



IOWA BOARD OF NURSING

Newsletter

OPIOID USE IN IOWA

The Opioid crisis in Iowa has the potential to affect every Iowa citizen and every healthcare member. Please read this important article provided by the Iowa Department of Public Health.

Thought to be an issue only in major U.S. cities or more populated states, use of opioids (which includes heroin and prescription pain relievers) is becoming a problem of epidemic proportions in more rural areas of the country. While alcohol, marijuana and methamphetamines remain the primary substances misused in Iowa, in the last decade significant increases have been observed in the number of Iowans identifying opioids as their drug of choice at the time of admission to treatment – and in the number of overdose deaths.

[continued on page 2 >](#)

BOARD OF NURSING 2018 LEGISLATION

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The Iowa Board of Nursing will require the nurse refresher course to have a theory component and a clinical component. The nurse must complete the course before they will be issued a license.

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WORKFORCE COMMITTEE MEMBER NEEDED

The Iowa Center for Nursing Workforce is soliciting applications for a committee member to serve on the Workforce Advisory Committee.

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MEMBERS OF THE IOWA BOARD OF NURSING

May 1, 2018 - April 30, 2019

	TERM ENDS
Gwen Suntken, MS, RN Chairperson, Representing Nursing Practice	2020
Nancy Kramer, EdD, ARNP, CPNP, CNE Vice Chairperson, Representing Nursing Education	2019
Kathryn Dolter, RN, PhD Representing Nursing Education	2021
Mark G. Odden, BSN, MBA, CRNA, ARNP Representing Nursing Practice	2019
Sue Putnam, LPN Representing LPN Nursing Practice	2020
BJ Hoffman, Public Member	2020
Patrick Mooney, Public Member	2019

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Data collected by the Bureau of Substance Abuse show that treatment admissions related to opioid use have more than tripled from 2005 (608 admissions) to 2016 (2,274 admissions). In addition, data from the Bureau of Health Statistics show that opioid *overdose* and *related* deaths have also tripled during the same time period (*overdose* meaning an opioid was identified as the *primary cause of death* in the medical examiner’s report; *related* meaning an opioid was referenced in the medical examiner’s report and *could have contributed to the cause of death*).

OPIOID OVERDOSE DEATHS		
YEAR	2005	2017
OVERDOSE DEATHS	28	99*

**Indicates Provisional Data/IDPH Bureau of Health Statistics*

OPIOID RELATED DEATHS		
YEAR	2005	2016
RELATED DEATHS	59	205*

**The number of Opioid Related Deaths is inclusive of Opioid Overdose Deaths*

WHY THE INCREASE?

According to the Centers for Disease Control and Prevention (CDC), in 2012, health care providers wrote 259 million prescriptions for opioid pain relievers – enough for every American adult to have a bottle of pills. Prescription opioid sales in the United States have increased by 300% since 1999, even though there has not been an overall change in the amount of pain Americans report. In a study by the International Narcotics Control Board, the United States accounts for nearly 100% of the Hydrocodone used globally and 81% of Oxycodone used.

As people use opioids continuously their tolerance increases, but they may not be able to maintain their original source for the medication. This can lead them to turn to other sources and even switch from prescription drugs to cheaper and riskier substitutes like heroin.

WHAT IS BEING DONE IN IOWA?

A variety of efforts are taking place in Iowa to address opioid misuse, including:

- Statewide media campaign on the dangers of opioid misuse
- Ongoing recruitment of prescribers willing to provide Medication Assisted Treatment
- Expanded access to Naloxone (the opioid overdosed reversal drug)
- Introduced legislation requiring use of the PMP when prescribing an opioid, a Good Samaritan Law, and required education on the CDC Guideline for Prescribing Opioids for Chronic Pain

For more information, contact Kevin Gabbert, LISW, IAADC, Opioid Initiatives Director, Iowa Department of Public Health, email: kevin.gabbert@idph.iowa.gov.

BOARD MEETINGS

JULY 11, 12, 13, 2018 (JUNE 13, 2018)

OCTOBER 3, 4, 5, 2018 (SEPTEMBER 5, 2018)

JANUARY 9, 10, 11, 2019 (DECEMBER 12, 2018)

All Board and Committee agendas are on our website. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas will remain posted until replaced by the current agendas. Board and Committee minutes are posted at our website approximately three (3) months following the meetings.

You can locate our Agendas and Minutes at our website, nursing.iowa.gov, under "About the Board."

You may subscribe to email notification of the first posting of a meeting or conference call agenda by sending a blank email to: ibon.helpdesk@iowa.gov.

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office **four (4) weeks** prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.

MEET THE BOARD MEMBER



MY NAME IS SUE PUTNAM and I have been a nurse since 2009. I have worked in all different settings, across multiple states, from acute care to skilled rehab. I currently work in long term care and I really enjoy it due to the different people that are there and the stories that they tell. I love to learn and I really believe there is something to learn every day - nursing provides that for me.

When I'm not working, I come home to my husband, Chris, and my four children. We live out in the country and currently have about 9 chickens, 2 dogs and a few cats. I plan to raise a big garden this summer and maybe add a few goats to the mix. I am also a big reading nerd. I would read all day, every day if I could. Plus I love playing games on my PlayStation 4.

I'm excited to be able to join the Iowa Board of Nursing. I think it is going to be an excellent learning experience for me.

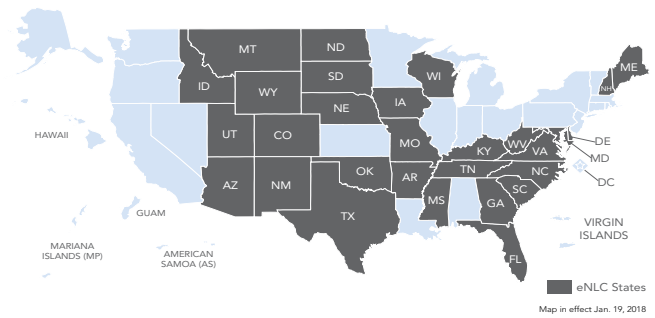
EDITOR'S NOTE: *Three-year appointments to the Iowa Board of Nursing occur following an application process and appointment by the Governor and Lt. Governor. Sue Putnam began her board service in 2017. Ms. Putnam serves on the Practice Committee of the Board.*



A NOTE FROM THE BOARD

GIVEN THE CHANGING LANDSCAPE of marijuana, including the legalization of recreational marijuana in some states, we want to ensure licensees understand how the use of recreational marijuana may impact their Iowa nursing license. Recreational marijuana remains illegal under federal law and under Iowa law. Use of recreational marijuana, regardless of the location of use, may result in disciplinary action against your Iowa nursing license or privilege to practice. Note that employers and potential employers frequently forward the results of positive drug screens to state licensing boards in states where you have a nursing license. When we receive such a report, a complaint may be opened, even if a positive drug screen was the result of your use of recreational marijuana in a state where recreational marijuana is legal. We encourage all nurses to think about the potential consequences of using recreational marijuana prior to engaging in such conduct.

ALL YOU EVER WANTED TO KNOW ABOUT THE ENHANCED NURSE LICENSURE COMPACT (ENLC)



The implementation date for the Enhanced Nurse Licensure Compact (eNLC) was January 19, 2018. The following scenarios and information provided by the eNLC Commission and the National Council of State Boards of Nursing (NCSBN) will tell you everything you ever wanted to know about the eNLC! For up-to-the-minute information about the compact visit <http://bit.ly/eNLCImplementation>.

SCENARIO I

A nurse currently holding an active Iowa multistate license will be grandfathered into the eNLC; however, if you move to another state that is a member of the eNLC, you will need to meet the Uniform Licensing Requirements (ULRs) to obtain a multistate license. Likewise, all nurses applying for licensure and declaring Iowa their state of residency will need to meet the ULRs.

A nurse who does not meet the ULRs may be issued a single state license.

SCENARIO II

A nurse currently holding an active Iowa multistate license may practice in the following states: Arizona, Arkansas, Colorado, Delaware, Florida (new to compact), Georgia (new to compact), Idaho, Iowa, Kentucky, Maine, Maryland, Mississippi, Missouri, Montana, Nebraska, New Hampshire, New Mexico, North Carolina, North Dakota, Oklahoma (new to compact), South Carolina, South Dakota, Tennessee, Texas, Utah, Virginia, West Virginia (new to compact), Wisconsin, Wyoming (new to compact).

As with the original Nurse Licensure Compact, if you practice in other states on your multistate license, you must adhere to the laws and regulations of the state where the patient is located.

NEW ENHANCED NURSE LICENSURE COMPACT CHANGES FOR NURSES WITH CRIMINAL CONVICTIONS

On July 20, 2017, the new Enhanced Nurse Licensure Compact was passed in Iowa. The new compact states that any nurse who has been convicted of, or found guilty of any felony, may not have a multi-state license, unless that felony has been deferred, expunged, or otherwise disposed in a way in which it is no longer considered a conviction.

The new compact also states that any nurse who has been convicted of, or found guilty of, a misdemeanor that the Board has determined is related to the practice of nursing, may also not possess a multi-state license, unless it was deferred, expunged or otherwise disposed of so as to not be considered a conviction.

Nurses whose criminal convictions were already reviewed by the Board before July 20, 2017, may consider themselves “grandfathered” by the old review standards and retain a multi-state license, unless their license is revoked, surrendered, or becomes inactive. Under these circumstances they will need to have their criminal convictions reviewed again as part of the licensure process, and crimes that may have been grandfathered may now prevent them from holding a multi-state license.

An exception to these crimes preventing a licensee from holding a multi-state license is if the licensee can supply official court documentation showing the crimes in question were deferred, expunged or otherwise disposed as a non-conviction. Proof of this should allow the licensee to maintain their multi-state privilege. It is the licensee’s responsibility to provide this documentation, and their license will be single state until the Board receives and reviews it.

Any felony conviction after July 20, 2017, that does not receive a deferred judgment or other non-conviction disposition will prevent a licensee from holding a multi-state license. Any misdemeanor conviction received after July 20, 2017, that does not receive a deferred judgment or other non-conviction disposition may prevent someone from receiving a multi-state license if the Board determines the misdemeanor is related to the practice of nursing. Crimes are reviewed on a case by case basis after all the needed information has been provided.

If you have any questions about this please call our office at 515-281-3255 and ask to speak to someone in Enforcement.



BOARD OF NURSING 2018 LEGISLATION

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The Iowa Board of Nursing will require the nurse refresher course to have a theory component and a clinical component. The nurse must complete the course before they will be issued a license.

In order for a nurse, who does not hold an active Iowa license, to complete the clinical component of a nurse refresher course they must have authority to practice nursing in a clinical setting. On April 10, 2018, Governor Kim Reynolds signed the legislation amending Iowa Code, Chapter 152.9A giving the board the authority to allow a nurse to complete the clinical component of the nurse refresher course.

The legislation that was passed reads as follows:

152.9A Limited nursing authorization.

The board may issue a limited authorization to a nurse to complete the clinical component of a nurse refresher course. The board shall determine the length of time a limited nursing authorization shall remain effective.

Board staff is aware of 18 other states who require some type of course or remediation for nurses who have not held an active license for a certain period of time.

Board staff will begin the process of promulgating rules to address the requirements of a Nurse Refresher Course now that the legislation has passed.

Nurses should take an active role in the legislative process. Find your legislator at this site: www.legis.iowa.gov/legislators/find. When you see something that impacts your work and your patients/clients, let your legislators know how you feel about the topic!

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RENEWAL REMINDER

Licenses should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

A \$50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the license.

EXPIRATION DATE OF CURRENT RENEWAL	RENEWAL DATES	LATE FEE ASSESSED	INACTIVE STATUS IF NOT RENEWED
April 15, 2018	February 15, 2018 – April 15, 2018	April 16	May 16, 2018
May 15, 2018	March 15, 2018 – May 15, 2018	May 16	June 16, 2018
June 15, 2018	April 15, 2018 – June 15, 2018	June 16	July 16, 2018
July 15, 2018	May 15, 2018 – July 15, 2018	July 16	August 16, 2018

The continuing education requirement for all license renewals is 36 contact hours (3.6 CEUs) of nursing continuing education. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Effective 1/1/2018, all license renewals require 36 contact hours of continuing education, regardless of the term of the license.

 MOUNT MERCY UNIVERSITY CEDAR RAPIDS, IA

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- » BSN
(on campus)
- » RN to BSN
(on campus or online)
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5 Areas of Emphasis
(on campus)

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DOCTOR OF NURSING PRACTICE (DNP)

Apply by June 1 for Fall 2018 start

mtmercy.edu/ibon

nursing@mtmercy.edu | 319-286-4435

THE IOWA NURSE ASSISTANCE PROGRAM CAN HELP

What?



What is the Iowa Nurse Assistance Program (INAP)?

INAP is a new resource for individual nurses who are impaired as a result of alcohol or drug use, dependency, addiction, or by any mental or physical condition.

It is a voluntary, confidential program and provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status, while protecting the safety of the public.

Are programs like this successful?

Yes! Similar programs to INAP currently in practice show that an appropriate combination of treatment and support effectively help participants manage their impairment or condition.

Who?



Who may be eligible for the program?

- Nurses who voluntarily report themselves
- Nurses with any physical or mental condition affecting their practice
- Nurses who use alcohol or drugs to the extent their practice is affected

Referrals may come from:

- Self-referral
- Board referral
- Licensure department
- Enforcement
- Employer complaints

Why?



Impairment can cost your job and license.

INAP Serves Nurses:

- Consultation upon entering program
- Early intervention and treatment referrals to local support services
- Ongoing monitoring and support as an effective alternative to discipline

INAP Serves the Public:

- Public protection through close monitoring to ensure safe practice
- Coordination with employers to assure patient safety and a smooth transition back to nursing practice

Who Runs INAP?

The Iowa Nurse Assistance Program (INAP) is authorized by the Iowa Board of Nursing to assist nurses in the early identification and treatment of impairment and illness.

INAP is managed by a committee who works with the program coordinator. Committee members include the director of the Iowa Board of Nursing, substance and mental health professionals, nurses recovering from addiction, and a public member.

IOWA NURSE ASSISTANCE PROGRAM



OFFERED BY THE IOWA BOARD OF NURSING

The INAP committee may:

- 1) Evaluate on a case by case basis whether candidates are appropriate for the program.
- 2) Submit recommendations to the Iowa Board of Nursing.
- 3) Monitor the recovery process of participants.

Contact Us:

Iowa Nurse Assistance Program
400 SW 8th Street, Suite B
Des Moines, Iowa 50309

Email: INAP@iowa.gov
Phone: 515-725-4008
Fax: 515-725-4017
Web: nursing.iowa.gov

Assuring Safe Nursing Care in Iowa

A confidential monitoring program for nurses in need of assistance



To view the new INAP Participant Handbook, visit bit.ly/INAP-Participant-Handbook.

COMMUNICATING WITH THE IOWA BOARD OF NURSING



The Iowa Board of Nursing requests that licensees and the public use the board web site nursing.iowa.gov for 24-hour access to online license renewal and verification, address changes and general information.

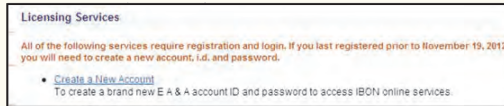
Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

QUESTIONS ABOUT	CONTACT
<ul style="list-style-type: none">• Name/address changes• Request application for license renewal, reactivation, endorsement, or exam• Inactive status	<ul style="list-style-type: none">☎ (515) 281-4826✉ ibon@iowa.gov
<ul style="list-style-type: none">• Your license renewal or reactivation in process• Lost/stolen licenses• License Verification	<ul style="list-style-type: none">☎ (515) 281-3264✉ ibon.renewal@iowa.gov
<ul style="list-style-type: none">• Your license by examination in process• Initial ARNP application• Your ARNP application in process	<ul style="list-style-type: none">☎ (515) 281-6488✉ newnurs@iowa.gov
<ul style="list-style-type: none">• Your license by endorsement in process• Your ARNP renewal in process	<ul style="list-style-type: none">☎ (515) 281-4827✉ endorse@iowa.gov✉ arnpren@iowa.gov
<ul style="list-style-type: none">• Continuing Education rules• Continuing Education provider rules	<ul style="list-style-type: none">☎ (515) 201-2509✉ laura.hudson@iowa.gov
<ul style="list-style-type: none">• Special approval of Continuing Education courses• Audits	<ul style="list-style-type: none">☎ (515) 281-8258✉ ibon.audit@iowa.gov
<ul style="list-style-type: none">• Disciplinary issues• Sanctioned cases	<ul style="list-style-type: none">☎ (515) 281-6472✉ enforce@iowa.gov
<ul style="list-style-type: none">• Editor, Iowa Board of Nursing newsletter• Website content	<ul style="list-style-type: none">☎ (515) 201-2509✉ laura.hudson@iowa.gov
<ul style="list-style-type: none">• Scope of nursing practice in Iowa	<ul style="list-style-type: none">☎ (515) 326-4400✉ nursingpractice@iowa.gov
<ul style="list-style-type: none">• Formal nursing education in Iowa	<ul style="list-style-type: none">☎ (515) 326-4400✉ nursingeducation@iowa.gov
<ul style="list-style-type: none">• Nurse Licensure Compact Agreement (Multi-state license)• NCLEX accommodations• Foreign applicants for licensure	<ul style="list-style-type: none">☎ (515) 281-3255✉ ibon.helpdesk@iowa.gov
<ul style="list-style-type: none">• Alternative to Discipline Program (Iowa Nurse Assistance Program)	<ul style="list-style-type: none">☎ (515) 725-4008✉ inap@iowa.gov

Creating an Online User Account

If you have ever done business online with any state agency (such as for college aid), you would use the same account id that you have already created. Otherwise, all license related processes begin with user registration, including updating contact, employment or educational information. Secured Access and ordering a roster also require the visitor to register.

The main menu displays the following option:



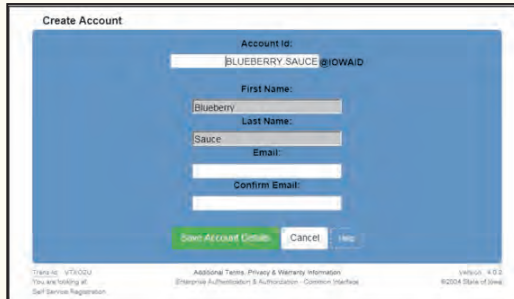
If you click on "Create a New Account," you will be taken directly to the registration page and tab that you need in order to register:



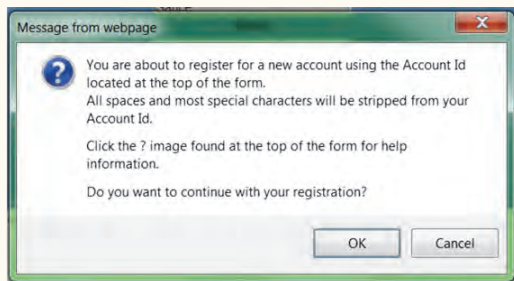
This registration site is maintained by the state's technology division as a global login for the entire state enterprise. Enter your first and last name:



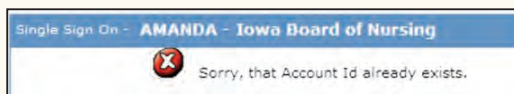
The registration automatically combines first and last names into a suggested user i.d., and appends "@iowaid." But if the first name/last name combination already exists, the i.d. field will appear blank, and you will need to create your own account i.d. In either case, anything can be substituted ahead of the "@", but the i.d. that is created is permanent so it will need to be memorable.



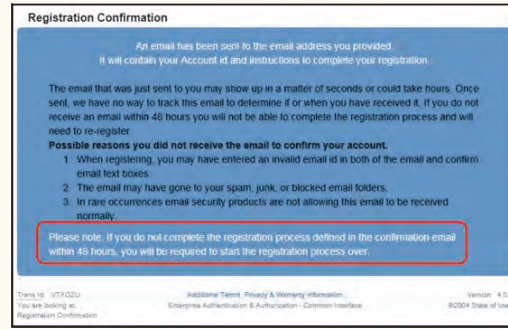
Enter your email address twice in the screen pictured above, and click "Save Account Details." A popup box gives a final caution.



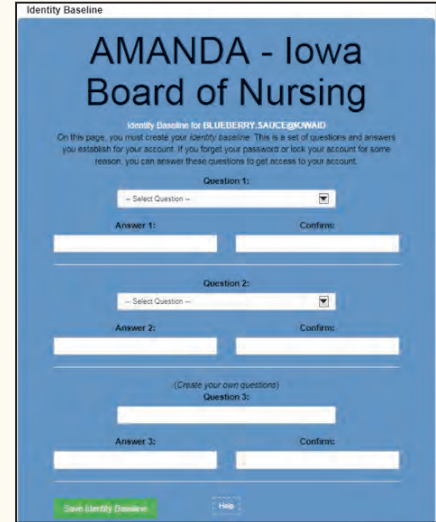
If you created an i.d. with your first.name.lastname as your i.d., and someone else with the same first and last name has already registered to do any kind of business with the State of Iowa, you will receive the following error message.



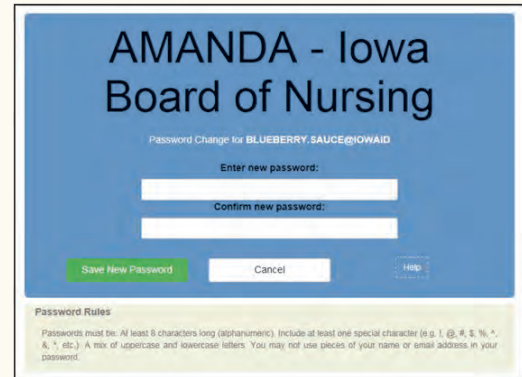
After successfully selecting an i.d., entering the email address twice and clicking "continue," you will see the following screen advising you that an email has been sent with information to complete the registration. Note that there is a time limit of 48 hours to complete the registration.



The email will include a link to come back to the registration site. This is done as verification that the email address is a real one. Clicking the link in the email returns the user to the following screen at the EAA website to complete the registration by selecting security questions and answers.



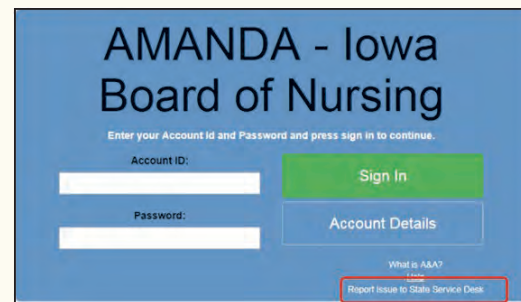
The next screen requires the user to create their password:



The registration is complete, and the user is taken to the screen where they can actually log in. Note that the above registration process should only be required once. Thereafter, the licensee would use the existing account.

Also note that on most screens there is a "Help" button. This will take you to a help library maintained by the state's Office of the Chief Information Officer (OCIO), and may take you to the relevant portion of an extended FAQ system.

It is only on the login screen itself, that you will find a link to report an issue to the OCIO Help Desk.



This link will take you into the state's OCIO site to submit a service request or inquiry.

CHANGE OF ADDRESS/NAME

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

TODAY'S DATE: _____

LAST NAME: _____

FIRST NAME: _____

MIDDLE NAME: _____

SSN: _____ / _____ / _____

RN/LPN# _____

RESIDENT STATE: _____

EMAIL: _____

NAME CHANGE: YES NO

PREVIOUS NAME: _____

OLD ADDRESS

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

NEW ADDRESS

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

I'M ON ACTIVE MILITARY DUTY

I'M A FEDERAL EMPLOYEE

I'M AN LPN CURRENTLY IN THE PROCESS OF OBTAINING AN RN LICENSE

MY LICENSE EXPIRES IN LESS THAN 2 MONTHS AND WOULD LIKE A RENEWAL FORM MAILED TO ME

MAIL TO:

Iowa Board of Nursing
400 SW 8th Street, Suite B
Des Moines, IA 50309

OR

Email information to: ibon@iowa.gov
Update address online at nursing.iowa.gov
Select IBON online services

TO CHANGE YOUR EMAIL ADDRESS

If your email address changes, it needs to be updated in two different places: your IBON record, and your login account. These are hosted separately.

To update your IBON record:

Although you can wait until you renew your license, it may be wiser to update it immediately, as follows:

1. Go to IBON Online Services and select "Update Contact Information."
2. This will take you to the Enterprise login screen mandated by the State of Iowa.
3. Enter your account i.d. and password, and click "Sign In."
4. You will be returned to the Iowa Board of Nursing Online Services, and the proper screen to update your information.
5. Update all available fields on the screen – including your email address, and click Continue.

To Update your login i.d.

Your login email is different from the email address in your license record. The login email is used by the state's mandated authentication services for all state business. If you forget your login i.d, the system can send it to you – but it will go to the email address they have on record in the login account, not to the address in your license record.

1. Go to IBON Online Services and select "Update Contact Information." This will take you to the Enterprise login screen mandated by the State of Iowa.
2. On the login screen (below), enter your account i.d. and password, **BUT instead of clicking on "Sign In," click on "Account Details."**

The screenshot shows the Board of Nursing login interface. It has a blue header with the text 'Board of Nursing' and 'Enter your Account Id and Password and press sign in to continue.' Below this are two input fields: 'Account ID:' and 'Password:'. To the right of the 'Account ID' field is a green 'Sign In' button. Below the 'Password' field is a blue button labeled 'Account Details', which is highlighted with a red rectangular box. At the bottom right, there are links for 'What is A&A?', 'Help', and 'Report Issue to State Service Desk'.

3. This will take you to the following screen, where it is apparent that you need to enter your new email twice and click save.

The screenshot shows the 'Change Account Details' screen on the Board of Nursing website. It has a blue header with the text 'Board of Nursing' and 'Change Account Details'. Below the header are two columns of options. The left column is titled 'First Name:' and 'Last Name:' with input fields containing 'Connie' and 'Cranberry' respectively. The right column is titled 'Other Actions' and contains two buttons: 'Change Password' and 'Change Baseline'. Below these columns are two input fields for 'Email:' and 'Confirm Email:', both containing 'ibontest33@iowa.gov'. A green 'Continue to Board of Nursing' button is to the right of the 'Email' field. At the bottom, there are 'Save' and 'Help' buttons. A red rectangular box highlights the two email input fields.

Additional note:

If you can remember neither your login i.d. nor your password, AND your email address has changed, you have two choices:

1. Create a new and different login i.d. and password. The new login i.d. must be different from the one you initially created, i.e., Suzy.Smith@iowaid could become Suzy.Smith2@iowaid.
2. You can request assistance through the state's Help Desk from the links available in the lower right of the login screen, or by calling 515-281-5703, or 1-800-532-1174.

Celebrate National Nurses Week



MAY 6–12, 2018

During National Nurses Week, the Iowa Board of Nursing would like to extend a special thanks to you, our nurses, as you continue to provide the highest level of quality care to your patients. You deserve special recognition for your efforts to inspire, innovate, and influence every day!



NATIONAL NURSES WEEK 2018
AMERICAN NURSES ASSOCIATION

ONLINE LPN SUPERVISORY COURSE

The Iowa Board of Nursing has approved curriculum for the Supervisory Course for Iowa's Licensed Practical Nurses (LPN), which is offered by the National Healthcare Institute (NHI), IBON approved provider 376. This course is completely online with access to an electronic textbook titled *Leading and Managing in Nursing*.

NHI launched the curriculum on February 1, 2017. Direct access to the course's description and registration page can be found at bit.ly/Supervisory-Course-For-Iowas-Licensed-Practical-Nurses. Licensees will be sent a detailed registration letter and course navigation guide upon payment for the course. To discuss corporate account information, contact Daniel Campos at dcampos@nhinstitute.com or by telephone at 786.380.5135.



IOWA CENTER FOR NURSING WORKFORCE

WORKFORCE COMMITTEE MEMBER NEEDED

The Iowa Center for Nursing Workforce is soliciting applications for a committee member to serve on the Workforce Advisory Committee. Due to a resignation on the committee, we are seeking a representative to fill the category of a practicing registered nurse educated at the ADN or BSN level. Committee members are board approved and board staff facilitates the committee work.

The charge for the Iowa Center for Nursing Workforce advisory committee is as follows:

- To identify the overall strategic direction for the Iowa Center for Nursing Workforce.
- To establish priorities for the Iowa Center for Nursing Workforce.

The anticipated time commitment for this committee is three to face-to-face meetings over the course of one year, with meetings held in Des Moines. Terms are three-year terms, with a three-term maximum.

INTERESTED PARTIES SHOULD SUBMIT A COVER LETTER AND RESUME TO:

Laura Hudson, MSN, RN, Associate Director CE/Workforce
400 S.W. 8th Street, Suite B, Des Moines, IA 50309-4685.

All letters and resumes must be received in the board office by **May 31, 2018**, to be considered.

IOWA CENTER FOR NURSING WORKFORCE RELEASES THE 2017 – 2020 STRATEGIC PLAN

At their meeting held March 7, 2018, the Iowa Center for Nursing Workforce Advisory Committee finalized their 2017 – 2020 Strategic Plan. Overarching goals include the following:



GOALS AND STRATEGIC INITIATIVES

1. COLLABORATION

Leverage the momentum of the STEM initiative by participating in state-level planning and encouraging nursing's involvement in at least six regional events per year.

2. DATA

Publish periodic, relevant data about the nurse workforce supply and demand, wages, education, and projected retirements over the next five year period.

3. REGULATION/PRACTICE

Develop, disseminate and/or report opportunities to educate the nursing workforce regarding the regulatory process and the role of nurses in both advancing policy and advocacy.

4. WORKFORCE RETENTION & CAREER ENHANCEMENT

Promote recruitment and retention of the nursing workforce by highlighting best practices within the state in a least three different service areas, with at least one each year. (e.g. long term care, urban and rural areas.)

Assist with decreasing workplace violence by supporting and promoting educational programs and initiatives that work to decrease violence in the healthcare setting.

5. CAREER PATHWAYS

Support efforts to increase awareness of nursing career pathways in Iowa by linking with existing resources and participating in ongoing activities.

Partner with other agencies and institutions to research millennial needs and design a campaign to promote how nursing meets their employment/career needs.

6. OUTREACH AND PROMOTION

Promote awareness of the Future Ready Iowa goals and the intersection with nursing workforce needs.

Recruit people to nursing.

To see the Iowa Center for Nursing Workforce Center's Strategic Plan, see the Board's website at: bit.ly/2qjuPTm.

An advertisement for Clarke University Nursing. At the top left is the Clarke University logo, a stylized yellow and blue 'C' with a book icon. To its right is the word "Clarke" in a large, blue, serif font, with "UNIVERSITY" in a smaller, blue, sans-serif font below it. To the right of the logo is the word "NURSING" in a very large, bold, blue, sans-serif font. Below the logo and text are two columns of text. The left column reads "BACHELOR OF SCIENCE IN NURSING" in blue, sans-serif font, followed by "100% ONLINE RN TO BSN" in a smaller, blue, sans-serif font, and "ADN TO DNP" in a smaller, blue, sans-serif font. The right column reads "DOCTOR OF NURSING PRACTICE" in blue, sans-serif font, followed by "(MULTIPLE CONCENTRATIONS)" in a smaller, blue, sans-serif font, and "POST-GRADUATE CERTIFICATES" in a smaller, blue, sans-serif font. Below the text is a photograph of three women in a hallway. The woman on the left is wearing a dark blue scrub top and pants, with a stethoscope around her neck. The woman in the middle is wearing a white lab coat over a purple top and dark pants, holding a tablet. The woman on the right is wearing a blue scrub top and pants, holding a white folder. At the bottom of the advertisement is the website address "clarke.edu/nursingoptions" in a white, sans-serif font on a dark blue background.

IOWA CENTER FOR NURSING WORKFORCE COMMITTEE MEMBERS:

NAME	AFFILIATION
Julie Adair, RN	Vice President of Home Care & Workforce Iowa Health Care Association/Iowa Center for Assisted Living West Des Moines
Lisa Baumhover, MS, GCNS-BC, ARNP	Geriatric Clinical Nurse Specialist, UnityPoint Health Des Moines
Stephanie Capesius, RN, BSN	Nurse Manager, Kossuth Regional Health Center Algona
Megan Hartwig, MHA	Office of Rural Health, Program Manager Iowa Department of Public Health Des Moines
Tonya Johannes, DNP, MSN, ARNP-BC, RN	ARNP, Mahaska Health Partnership, Oskaloosa; PRN Clinical Instructor for Indian Hills Community College Ottumwa
Tami Lund, RN, BSN, MSA	Quality Manager, Immanuel pathways PACE Program Council Bluffs
Beverly McLinden	Public Member, Healthcare consumer; Administrator – Rotary Club of Des Moines A.M. Adel
Ryan M. Murphy, MPA, BA	Bureau Chief, Communications & Labor Market Information, Iowa Workforce Development Des Moines
Jennifer Nutt, DNP, RN	Director of Nursing & Clinical Services Iowa Hospital Association Des Moines
Anne Ott, RN	Emergency Room Nurse Regional Health Services of Howard County Cresco
Michelle Snitselaar, MSN, RN	Director of Health Services, Mount Mercy University Cedar Rapids
Zoë Thornton, PhD	Education Program Consultant, Bureau of Career and Technical Education, Iowa Department of Education, Des Moines
Ginny Wangerin, MSN, PhD, RN, CNE	Clinical Assistant Professor, Iowa State University; Consultant, Nursing Practice & Education Clive

BOARD STAFF PARTICIPANTS: Kathy Weinberg, MSN, RN, Executive Director
 Jimmy Reyes, DNP, AGNP, RN, Associate Director – Education & Practice
 Laura Hudson, MSN, RN, Associate Director – Continuing Education & Workforce

BOARD ORDERS

PREVIOUSLY NAMED SANCTION CASES

Sanctioned licenses should be verified through our website to determine current status

* By Licensee RN Number Indicates Licensee is licensed as an ARNP

** In the RN column indicates the Licensee does not have an Iowa License

JANUARY 2018

LAST NAME	FIRST NAME	RN	LPN	SANCTION	
Bender	Ellen		P42807	Fine	\$450
Birks	Bridget		P55310	Voluntary Surrender	
Braem	Sally		P58934	Voluntary Surrender	
Dishman	Wendell	075642		Voluntary Surrender	
Figueroa	Miranda		P57385	Fine	\$150
Gilmore	Patty	108474	P42057	Fine	\$50
Hemm	Kellie		P56656	Comprehensive Chemical Dependency Evaluation	
Koch	Angela		P43843	Voluntary Surrender	
Ladd	Kristine	141214	P55567	Fine	\$100
Laubscher	Katie	127250		Fine	\$100
Lewis	Michelle		P58129	Fine	\$100
McElroy	Brandi	128564	P53774	Voluntary Surrender	
Mielke	Sara	140688		Fine	\$150
Randolph	Crystal	124980		Fine	\$400
Robinson	Chaleah	136664	P56866	Voluntary Surrender	
Royer	Jill	110449	P27117	Continuing Education	30 contact hours
Stahlhut	Penny	101637	P38185	Voluntary Surrender	
Storjohann	Tammy	083597		Fine	\$50
Swanson	Emily		P60643	Voluntary Surrender	
Van't Hull	Pamela	134212	P56094	Continuing Education	30 contact hours



Iowa Board of Pharmacy

ANDREW FUNK, PHARM.D.
EXECUTIVE DIRECTOR

Dear Iowa PMP User,

Summary: The Iowa Prescription Monitoring Program will be changing software systems on **April 4, 2018**. We will be moving to the Appriss PMP AWA^Rx^E software.

How It Affects Me: In the new system, each e-mail address can only be tied to one user account. You should know that **any accounts that share the same e-mail address will NOT be transferred to the new system**. If your account is not transferred, you will have to submit a new registration and wait for your account to be approved by the state administrator.

Action Steps:

1. To ensure that your account is successfully transferred to the new system, please verify that the e-mail address listed on your account is unique.
2. Log in to your existing account at <https://pmp.iowa.gov/IAPMPWebCenter/Login.aspx> to review and update your email address (if needed) in the "My Account" section.
3. When verifying your email address, please ensure you have completed the occupation field in your profile.
4. **Please complete all account updates by the end of business on March 22, 2018.** This is the last day that account updates you make will reflect in the new software platform.

Additional Information:

1. **If you have already updated your account profile information, there is nothing else you need to do at this time.**
2. **If your account is transferred to the new software system, you will receive an e-mail notification on April 4, 2018 with details about the new website, including login information and a guide for how to run a patient search.**

If you have any questions or concerns, please contact the Iowa PMP directly at 515-281-5944. Assistance is available Monday – Friday from 8:00 am – 5:00 pm CT.

Best Regards,

A handwritten signature in black ink that reads "Jennifer Tiffany". The signature is written in a cursive, flowing style.

Jennifer Tiffany, Associate Director
Iowa Prescription Monitoring Program

400 S.W. Eighth Street, Suite E * Des Moines, IA 50309-4688 * Phone: 515-281-5944

* <https://pharmacy.iowa.gov> * Fax: 515-281-4609

SAFETY STUDY RESULTS

Announced by the National Transportation Safety Board

Washington, D.C.

SEPTEMBER 23, 2014 – WASHINGTON, D.C. - A safety announcement issued by the National Transportation Safety Board (NTSB) encourages all health care providers “who prescribe controlled substances for pain discuss with patients the effect their medical condition and medication use may have on their ability to safely operate a vehicle in any mode of transportation” (NTSB, September 23, 2014).

Nurse practitioners should make it a practice to discuss these safety issues with their patients.

Evidence That Pilots Are Increasingly Using Over-the-Counter, Prescription, and Illicit Drugs

The National Transportation Safety Board (NTSB) recently analyzed toxicology tests from 6,677 pilots who died in a total of 6,597 aviation accidents between 1990 and 2012. The results demonstrate a significant increase in the use of a variety of potentially impairing drugs.

The study found significantly increasing trends in pilots’ use of all drugs, potentially impairing drugs (those with a US Food and Drug Administration warning about sedation or behavior changes in routine use}, controlled substances, and illicit drugs (those defined as Schedule I by the US Drug Enforcement Administration). The final report, *Drug Use Trends in Aviation: Assessing the Risk of Pilot Impairment*, is available on the NTSB’s Safety Studies web page under report number SS-14/01.

In this study, the pilot was considered to be positive for a drug if it could be qualitatively or quantitatively identified in blood or tissue; drugs identified only in urine or used as part of resuscitative efforts were excluded.

Overall, 98% of the study pilots were male and 96% were flying privately rather than for commercial purposes. The average age of study pilots increased from 46 to 57 years over the study period.

Over the course of the study, for fatally injured pilots, the following was found:

The proportion of pilots testing positive for at least one drug increased from 10% to 40%.

More than 20% of all pilots from 2008-2012 were positive for a potentially impairing drug, and 6% of all pilots were positive for more than one potentially impairing drug.

Overall, the most common potentially impairing drug pilots had used was diphenhydramine, a sedating antihistamine (the active ingredient in many Benadryl and Unisom products).

During the most recent 5 years studied, 8% of all pilots tested positive for controlled substances; hydrocodone and diazepam each accounted for 20% of the positive findings.

The percentage of pilots testing positive for marijuana use increased to about 3% during the study period, mostly in the last 10 years.

The large increase in the proportion of fatally injured pilots with evidence of potentially impairing drugs suggests an increasing risk of impairment in general aviation. Aviation is the only transportation mode in which a fatally injured operator (pilot) routinely undergoes extensive toxicology testing; no similar testing is routinely performed for fatally injured operators of boats, trains, trucks, or cars. Given the general increase in drug use in the population, it is likely that there has been a similar trend in drug use among operators across all modes of transportation.

These results highlight the importance of routine discussions between health care providers and pharmacists and their patients about the potential risks that drugs and medical conditions can create when patients are operating a vehicle in any mode of transportation.

EDITOR’S NOTE: This article was initially published in the February, March, April 2015 *Nursing Newsletter*, and again in 2016. This important information is a reminder to practitioners to discuss with their patients the potential risks that drugs and medical conditions can cause while operating any mode of transportation. As a competent practitioner, ARNPs are accountable for keeping their patients informed.



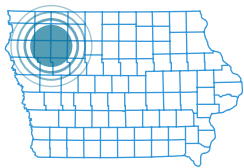
CONTINUING EDUCATION OFFERINGS

ABBREVIATIONS

SPON: SPONSOR
FAC: FACULTY

AUD: AUDIENCE
INC: INCLUDES/INCLUDING
REG BY: REGISTER BY

TBA: TO BE ANNOUNCED
NG: NOT GIVEN
NR: NONRESIDENT



REGION I

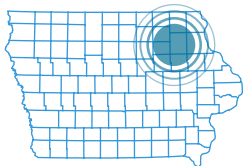
NORTHWEST COUNTIES OF IOWA

📅 May 9; 8:30 am – 4:00 pm

📍 Sioux City, IA

44th Annual Perinatal Conference

Spon: UnityPoint Health - St. Luke's #321. **Contact:** Naomi Holtz. **Phone:** 712-279-8941. **Summary:** This annual conference is designed to enhance patient outcomes on obstetrical and newborn care practices for perinatal healthcare professionals. **Fac:** Robert Bonebrake, MD, FACOG. **Aud:** Perinatal, Obstetrical, Neonatal, Pediatric and Family Health Clinic Nurses and Nurse Practitioners. **Reg by:** 5/9. **Fee:** \$89.00. **Contact Hours:** 6.0.



REGION II

NORTHEAST COUNTIES OF IOWA

📅 May 10; 8:30 am – 3:30 pm

📍 Cedar Rapids, IA

The Sleep-Loss Epidemic: Understanding & Managing Sleep Disorders

Spon: Institute for Natural Resources

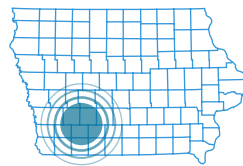
(INR) #288. **Contact:** Deborah Cheung. **Phone:** 925-609-2820 x 238. **Summary:** The course reviews common sleep disorders, the use of sleep medication, and strategies to foster healthy sleep habits. **Fac:** James Coggin, MD. **Aud:** RN, LPN, NP, Case Managers. **Reg by:** 5/10. **Fee:** \$81.00. **Contact Hours:** 6.0.

📅 June 28; 8:30 am – 3:30 pm

📍 Cedar Rapids, IA

Brain Health: Mood, Metabolism, & Cognition

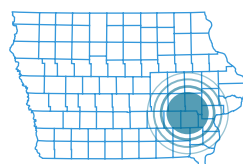
Spon: Institute for Natural Resources (INR) #288. **Contact:** Deborah Cheung. **Phone:** 925-609-2820 x 238. **Summary:** The course will examine what the brain needs to be healthy and resilient, so as to prevent mental health disorders, as well as cognitive decline. **Fac:** Michelle Albers, PhD, RD. **Aud:** RN, LPN, NP, Case Managers. **Reg by:** 6/28. **Fee:** \$81.00. **Contact Hours:** 6.0.



REGION III

SOUTHWEST COUNTIES OF IOWA

N/A



REGION IV

SOUTHEAST COUNTIES OF IOWA

📅 May 9; 8:30 am – 3:30 pm

📍 Bettendorf, IA

The Sleep-Loss Epidemic: Understanding & Managing Sleep Disorders

Spon: Institute for Natural Resources (INR) #288. **Contact:** Deborah Cheung. **Phone:** 925-609-2820 x 238. **Summary:** The course reviews common sleep disorders, the use of sleep medication, and strategies to foster healthy sleep habits. **Fac:** James Coggin, MD. **Aud:** RN, LPN, NP, Case Managers. **Reg by:** 5/8. **Fee:** \$81.00. **Contact Hours:** 6.0.

📅 May 22; 9:00 am – 4:00 pm

📍 Iowa City, IA

Basic Fetal Monitoring

Spon: University of Iowa Hospitals & Clinics #34. **Contact:** Lou Ann Montgomery. **Phone:** 319-356-4304 x 238. **Summary:** To provide basic information on methods of fetal monitoring, recognition of changes / interventions to assist in the management of patients, and documentation issues. **Fac:** Jeana Forman, MSN, RNC. **Aud:** RRNs working on obstetrics. **Reg by:** 5/1. **Fee:** \$110.00. **Contact Hours:** 5.4.

📅 May 30; 9:00 am – 4:30 pm

📍 Iowa City, IA

AWHONN Intermediate Fetal Heart Monitoring Program

Spon: University of Iowa Hospitals & Clinics #34. **Contact:** Lou Ann Montgomery. **Phone:** 319-356-4304 x 238. **Summary:** Two Day Program; May 30-31, 2018. Promotes integration of knowledge and skills essential to nursing assessment, promotion, and evaluation of fetal safety during labor. *All participants must have a minimum of 6 months recent experience in fetal heart monitoring. **Fac:** Jeana Forman, MSN, RNC. **Aud:** Nurse/Midwife/ARNP/MD*. **Reg by:** 5/2. **Fee:** \$237.00. **Contact Hours:** 18.

📅 June 7; 9:00 am – 4:15 pm

📍 Iowa City, IA

AWHONN Advanced Fetal Heart Monitoring Program

Spon: University of Iowa Hospitals & Clinics #34. **Contact:** Lou Ann Montgomery. **Phone:** 319-356-4304 x 238. **Summary:** Course conveys the application of advanced fetal heart monitoring knowledge and skills in intrapartum clinical practice. *Designed for clinicians who previously completed the AWHONN Intermediate FHM course or a comparable fetal monitoring education program. **Fac:** Jeana Forman, MSN, RNC. **Aud:** Nurse/Midwife/ARNP/MD*. **Reg by:** 5/17. **Fee:** \$177.00. **Contact Hours:** 8.0.

📅 May 1; 8:00 am – 4:15 pm

📍 Iowa City, IA

2018 Medical Surgical Nursing Conference

Spon: University of Iowa Hospitals & Clinics #34. **Contact:** Lou Ann Montgomery. **Phone:** 319-356-4304 x 238. **Summary:** The purpose of

this class is to provide information for nurses who care for a variety of surgical patients in a range of settings. Topics include burn management, pre and post op care for transplant patients, managing patients with disruptive and aggressive behaviors. **Fac:** UI Hospitals and Clinics staff. **Aud:** Licensed nurses. **Reg by:** 4/27. **Fee:** \$82.00. **Contact Hours:** 6.9.

📅 May 10; 8:00 am – 4:00 pm

May 11; 8:00 am – 2:00 pm

📍 Iowa City, IA

Fundamentals of Chemotherapy and the Patient Experience

Spon: University of Iowa Hospitals & Clinics #34. **Contact:** Lou Ann Montgomery. **Phone:** 319-356-4304 x 238. **Summary:** Two Day Workshop: 5/10-5/11/2018; This two-day program is designed to enhance the nurse's understanding of chemotherapy and care of patients receiving chemotherapy. **Fac:** UI Hospitals and Clinics staff. **Aud:** RNs providing chemotherapy. **Reg by:** 4/27. **Fee:** \$254.00. **Contact Hours:** 11.

📅 August 27; 8:00 am – 5:30 pm

📍 Davenport, IA

ACLS - OB

Spon: Genesis Health System #59. **Contact:** Amy Licht. **Phone:** 563-421-2282. **Summary:** To educate perinatal care providers on the current concepts in emergency cardiac care as defined by the American Heart Association (AHA) with a focus on the obstetrical patient. **Fac:** Julie Grothusen. **Aud:** OB Registered Nurses. **Reg by:** 8/17. **Fee:** \$200.00. **Contact Hours:** 8.0.

📅 May 4; 8:30 am – 12:30 pm

📍 Iowa City, IA

ACLS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** ACLS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 4/6. **Fee:** \$80.00. **Contact Hours:** 0.0.

📅 May 21; 11:30 am – 3:30 pm

📍 Iowa City, IA

ACLS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** ACLS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 4/16. **Fee:** \$80.00. **Contact Hours:** 0.0.

📅 May 22; 8:30 am – 12:30 pm

📍 Iowa City, IA

PALS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the PALS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** PALS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 4/24. **Fee:** \$80.00. **Contact Hours:** 0.0.

📅 May 23; 11:30 am – 3:30 pm

📍 Iowa City, IA

PALS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the PALS protocols

according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** PALS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 4/25. **Fee:** \$80.00. **Contact Hours:** 0.0.

📅 June 11; 8:30 am – 12:30 pm

📍 Iowa City, IA

ACLS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the PALS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** ACLS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 5/14. **Fee:** \$80.00. **Contact Hours:** 0.0.

📅 June 14; 8:30 am – 12:30 pm

📍 Iowa City, IA

ACLS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the PALS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** ACLS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 5/17. **Fee:** \$80.00. **Contact Hours:** 0.0.

📅 June 14; 1:00 pm – 4:00 pm

📍 Iowa City, IA

Basic Life Support (BLS) Provider Course

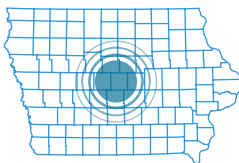
Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** N/A. **Fac:** BLS Approved Instructors. **Aud:** RN's and Health Care providers. **Reg by:** 5/17. **Fee:** \$50.00. **Contact Hours:** 0.0.

📅 July 26; 11:30 am – 3:30 pm

📍 Iowa City, IA

ACLS Provider Renewal Course

Spon: Mercy Iowa City #87. **Contact:** Mercy Iowa City. **Phone:** 1-800-358-2767. **Summary:** To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include a completed self-assessment. **Fac:** ACLS Approved Instructors. **Aud:** RN's and Healthcare providers. **Reg by:** 6/28. **Fee:** \$80.00. **Contact Hours:** 0.0.



REGION V

CENTRAL COUNTIES OF IOWA

📍 Online

Online Enduring Materials

Spon: Des Moines University #112. **Contact:** Vanessa Ross. **Phone:** 515-271-1596. **Summary:** Des Moines University offers online enduring continuing education opportunities for nurses. Visit the course catalog and select the "IBON" credit type for more information: <https://cme.dmu.edu/courses/>. **Fac:** Varies. **Aud:** All Nurses. **Reg by:** No deadline. **Fee:** \$20.00. **Contact Hours:** 1.0.

📅 May 11; 8:30 am – 3:30 pm

📍 Des Moines, IA

The Sleep-Loss Epidemic: Understanding & Managing Sleep Disorders

Spon: Institute for Natural Resources (INR) #288. **Contact:** Deborah Cheung. **Phone:** 925-609-2820 x 238. **Summary:** The course reviews common sleep disorders, the use of sleep medication, and strategies to foster healthy sleep habits. **Fac:** James Coggin, MD. **Aud:** RN, LPN, NP, Case Managers. **Reg by:** 5/10. **Fee:** \$81.00. **Contact Hours:** 6.0.

📅 June 29; 8:30 am – 3:30 pm

📍 Des Moines, IA

Brain Health: Mood, Metabolism, & Cognition

Spon: Institute for Natural Resources (INR) #288. **Contact:** Deborah Cheung. **Phone:** 925-609-2820 x 238. **Summary:** This course will examine what the brain needs to be healthy and resilient, so as to prevent mental health disorders, as well as cognitive decline. **Fac:** Michelle Albers, PhD, RD. **Aud:** RN, LPN, NP, Case Managers. **Reg by:** 6/29. **Fee:** \$81.00. **Contact Hours:** 6.0.

HOME STUDY

CONSULTANTS FOR THE FUTURE

11705 Boyette Road, Suite 470,
Riverview, Florida 33569

Mail orders: 1057 50th Ave. #4,
Long Island City, NY 11101

Email: confut@aol.com

Phone: 1-800-654-2387

Web: www.consultantsforthefuture.com

(Iowa Provider Number #61)

Courses may be ordered by phone or mail or downloaded from the website. MasterCard or VISA accepted. All online courses are \$5 per hour, all mailed courses are \$6 per hour; plus a \$5.00 postage and handling fee per mail order.

Alzheimer's Disease and Related Disorders

Spon: Consultants for the Future #61. **Contact:** Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Provides ways to approach problem areas in direct care of those with dementia, with extensive suggestions for effective communication. **Fee:** \$12.00. **Contact Hours:** 2.0.

Autism Spectrum Disorder

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD.
Phone: 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Reviews changes in diagnostic terminology, common traits, incidence, possible causes and therapies/approaches to help a person function in an outer world that differs from inner experiences. **Fee:** \$18.00.
Contact Hours: 3.0.

Care of the Alzheimer's Patient

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD.
Phone: 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Presents suggestions and approaches to management of common behaviors and symptoms of dementia that are not drug based. **Fee:** \$6.00. **Contact Hours:** 1.0.

Care of Those with Disabilities: Managing Anxious, Aggressive or Combative Behaviors

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD.
Phone: 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities. **Fee:** \$6.00. **Contact Hours:** 1.0.

Changing Beds: You May Have Made It but You Don't Have to Lie In It: Mental, Emotional Health

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD.
Phone: 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities. **Fee:** \$60.00. **Contact Hours:** 10.0.

Cognito Ergo Sum: Creating an Empowered Image

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Teaches how to recognize and create your own internal power by changing the way you think, using the nursing environment as the milieu. **Fee:** \$30.00. **Contact Hours:** 5.0.

End of Life: Palliative & Hospice Care

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** This course discusses the controversies of end of life care, and presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient. **Fee:** \$18.00.
Contact Hours: 3.0.

Forgiveness: A Fundamental Health Concept

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Incorporates strategies from both mental health and body-based therapies to approach forgiveness as a way to reduce stress-induced physical and mental/emotional disease states. **Fee:** \$30.00. **Contact Hours:** 5.0.

Good Grief: Providing Light to Those in Emotional Pain

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Fosters the nurse's ability to listen, console and nurture those involved in loss and changing personal identity, using specific, guided techniques. **Fee:** \$30.00. **Contact Hours:** 5.0.

HIV/AIDS: A Comprehensive Course

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and

LPNs. **Summary:** Provides detailed examination of pathology, transmission, signs and symptoms, prevention, precautions and treatment of HIV. **Fee:** \$18.00. **Contact Hours:** 3.0.

Intuition in Healthcare: Fostering a Safer, More Therapeutic Process

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Examines physiologic explanations for intuition and become aware of how to facilitate accessing non-conscious information with greater accuracy and safety. **Fee:** \$24.00.
Contact Hours: 4.0.

Mindful Care: Using Positive Thoughts and Emotions as a Catalyst to Healing

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Examines body/mind connection, exploring chemistry that links immune system function to ways we think and feel, and teaching more positive thinking patterns and ways to deal with negative emotions. **Fee:** \$30.00. **Contact Hours:** 5.0.

Responsible & Compassionate Communication

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Teaches how language helps or blocks relationships & cooperation in meeting healthcare needs, & provides new communication patterns that foster empowerment, collaboration, & mutual respect. **Fee:** \$18.00. **Contact Hours:** 3.0.

Stroke

Spon: Consultants for the Future #61.
Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and

LPNs. **Summary:** Studies pathology of various kinds and locations of strokes, the related symptoms and approaches to acute and rehabilitative care. **Fee:** \$30.00. **Contact Hours:** 5.0.

Stuck in a Rut: Helping Patients & Clients change Habits that are Interfering with Recovery

Spon: Consultants for the Future #61. **Contact:** Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections. **Fee:** \$18.00. **Contact Hours:** 3.0.

Talking With the Docs: Effective Nurse-Physician Communication

Spon: Consultants for the Future #61. **Contact:** Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Designed to help you increase your power and effectiveness when communicating with physicians in difficult situations. **Fee:** \$24.00. **Contact Hours:** 4.0.

The Patient in Pain: Why Are We Managing Pain and Not Healing It?

Spon: Consultants for the Future #61. **Contact:** Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Physiology of acute and chronic pain perception, factors of pain reaction, attitudes toward the patient in pain that may hinder therapy, effective use of medication and use of non-invasive and alternative pain therapies. **Fee:** \$42.00. **Contact Hours:** 7.0.

The Prevention of Medical Errors

Spon: Consultants for the Future #61.

Contact: Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Informs nurses of growing national concern over the alarmingly high numbers of errors and provides information to increase patient safety, guidance for reporting and suggestions for systems monitoring. **Fee:** \$12.00. **Contact Hours:** 2.0.

Working the Numbers: Nursing Interpretation of Laboratory Tests

Spon: Consultants for the Future #61. **Contact:** Linda S. Greenfield, RN, PhD. **Phone:** 800-654-2387. **Aud:** RNs and LPNs. **Summary:** Examines nursing interpretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies and liver function studies. **Fee:** \$36.00. **Contact Hours:** 6.0.

.....
Quality Management Consultants, Inc.
Mary Krieg, RN, PhD., President
Online: See Link for each course
Phone: 515-255-2576
(Iowa Provider Number #353)
.....

FREE COURSE - Mental Health & Substance Abuse Emergencies in the Community

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Register online at - <https://goo.gl/JkP6qy>. **Fee:** \$0.00. **Contact Hours:** 0.0.

Opioid Addiction and Overdose - Community Epidemic

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Discuss the epidemic and other issues critical to addressing this very difficult problem. Register online

at <https://goo.gl/3h6yt6>. **Fee:** \$29.00. **Contact Hours:** 5.0.

Trauma Informed Care

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Awareness, prevention, early detection and effective trauma-specific treatment are the keys to positive outcomes. Register online at <https://goo.gl/w8MbXL>. **Fee:** \$19.00. **Contact Hours:** 5.0.

Critical Thinking - Improve Your Skills

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Enhance your own critical thinking process to use in your daily life as well as in your nursing practice. Register online at <https://goo.gl/2KnfDo>. **Fee:** \$10.00. **Contact Hours:** 4.0.

Positive Psychology

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Positive Psychology is a new discipline of scientific study where the focus is on the positive aspects of personality and behavior, rather than always focusing on what is “wrong.” Register online at <https://goo.gl/h4NgWJ>. **Fee:** \$19.00. **Contact Hours:** 3.0.

GRIEF - Healing From Loss

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Grief can take healthy and unhealthy forms, and this course will help you cope with your grief, as well as your patients' in a healthy and constructive way. Register online at <https://goo.gl/F4moEQ>. **Fee:** \$10.00.

Contact Hours: 2.0.

Mental Health & Substance Abuse Emergencies in the Community

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** An overview of the recommended activities when faced with a mental health or substance abuse emergency in your family, neighborhood, or community. Register online at <https://goo.gl/JkP6qy>. **Fee:** \$0.00. **Contact Hours:** 2.0.

The Effective Patient Advocate

Spon: Quality Management Consultants, Inc. #353. **Contact:** Mary Krieg. **Phone:** 515-255-2576. **Aud:** RNs, LPNs, ARNPs. **Summary:** Assure that your patients and clients will have the best care and outcomes possible by starting your own business as an independent patient advocate. Register online at <https://goo.gl/mqxv4J>. **Fee:** \$10.00. **Contact Hours:** 5.0.

CE SOLUTIONS, A DIVISION OF VGM EDUCATION

1111 West San Marnan Drive
Waterloo, Iowa 50701

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E-mail: info@discovercesolutions.com

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Child Abuse for Iowa Mandatory Reporters

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 855-899-2803. **Aud:** RN, LPN, ARNP. **Summary:** Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters' requirements for child abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. **Fac:** Angela Johnson. **Fee:** \$23.95. **Contact Hours:** 2.0.

Child and Dependent Adult Abuse for Mandatory Providers

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 855-899-2803. **Aud:** RN, LPN, ARNP. **Summary:** Approved by the Iowa Abuse Education Review Panel and intended to meet the Mandatory Reporter's requirements for child and dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. **Fac:** Angela Johnson. **Fee:** \$23.95. **Contact Hours:** 2.0.

Dependent Adult Abuse for Iowa Mandatory Providers

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 855-899-2803. **Aud:** RN, LPN, ARNP. **Summary:** Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters' requirements for Dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. **Fac:** Angela Johnson. **Fee:**

\$23.95. **Contact Hours:** 2.0.

Nurse Leadership Certificate Program

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The nine-part certificate program provides an in-depth understanding of the skills and characteristics necessary to be an effective nurse leader. This series is designed to provide nurses at all levels with practical training that can be put to use in any health care environment. **Fac:** Judith K. Orth, RN, CHPN, BSN, MA. **Fee:** \$199.95. **Contact Hours:** 12.0.

Social Media Usage in Health Care

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** In this course intended for nursing staff in the long-term care setting you will learn what is social media, what privacy rights residents have related to social media, and types of possible criminal abuse via social media. **Fac:** Judith K. Orth, RN, CHPN, BSN, MA. **Fee:** \$11.95. **Contact Hours:** 1.0.

Active Shooter: What You Can Do

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to present health care professionals with a comprehensive understanding of how to respond in an active shooter situation wherever they are, including a hospital, nursing home, outpatient clinic, or any other health care facility. **Fac:** Dorothy de Souza Guedes. **Fee:** \$11.95. **Contact Hours:** 1.0.

Antibiotic Stewardship

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:**

RN, LPN, ARNP. **Summary:** Health care employees will be able to increase their knowledge of antibiotic use and the benefits of an Antibiotic Stewardship Program to promote the appropriate use of antibiotics, including a system of monitoring to improve resident outcomes and reduce antibiotic resistance. **Fac:** Deb Martin, BSN. **Fee:** \$11.95. **Contact Hours:** 1.0.

■ Emergency & Disaster Preparedness

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to provide the learner with general guidelines to follow during emergency and disaster situations to increase the safety for staff and patients. **Fac:** California Department of Public Health (CAHF). **Fee:** \$11.95. **Contact Hours:** 1.0.

■ Behavioral Health Services

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to provide education to health care employees who are involved in the care of persons with behavioral health disorders. **Fac:** Leanne Anthon, MSN, RN. **Fee:** \$11.95. **Contact Hours:** 1.0.

■ LGBT in Health Care

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** This self-study will help health care staff understand the terminology and basic rights of LGBT seniors in long-term care. **Fac:** Heather K. Johnson, MHA. **Fee:** \$11.95. **Contact Hours:** 1.0.

■ Antipsychotics and the Elderly

Spon: CE Solutions, a Division of VGM

Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400.

Aud: RN, LPN, ARNP. **Summary:** The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications and implications of their use in the elderly population. **Fac:** Elizabeth Boldon BSN, MSN. **Fee:** \$11.95. **Contact Hours:** 1.0.

■ Advance Directives and DNRO

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. **Fac:** Denise Warren RN, BSN. **Fee:** \$11.95. **Contact Hours:** 1.0.

■ Dealing with Difficult People in Healthcare

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Health care professionals will learn how to identify and respond to conflict and disruptive behaviors among coworkers. Research on the negative consequences of conflict on staff morale and patient care are reviewed. Various strategies to deal with negative situations that are a part of every workplace are explained. **Fac:** Judith K. Orth, RN, CHPN, BSN, MA. **Fee:** \$23.95. **Contact Hours:** 2.0.

■ Dementia Training Module A

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** All staff working in the long-term care setting will increase their and skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the

following modules: Understanding Alzheimer's Disease, Communication, and Behavior Management. **Fac:** Kara Finger. **Fee:** \$39.99. **Contact Hours:** 4.0.

■ Dementia Training Module B

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** All staff working in the long-term care setting will increase their and skills in caring for persons diagnosed with Alzheimer's disease or a related disorder. This bundle of courses includes the following modules: Philosophy of Care Family & Staff Issues, Activities for Persons with Dementia, Activities of Daily Living Medication & Nutrition, and Ethical Issues. **Fac:** Kara Finger. **Fee:** \$39.99. **Contact Hours:** 4.0.

■ Dying with Dignity

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Healthcare providers will place an emphasis on each terminally ill patient's uniqueness that tends to preserve their sense of dignity. **Fac:** Judy K. Orth, RN, CHPN, BSN, MA. **Fee:** \$11.95. **Contact Hours:** 1.0.

■ Elder Justice Act: What it Means for You

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Healthcare providers will increase their knowledge about the Elder Justice Act of 2010 (EJA) by providing information about its priorities, provisions, and related legal decisions since its enactment in 2010. **Fac:** Judy K. Orth, RN, CHPN, BSN, MA. **Fee:** \$11.95. **Contact Hours:** 1.0.

Ethical Principles in Nursing

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** To enhance the nurse's ability to utilize ethical principles in nursing practice. **Fac:** Denise Warren RN, BSN. **Fee:** \$35.95. **Contact Hours:** 3.0.

Infection Control

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Health care professionals will review and gain knowledge of current and emerging infection control procedures, common health care related infections, and infectious disease outbreaks. **Fac:** Mary McGeough BSN. **Fee:** \$23.95. **Contact Hours:** 2.0.

Influenza: The Basics

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The health care practitioner will enhance her knowledge of this season's influenza and best practices for prevention and transmission of the disease. **Fac:** Linda Fisk RN. **Fee:** \$11.95. **Contact Hours:** 1.0.

Leadership in Health Care: General Principles

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills. **Fac:** Judy K. Orth, RN, CHPN, BSN, MA. **Fee:** \$17.95. **Contact Hours:** 1.5.

Multi-Drug Resistant Organisms

Spon: CE Solutions, a Division of VGM

Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered and provide recommendations for preventing their spread. **Fac:** Denise Warren RN, BSN. **Fee:** \$11.95. **Contact Hours:** 1.0.

Nursing Documentation

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** Nurses will gain knowledge and skills related to the documentation of information in the patient's medical record. **Fac:** Mary McGeough BSN. **Fee:** \$17.95. **Contact Hours:** 1.5.

Nursing CEUs (100+ HR)

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care and autoimmune diseases to name just a few. **Fac:** Mary McGeough BSN. **Fee:** \$33.95. **Contact Hours:** 100.0.

Pain Management at Life's End

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this course is to integrate recently published pain management evidence into clinical practice and care for the terminally ill. A case scenario approach to this topic will transpire throughout

this course to aid in the discovery and application of more effective ways for health care professionals to assist patients and families in the management of pain at life's end. **Fac:** Judith K. Orth, RN, CHPN, BSN, MA. **Fee:** \$23.95. **Contact Hours:** 2.0.

Preventing Medication Errors

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** The purpose of this online course is to increase healthcare professionals understanding of and skills for eliminating medical errors. **Fac:** Mary McGeough BSN. **Fee:** \$11.95. **Contact Hours:** 1.0.

Staff Retention: Working Together to Achieve Organizational Success

Spon: CE Solutions, a Division of VGM Education. #335. **Contact:** Heather Johnson. **Phone:** 866-650-3400. **Aud:** RN, LPN, ARNP. **Summary:** To provide a framework of strategies to create successful organizations through positive, meaningful leadership. **Fac:** Vicki Parsons MBA. **Fee:** \$11.95. **Contact Hours:** 1.0.

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These activities have been submitted to the Alabama State Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Stowaways! Diseases That are Sneaking Across the U.S. Border

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.
Summary: Health care personnel will be introduced to diseases that may accompany immigrant/refugee children and families to the U.S. **Fac:** Linda Fisk. **Fee:** \$4. **Contact Hours:** 2.0

"Mommy, I Can't Breathe!" Enterovirus D-68

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons

interested in this subject matter.
Summary: Healthcare personnel will increase their understanding of non-polio enteroviruses, including the enterovirus D68 (EV-D68), which appears to be the pathogen that caused mild to life-threatening illness and deaths in children in multiple states. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

Zika Virus: What You Need to Know

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.
Summary: Healthcare personnel will enhance their understanding of Zika virus. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

Bumpety-Bump: Diagnosis Mumps

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.
Summary: Healthcare personnel will enhance their understanding of mumps. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

Heart Palpitations - A Cause for Concern?

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.
Summary: Health care personnel will enhance their knowledge of heart palpitations, both those that are benign and those that may indicate a more serious health issue. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

Aortic Aneurysm: A Silent Killer

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.

Summary: Health care personnel will enhance their knowledge of aortic aneurysms, including thoracic aortic aneurysms (TAA) and abdominal aortic aneurysms (AAA). **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

Anxiety Disorders in Adults and Children

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.
Summary: Anxiety disorders can be debilitating for both adults and children. The nurse will enhance her understanding of types of anxiety disorders that affect the individual and the different modalities used to treat them. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

It's Just a Bug Bite, Right? Vector-Borne Diseases

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.
Summary: ANurses will enhance their knowledge of vector-borne diseases: signs & symptoms, diagnosis, treatment, and prevention. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

Opioids - Friend or Foe? (Part I)

Spon: Words Matter Nurses. #375.
Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter. **Summary:** Health care personnel will discuss pain and how medical response has lead in some cases to over-prescribing. Street drugs are another part of the opioid crisis, both issues contributing to ninety-one deaths from drug overdose every day in the United States. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

■ Opioids - Friend or Foe? (Part II)

Spon: Words Matter Nurses. #375.

Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.

Summary: Healthcare professionals will discuss the opioid crisis and become familiar with the program developed by CDC to respond to the crisis. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

■ Hepatitis A: A New Epidemic?

Spon: Words Matter Nurses. #375.

Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.

Summary: Nurses will discuss hepatitis A and explain how the disease is transmitted, who is at risk for the disease, signs and symptoms of illness, prevention of hepatitis A, and vaccination guidelines. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

■ The Aged: Dying From Loneliness?

Spon: Words Matter Nurses. #375.

Contact: Linda Fisk. **Phone:** 855-227-6784. **Aud:** RNs, LPNs Other persons interested in this subject matter.

Summary: Nurses will study the effects of loss and grief on the elderly population. **Fac:** Linda Fisk. **Fee:** \$4.00. **Contact Hours:** 2.0.

ADVANCED REGISTERED NURSE PRACTITIONER COMMITTEE MEMBERS NEEDED

The Iowa Board of Nursing is soliciting applications for two committee members to serve on the Advanced Registered Nurse Practitioner (ARNP) Advisory Committee. Due to the resignation of two committee members, we are seeking one Certified Nurse Practitioner representative and one Certified Registered Nurse Anesthetist representative. Committee members are board approved and board staff facilitates the committee work.

The purpose of the ARNP Advisory Committee is to provide guidance and support concerning the scope of practice of the advanced practice nurse in Iowa.

The anticipated time commitment for this committee is four face-to-face meetings over the course of one year, with meetings held in Des Moines.

INTERESTED PARTIES SHOULD SUBMIT A COVER LETTER AND RESUME TO:

Kathy Weinberg, Executive Director
Iowa Board of Nursing
400 S.W. 8th Street, Suite B
Des Moines, IA 50309-4685

All letters and resumes must be received in the board office by **May 31, 2018**, to be considered.



IOWA BOARD OF NURSING

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