07/12/2019 FEE: \$80.00

CONTACT HOURS: 7.8

📅 09/06/2019; 8:45am - 4:00pm

📍 Iowa City, IA

**Basic Fetal Monitoring Workshop**

SPON: University of Iowa Hospitals & Clinics Dept of Nursing #34

CONTACT: Lou Ann Montgomery, PhD, RN, BC

PHONE: (319) 356-4304

**SUMMARY:** This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes & interventions to assist in the management of patients. Documentation issues & methods of antepartum testing will be included.

FAC: Jena Forman, MSN, RNC

INFO: <https://uihc.org/nursing-continuing-education-schedule>

AUD: Licensed Nurses

REG BY: 07/16/2019 FEE: \$110.00

CONTACT HOURS: 5.4



📅 09/10/2019; 8:00am - 4:30pm

📅 09/11/2019; 8:00am - 4:30pm

📍 Coralville, IA

**16th Annual Neuroscience  
Nursing Conference: Integrating  
Art & Science of Neuroscience  
Nursing**

**SPON:** University of Iowa Hospitals  
& Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery,  
PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** The 2019 Neuroscience Nursing Conference is a two-day conference designed to optimize the care of neuroscience patients by providing advanced knowledge & innovative care strategies impacting neuroscience nurses & patients across the lifespan. This information will also be useful in preparing for the Certified Neuroscience Registered Nurse (CNRN) or Stroke Certified Registered Nurse (SCRN) exams & for individuals seeking Joint Commission Stroke Center Certification Education.

**FAC:** Michael Edmond, MD, MPH, MPA, Chief Quality Officer & Associate Chief Medical Officer, Clinical Professor of Infectious Diseases, Department of Internal Medicine

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses & Other Health Care Professionals

**REG BY:** 08/20/2019 FEE: \$97.00

**CONTACT HOURS:** 13.5



📅 09/12/2019; 7:45am - 4:30pm

📅 09/13/2019; 7:45am - 4:30pm

📍 Iowa City, IA

**TNCC-Trauma Nursing Core  
Provider Course**

**SPON:** Mercy Iowa City #87

**CONTACT:** Dawn Kueny

**PHONE:** (319) 356-4304

**SUMMARY:** This intense course will provide standardized training according to the Trauma Nursing Core Course 8th Edition curriculum.

**FAC:** TNCC Approved Instructors

**INFO:** [www.mercyiowacity.org](http://www.mercyiowacity.org)

**AUD:** RNs & Other Health Care Providers

**REG BY:** 09/09/2019 FEE: \$330.00

**CONTACT HOURS:** 18.3

📅 09/19/2019; 7:45am - 4:20pm

📍 Coralville, IA

**2019 Gastroenterology Nursing  
Conference**

**SPON:** University of Iowa Hospitals  
& Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery,  
PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** The 35th Annual Gastroenterology Conference will focus on a variety of topics related to the practice of GI nursing. The conference content will be of interest to nurses who work in all settings.

**FAC:** Michael Edmond, MD, MPH, MPA, Chief Quality Officer & Associate Chief Medical Officer, Clinical Professor of Infectious Diseases, Department of Internal Medicine

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses & Other Health Care Professionals

**REG BY:** 09/06/2019 FEE: \$52.00

**CONTACT HOURS:** 7

📅 09/25/2019; 8:45am - 4:15pm

📅 09/26/2019; 7:45am - 4:30pm

📍 Iowa City, IA

**AWHONN Intermediate Fetal  
Heart Monitoring Program**

**SPON:** University of Iowa Hospitals  
& Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery,  
PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** The Intermediate FHM course promotes integration of knowledge & skills essential to nursing assessment, promotion, & evaluation of fetal safety during labor.

**FAC:** Jeana Forman, MSN, RNC

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** RNs Working in Obstetrics

**REG BY:** 09/04/2019 FEE: \$237.00

**CONTACT HOURS:** 18

📅 10/01/2019; 8:00am - 4:00pm

📍 Coralville, IA

**Women's Health & Obstetrical  
Nursing Conference**

**SPON:** University of Iowa Hospitals  
& Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery,  
PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** These annual conferences are designed to

explore patient care innovations for neonates, infants, children, adolescents & women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, & research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral & clinical issues that are relevant to nurses & ancillary professionals in a variety of settings including acute care, ambulatory, & community-based.

**FAC:** Stephanie Stewart, PhD, RNC-NIC

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses

**REG BY:** 09/17/2019 **FEE:** \$62.00

**CONTACT HOURS:** 0

📅 10/02/2019; 8:00am - 3:45pm

📍 Coralville, IA

### ■ Neonatal Nursing Update

**SPON:** University of Iowa Hospitals & Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery, PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** These annual conferences are designed to explore patient care innovations for neonates, infants, children, adolescents & women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, & research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral & clinical issues that are relevant to nurses &

ancillary professionals in a variety of settings including acute care, ambulatory, & community-based.

**FAC:** John Dagle, MD, PhD

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses

**REG BY:** 09/17/2019 **FEE:** \$62.00

**CONTACT HOURS:** 0

📅 10/03/2019; 8:00am - 4:25pm

📍 Coralville, IA

### ■ Pediatric Nursing Update

**SPON:** University of Iowa Hospitals & Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery, PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** These annual conferences are designed to explore patient care innovations for neonates, infants, children, adolescents, & women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, & research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral & clinical issues relevant to nurses & ancillary professionals in a variety of settings including acute care, ambulatory, & community-based.

**FAC:** Stephanie Stewart, PhD, RNC-NIC

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses

**REG BY:** 09/17/2019 **FEE:** \$62.00

**CONTACT HOURS:** 0

📅 10/24/2019; 7:45am - 4:15pm

📍 Iowa City, IA

### ■ AWHONN Advanced Fetal Heart Monitoring Program

**SPON:** University of Iowa Hospitals & Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery, PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** This 1-day instructor-led course is designed to prepare clinicians to care for patients with complex fetal heart monitoring tracings.

**FAC:** Jeana Forman, MSN, RNC

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** RNs Working in Obstetrics

**REG BY:** 10/03/2019 **FEE:** \$177.00

**CONTACT HOURS:** 8

📅 10/24/2019; 8:00am - 4:20pm

📍 Coralville, IA

### ■ 2019 Medical Psychiatry Nursing Conference

**SPON:** University of Iowa Hospitals & Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery, PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** The 2019 Medical Psychiatry Nursing Conference is designed to provide information & discussion of current trends in the care of patients with dual medical & psychiatric diagnosis.

**FAC:** Leslie Carpenter, PT, President; NAMI Johnson County Board of Directors

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses & Other Health Care Professionals

**REG BY:** 10/10/2019 **FEE:** \$69.00

**CONTACT HOURS:** 7

📅 11/07/2019; 8:00am - 4:30pm

📅 11/08/2019; 8:00am - 4:05pm

📍 Coralville, IA

### Sepsis State of the Art: 1st Annual Interprofessional Management of the Critically Ill

**SPON:** University of Iowa Hospitals & Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery, PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** The purpose of this two-day conference is to highlight the latest evidence-based practice & strategies for managing sepsis & other critical care issues.

**FAC:** Timothy Girard, MD, MSCI; Associate Professor of Critical Care Medicine, University of Pittsburgh & UPMC Health System

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Physicians, Hospitalists, Advanced Registered Nurse Practitioners, Physician Assistants, Pharmacists, Nurses, Respiratory, Physical, Occupational & Speech Therapists, Dieticians & Social Workers

**REG BY:** 10/20/2019 **FEE:** \$100.00

**CONTACT HOURS:** 12.9

📅 11/21/2019; 8:45am - 4:00pm

📍 Iowa City, IA

### Basic Fetal Monitoring Workshop

**SPON:** University of Iowa Hospitals & Clinics Dept of Nursing #34

**CONTACT:** Lou Ann Montgomery, PhD, RN, BC

**PHONE:** (319) 356-4304

**SUMMARY:** This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes & interventions to assist in the management of patients. Documentation issues & methods of antepartum testing will be included.

**FAC:** Jeana Forman, MSN, RNC

**INFO:** <https://uihc.org/nursing-continuing-education-schedule>

**AUD:** Licensed Nurses

**REG BY:** 10/31/2019 **FEE:** \$110.00

**CONTACT HOURS:** 5.4



REGION 5

CENTRAL  
COUNTIES  
OF IOWA

📅 10/03/2019 - 10/04/2019

📍 Des Moines, IA

### 3rd Annual Geriatric Behavioral Health Conference

**SPON:** Des Moines University #112

**CONTACT:** Vanessa Gray

**PHONE:** (515) 271-1596

**SUMMARY:** To learn from national experts about geriatric dementia & other mental health disorders that occur in older adults. Topics include psychiatric evaluation of the older patient, somatic symptom & related disorders, sleep disorders, psychotic disorders, confusion & old age, & mental health of the clinician.

Attend live on-site or online via GoToWebinar.

**FAC:** Varies

**INFO:** <https://cme.dmu.edu/geripsych2019>

**AUD:** Nurses in Family Medicine, Geriatrics, Psychiatry, & Other Related Fields

**REG BY:** 10/03/2019 **FEE:** \$99.00

**CONTACT HOURS:** 11.75

📅 10/04/2019; 11:45am

📍 Des Moines, IA

### Pain Management and Opioids: Balancing Risks and Benefits

**SPON:** Des Moines University #112

**CONTACT:** Vanessa Gray

**PHONE:** (515) 271-1596

**SUMMARY:** Clinical reports suggest that approximately 50 million Americans experience chronic pain. However, 80% of patients worldwide and half of Americans receive inadequate treatment and pain management. The CE activity will provide a safe and effective pain management plan for patients using the CDC and FDA Opioid REMS guidelines. Attend live on-site or online via GoToWebinar.

**FAC:** Varies

**INFO:** <https://cme.dmu.edu/CORE2019>

**AUD:** Nurses in all health-related fields.

**REG BY:** 10/04/2019 **FEE:** \$0

**CONTACT HOURS:** 2





📅 10/19/2019; 8:00am - 12:15pm

📍 Des Moines, IA

### Emergency Medicine Ultrasound Workshop

SPON: Des Moines University #112

CONTACT: Vanessa Gray

PHONE: (515) 271-1596

**SUMMARY:** To give the practicing Emergency Provider current information & hands-on training to improve image acquisition & interpretation of point of care ultrasound involving biliary, cardiac, & arterial exams. Practicing emergency ultrasound experts will give presentations of each topic. This will be followed by small group breakout sessions where participants will scan live models. Each small group will have an expert facilitator to ensure individualized attention & teaching that fits the needs & skill level of each participant.

FAC: Varies

INFO: <https://cme.dmu.edu/EMUS2019>

AUD: All Nurses

REG BY: 10/19/2019 FEE: \$100.00

CONTACT HOURS: 3.75

### HOME STUDY

#### CE SOLUTIONS, A DIVISION OF VGM EDUCATION

1111 West San Marnan Drive  
Waterloo, Iowa 50701

CONTACT: Heather Johnson, MHA

TOLL-FREE: (866) 650-3400

EMAIL:  
[info@discovercesolutions.com](mailto:info@discovercesolutions.com)

IOWA PROVIDER NUMBER: 335

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### Active Shooter: What You Can Do

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

**SUMMARY:** The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility.

FAC: Dorothy de Souza Guedes

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

### Advance Directives & DNRO

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

**SUMMARY:** The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives.

FAC: Denise Warren

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

### Antibiotic Stewardship

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

**SUMMARY:** Health care employees will be able to increase their knowledge of antibiotic use & the benefits of an Antibiotic Stewardship Program to promote the appropriate use of antibiotics, including a system of monitoring to improve resident outcomes & reduce antibiotic resistance.

FAC: Deb Martin, BSN

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

### Antipsychotics & the Elderly

SPON: CE Solutions, a Division of VGM Education #335

CONTACT: Heather Johnson, MHA

PHONE: (866) 650-3400

**SUMMARY:** The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications & implications of their use in the elderly population.

FAC: Elizabeth Boldon, BSN, MSN

AUD: RN, LPN, ARNP

FEE: \$11.95

CONTACT HOURS: 1

### Behavioral Health Services

SPON: CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this course is to provide education to health care employees who are involved in the care of persons with behavioral health disorders.

**FAC:** Leanne Anthon, MSN, RN

**AUD:** RN, LPN, ARNP

**REG BY:** 12/31/2018 **FEE:** \$11.95

**CONTACT HOURS:** 1

### Dealing with Difficult People in Healthcare

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** Health care professionals will learn how to identify & respond to conflict & disruptive behaviors among coworkers. Research on the negative consequences of conflict on staff morale & patient care are reviewed. Various strategies to deal with negative situations that are a part of every workplace are explained.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$23.95

**CONTACT HOURS:** 2

### Dementia Training Module A

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** All staff working in the long-term care setting will increase their knowledge & skills in

caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Understanding Alzheimer's Disease, Communication, & Behavior Management.

**FAC:** Kara Finger

**AUD:** RN, LPN, ARNP

**FEE:** \$39.99

**CONTACT HOURS:** 4

### Dementia Training Module B

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** All staff working in the long-term care setting will increase their knowledge & skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, & Ethical Issues.

**FAC:** Kara Finger

**AUD:** RN, LPN, ARNP

**FEE:** \$39.99

**CONTACT HOURS:** 4

### Dying with Dignity

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** Healthcare providers

will place an emphasis on each terminally ill patient's uniqueness that tends to preserve their sense of dignity.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### Elder Justice Act: What it Means for You

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, & related legal decisions since its enactment in 2010.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### Emergency & Disaster Preparedness

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this course is to provide the learner with general guidelines to follow during emergency & disaster situations to increase the safety for staff & patients.

**FAC:** California Department of Public Health (CAHF)

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### **Ethical Principles in Nursing**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** To enhance the nurse's ability to utilize ethical principles in nursing practice.

**FAC:** Denise Warren, RN, BSN

**AUD:** RN, LPN, ARNP

**FEE:** \$35.95

**CONTACT HOURS:** 3

### **Infection Control**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** Health care professionals will review & gain knowledge of current & emerging infection control procedures, common health care related infections, & infectious disease outbreaks.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** \$23.95

**CONTACT HOURS:** 2

### **Influenza: The Basics**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The health care

practitioner will enhance her knowledge of this season's influenza & best practices for prevention & transmission of the disease.

**FAC:** Linda Fisk, RN

**INFO:**

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### **Leadership in Health Care: General Principles**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$17.95

**CONTACT HOURS:** 1.5

### **LGBT in Health Care**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** This self-study will help health care staff understand the terminology & basic rights of LGBT seniors in long-term care.

**FAC:** Heather Johnson, MHA

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### **Multi-Drug Resistant Organisms**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered & provide recommendations for preventing their spread.

**FAC:** Denise Warren

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### **Nurse Leadership Certificate Program**

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The nine-part certificate program provides an in-depth understanding of the skills & characteristics necessary to be an effective nurse leader. This series is designed to provide nurses at all levels with practical training that can be put to use in any health care environment.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$199.95

**CONTACT HOURS:** 12

### **Nursing CEUs (100+ HR)**

**SPON:** CE Solutions, a Division of

VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care & autoimmune diseases to name just a few.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** \$33.95

**CONTACT HOURS:** 100

### ■ Nursing Documentation

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** Nurses will gain knowledge & skills related to the documentation of information in the patient's medical record.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** \$17.95

**CONTACT HOURS:** 1.5

### ■ Pain Management at Life's End

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this course is to integrate recently published pain management evidence into clinical practice & care for the terminally ill. A case scenario approach to this topic will

transpire throughout this course to aid in the discovery & application of more effective ways for health care professionals to assist patients & families in the management of pain at life's end.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$23.95

**CONTACT HOURS:** 2

### ■ Preventing Medication Errors

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** The purpose of this online course is to increase healthcare professionals understanding of & skills for eliminating medical errors.

**FAC:** Mary McGeough, BSN

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### ■ Social Media Usage in Health Care

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** In this course intended for nursing staff in the long-term care setting you will learn what is social media, what privacy rights residents have related to social media, & types of possible criminal abuse via social media.

**FAC:** Judith Orth, RN, CHPN, BSN, MA

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### ■ Staff Retention: Working Together to Achieve Organizational Success

**SPON:** CE Solutions, a Division of VGM Education #335

**CONTACT:** Heather Johnson, MHA

**PHONE:** (866) 650-3400

**SUMMARY:** To provide a framework of strategies to create successful organizations through positive, meaningful leadership.

**FAC:** Vicki Parsons, MBA

**AUD:** RN, LPN, ARNP

**FEE:** \$11.95

**CONTACT HOURS:** 1

### CONSULTANTS FOR THE FUTURE

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**IOWA PROVIDER NUMBER:** 61

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MasterCard or VISA accepted. All online courses are \$6 per hour, all mailed courses are \$6 per hour; plus a \$10.00 postage & handling fee per mail order.

### ■ Alzheimer's Disease & Related Disorders

**SPON:** Consultants for the Future #61

**CONTACT:** Linda Greenfield



PHONE: (800) 654-2387

**SUMMARY:** Provides ways to approach problem areas in direct care of those with dementia, with extensive suggestions for effective communication.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$12.00

CONTACT HOURS: 2

### Autism Spectrum Disorder

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Reviews changes in diagnostic terminology, common traits, incidence, possible causes & therapies/approaches to help a person function in an outer world that differs from inner experiences.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$18.00

CONTACT HOURS: 3

### Care of the Alzheimer's Patient

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Presents suggestions & approaches to management of common behaviors & symptoms of dementia that are not drug based.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$6.00

CONTACT HOURS: 1

### Care of Those with Disabilities: Managing Anxious, Aggressive or Combative Behaviors

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$6.00

CONTACT HOURS: 1

### Changing Beds: You May Have Made It but You Don't Have to Lie In It: Mental, Emotional Health

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$60.00

CONTACT HOURS: 10

### Cognito Ergo Sum: Creating an Empowered Image

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Teaches how to recognize & create your own

internal power by changing the way you think, using the nursing environment as the milieu.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

### End of Life: Palliative & Hospice Care

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** This course discusses the controversies of end of life care, & presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient.

FAC: Linda Greenfield, RN, PhD

AUD: RNs, LPNs

FEE: \$18.00

CONTACT HOURS: 3

### Forgiveness: A Fundamental Health Concept

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Incorporates strategies from both mental health & body-based therapies to approach forgiveness as a way to reduce stress-induced physical & mental/emotional disease states.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

### Good Grief: Providing Light to Those in Emotional Pain

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Fosters the nurse's ability to listen, console & nurture those involved in loss & changing personal identity, using specific, guided techniques.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

### HIV/AIDS: A Comprehensive Course

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Provides detailed examination of pathology, transmission, signs & symptoms, prevention, precautions & treatment of HIV.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$18.00

CONTACT HOURS: 3

### Impact of Sleep on Health & Disease

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Examines how, why & what happens when we do or don't sleep, with interventions provided.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

### Intuition in Healthcare: Fostering a Safer, More Therapeutic Process

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Examines physiologic explanations for intuition & become aware of how to facilitate accessing non-conscious information with greater accuracy & safety.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$24.00

CONTACT HOURS: 4

### Mindful Care: Using Positive Thoughts & Emotions as a Catalyst to Healing

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Examines body/mind connection, exploring chemistry that links immune system function to ways we think & feel, & teaching more positive thinking patterns & ways to deal with negative emotions.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

### Stroke

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Studies pathology of various kinds & locations of strokes, the related symptoms & approaches to acute & rehabilitative care.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$30.00

CONTACT HOURS: 5

### Stuck in a Rut: Helping Patients & Clients change Habits that are Interfering with Recovery

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$18.00

CONTACT HOURS: 3

### Supporting a Habit Change

SPON: Consultants for the Future #61

CONTACT: Linda Greenfield

PHONE: (800) 654-2387

**SUMMARY:** Teaches how to build approaches to recreate habit changes that stick.

FAC: Linda Greenfield, RN, PhD

AUD: RNs & LPNs

FEE: \$24.00

CONTACT HOURS: 4

**Talking With the Docs: Effective Nurse-Physician Communication**

SPON: Consultants for the Future #61  
 CONTACT: Linda Greenfield  
 PHONE: (800) 654-2387

**SUMMARY:** Designed to help you increase your power & effectiveness when communicating with physicians in difficult situations.

FAC: Linda Greenfield, RN, PhD  
 AUD: RNs & LPNs  
 FEE: \$24.00  
 CONTACT HOURS: 4

**The Patient in Pain: Why Are We Managing Pain & Not Healing It?**

SPON: Consultants for the Future #61  
 CONTACT: Linda Greenfield  
 PHONE: (800) 654-2387

**SUMMARY:** Physiology of acute & chronic pain perception, factors of pain reaction, attitudes toward the patient in pain that may hinder therapy, effective use of medication & use of non-invasive & alternative pain therapies.

FAC: Linda Greenfield, RN, PhD  
 AUD: RNs & LPNs  
 FEE: \$42.00  
 CONTACT HOURS: 7

**The Prevention of Medical Errors**

SPON: Consultants for the Future #61  
 CONTACT: Linda Greenfield  
 PHONE: (800) 654-1287

**SUMMARY:** Informs nurses of growing national concern over the alarmingly high numbers of errors & provides information to increase patient safety, guidance for

reporting & suggestions for systems monitoring.

FAC: Linda Greenfield, RN, PhD  
 AUD: RNs & LPNs  
 FEE: \$12.00  
 CONTACT HOURS: 2

**Working the Numbers: Nursing Interpretation of Laboratory Tests**

SPON: Consultants for the Future #61  
 CONTACT: Linda Greenfield  
 PHONE: (800) 654-2387

**SUMMARY:** Examines nursing interpretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies & liver function studies.

FAC: Linda Greenfield, RN, PhD  
 AUD: RNs & LPNs  
 FEE: \$36.00  
 CONTACT HOURS: 6

**DES MOINES UNIVERSITY**

CONTACT: Vanessa Gray  
**ALL COURSE INFO:**  
<https://cme.dmu.edu/courses/>  
 PHONE: (515) 271-1596  
**IOWA PROVIDER NUMBER: 112**

**DMU Grand Rounds**

SPON: Des Moines University #112  
 CONTACT: Vanessa Gray  
 PHONE: (515) 271-1596

**SUMMARY:** DMU Grand Rounds is held on the first Thursday of the month from 7-8 am. Attend live on-site or online via GoToWebinar; there is no cost to participate. Topics vary & will be posted as they become available. Visit the course

catalog & filter topics by “DMU Grand Rounds” & credit type by “IBON” to see upcoming activities.

INFO: <https://cme.dmu.edu/courses/>  
 AUD: All Nurses  
 FEE: \$0.00  
 CONTACT HOURS: 1

**Online Enduring Materials**

SPON: Des Moines University #112  
 CONTACT: Vanessa Gray  
 PHONE: (515) 271-1596

**SUMMARY:** Des Moines University offers online enduring continuing education opportunities for nurses. Visit the Course catalog & select the “IBON” credit type for more information.

INFO: <https://cme.dmu.edu/courses/>  
 AUD: All Nurses  
 FEE: Varies  
 CONTACT HOURS: Varies

**Online Enduring Materials**

SPON: Des Moines University #112  
 CONTACT: Vanessa Gray  
 PHONE: (515) 271-1596

**SUMMARY:** Des Moines University offers online enduring continuing education opportunities for nurses. Visit the Course catalog & select the “IBON” credit type for more information.

INFO: <https://cme.dmu.edu/courses/>  
 AUD: All Nurses  
 FEE: \$20  
 CONTACT HOURS: 1



## QUALITY MANAGEMENT CONSULTANTS, INC.

**CONTACT:** Mary Krieg, RN, PhD., President

**ALL COURSE INFO:**  
<https://goo.gl/7cSzF3>

*Also see individual link for each course.*

**PHONE:** (515) 255-2576

**IOWA PROVIDER NUMBER:** 353

### Opioid Addiction & Overdose - Community Epidemic

**SPON:** Quality Management Consultants, Inc #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 255-2576

**SUMMARY:** Discuss the epidemic of opioid addiction & overdose in our communities, why this is taking place, & the steps communities can take when faced with this growing crisis.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$29.00

**CONTACT HOURS:** 5

### Critical Thinking - Improve Your Skills

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 255-2576

**SUMMARY:** Improve your critical thinking skills in your nursing practice as well as your daily life.

**INFO:** [goo.gl/2KnfDo](https://goo.gl/2KnfDo)

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$20.00

**CONTACT HOURS:** 4

### GRIEF - Healing From Loss

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 225-2576

**SUMMARY:** Grief can take healthy & unhealthy forms, & this course will help you cope with your grief, as well as your patients' in a healthy & constructive way. Grief can take healthy & unhealthy forms, & this course will help you cope with your grief, as well as your patients' in a healthy & constructive way.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$10.00

**CONTACT HOURS:** 2

### Mental Health & Substance Abuse Emergencies in the Community

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 225-2576

**SUMMARY:** Develop an understanding of these challenging situations, & discuss the appropriate response.

**FAC:** Dr. Mary Krieg

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$0.00

**CONTACT HOURS:** 0

### Nursing Leadership on Non-Profit & Health Care Boards

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Dr. Mary Krieg

**PHONE:** (515) 255-2576

**SUMMARY:** Explore the opportunities for Board leadership in your community.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**REG BY: FEE:** \$10.00

**CONTACT HOURS:** 2

### Positive Psychology

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 255-2576

**SUMMARY:** A brief overview of the new field of scientific study of human happiness & flourishing, with an applied approach to optimal functioning that enables individuals, families, communities & organizations to thrive.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$19.00

**CONTACT HOURS:** 3

### The Affordable Care Act

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 255-2576



**SUMMARY:** This course provides an analysis of the Affordable Care Act & all its provisions, as well as what you need to know to get care for you & your family.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$20.00

**CONTACT HOURS:** 4

### ■ **The Effective Patient Advocate**

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 255-2576

**SUMMARY:** Realize your dream of becoming an independent practitioner advocating for the benefit of your patients.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$25.00

**CONTACT HOURS:** 5

### ■ **Trauma Informed Care**

**SPON:** Quality Management Consultants, Inc. #353

**CONTACT:** Mary Krieg

**PHONE:** (515) 255-2576

**SUMMARY:** Learn how traumatic experiences, especially in early childhood, can contribute to mental health & substance use issues as well as chronic physical health conditions.

**FAC:** Dr. Mary Krieg

**INFO:**  
qualitymanagementconsultants.com

**AUD:** RNs, LPNs, ARNPs

**FEE:** \$29.00

**CONTACT HOURS:** 5

### WORDS MATTER

1232 Lake View Drive  
Buckingham Iowa 50612

**TOLL-FREE:** (855) 227-6784

**WEB:** [wordsmatternurses.com](http://wordsmatternurses.com)

**IOWA PROVIDER NUMBER:** 375

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These activities have been submitted to the Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

### ■ **"Mommy, I Can't Breathe!" Enterovirus D-68**

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Healthcare personnel

will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness & deaths in children in multiple states.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**REG BY:** 07/31/2018 **FEE:** \$4.00

**CONTACT HOURS:** 2

### ■ **About Influenza**

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Nurses will discuss influenza, including exposure, signs & symptoms, transmission, diagnosis, treatment options & prevention as well as identify high risk persons for complications of influenza.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ **About Measles (Rubeola)**

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Nurses will discuss measles disease, including signs & symptoms, transmission, complications, patient/parent teaching, & vaccination protocol for the disease.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### About Postural Orthostatic Tachycardia Syndrome (POTS)

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** : Health care personnel will identify the symptoms of postural orthostatic tachycardia syndrome (POTS) & how it is diagnosed & treated.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Anxiety Disorders in Adults & Children

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** Anxiety disorders can be debilitating for both adults & children. The nurse will enhance her understanding of types of anxiety disorders that affect the individual & the different modalities used to treat them.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Aortic Aneurysm: A Silent Killer

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** Health care personnel will enhance their knowledge of aortic aneurysms, including thoracic aortic aneurysms (TAA) & abdominal aortic aneurysms (AAA).

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Bumpety-Bump: Diagnosis Mumps

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** Healthcare personnel will enhance their understanding of mumps.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Heart Palpitations - A Cause for Concern?

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** : Health care personnel will enhance their knowledge of heart palpitations, both those that are benign & those that may indicate a more serious health issue.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Hepatitis A: A New Epidemic?

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** Nurses will discuss hepatitis A & explain how the

disease is transmitted, who is at risk for the disease, signs & symptoms of illness, prevention of hepatitis A, & vaccination guidelines.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### It's Just a Bug Bite, Right? Vector- Borne Diseases

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** Nurses will enhance their knowledge of vector-borne diseases: signs & symptoms, diagnosis, treatment, & prevention.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Just A Plane Ride Away: Ebola Virus Disease

SPON: Words Matter Nurses #375

CONTACT: Linda Fisk, RN

PHONE: (855) 227-6784

**SUMMARY:** To identify the signs & symptoms of Ebola Virus Disease & the implications for the U.S. based healthcare system.

FAC: Linda Fisk, RN

AUD: RNs, LPNs

FEE: \$5.00

CONTACT HOURS: 2

### Opioids - Friend or Foe? (Part I)

SPON: Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Health care personnel will discuss pain & how medical response has led in some cases to over-prescribing. Street drugs are another part of the opioid crisis, both issues contributing to ninety-one deaths from drug overdose every day in the United States.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ Opioids - Friend or Foe? (Part II)

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Healthcare professionals will discuss the opioid crisis & become familiar with the program developed by CDC to respond to the crisis.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ PANDAS/PANS Neuropsychiatric Disorders in Children

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Nurses will recognize the signs/symptoms of PANDAS/PANS in children following a strep infection.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ Stowaways! Diseases That are Sneaking Across the U.S. Border

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Health care personnel will be introduced to diseases that may accompany immigrant/refugee children & families to the U.S.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ The Aged: Dying From Loneliness?

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Nurses will study the effects of loss & grief on the elderly population.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ When Spiders Bite

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227.6784

**SUMMARY:** Recognize the signs & symptoms of a spider bite, & care & treatment for the wound.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ Zika Virus: What You Need to Know

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Healthcare personnel will enhance their understanding of Zika virus.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2

### ■ Sexually Transmitted Diseases (STDs) are on the Rise: What Nurses Need to Know

**SPON:** Words Matter Nurses #375

**CONTACT:** Linda Fisk, RN

**PHONE:** (855) 227-6784

**SUMMARY:** Nurses will be able to identify the signs/symptoms for various STDs, treatment, & follow-up.

**FAC:** Linda Fisk, RN

**AUD:** RNs, LPNs

**FEE:** \$5.00

**CONTACT HOURS:** 2



# IOWA ASSOCIATION FOR NURSING CONTINUING EDUCATION (IANCE)

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Promoting quality continuing education for nurses in Iowa and fostering professional growth and understanding among Iowa nursing continuing education providers. Experience the benefits of being an IANCE member:

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# “EVERYONE DESERVES TO BE SAFE AT HOME”

## WHAT IS SAFE AT HOME?

Safe at Home (SAH) is an address confidentiality program. This program helps survivors improve their lives with the following services:

### SUBSTITUTE ADDRESS

SAH will assign participants a substitute address. This address can be used with any city, county, and state offices, as well as with private organizations that require a mailing address. Your physical address will not appear in public records.

### MAIL FORWARDING SERVICE

First-class, legal, and certified mail, as well as packages of prescriptions, will be securely handled and forwarded to the participant’s confidential address.

### CONFIDENTIAL VOTER REGISTRATION

Participants can register to vote and not be listed on the public voter registration list.

## WHO IS ELIGIBLE FOR SAFE AT HOME?

### SAFE AT HOME MAY BE THE RIGHT FIT IF:

- You are a survivor of domestic violence, sexual assault, trafficking, stalking, or violent crimes.
- Your address is or will be unknown to your abuser or offender.

## SAFE AT HOME IS NOT

- A witness protection program.
- Capable of shielding you from legal obligations, such as custody disputes.
- Able to hide your address from real estate records, such as the purchase of a home or office space. However, renters’ addresses will be protected.

## HOW DO I APPLY FOR SAFE AT HOME?

**STEP 1** Contact an advocate program or the Secretary of State’s office for more information:

[SafeAtHome@Iowa.gov](mailto:SafeAtHome@Iowa.gov)  
515-281-0145

**STEP 2** Complete an enrollment form and return it to the Secretary of State’s office at:

Safe at Home  
321 East 12th Street  
Des Moines, IA 50319

**STEP 3** If certified, you will be notified by the Secretary of State’s staff and you will receive a participant’s packet.

**STEP 4** Notify everyone of your new Safe at Home address.

Visit [www.SafeAtHome.Iowa.gov](http://www.SafeAtHome.Iowa.gov) for more information.



**IOWA BOARD OF NURSING**

Riverpoint Business Park  
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Des Moines, IA 50309-4685

[www.nursing.iowa.gov](http://www.nursing.iowa.gov)